

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|--------------------------|-------|-------|------|-----------------------------|----|-----------|--|
| Men 12-12 50 Free | | | | | | | |
| 1 | 28.02 | L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 Infinity Gala 2025 |
| 2 | 28.59 | L | F | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 3 | 28.70 | L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 Infinity Gala 2025 |
| 4 | 28.77 | L | F | Damian Le Breton | 12 | BULS MAN | 01/02/2025 Heidedal & Sentraal Galal |
| 5 | 29.00 | L | F | Rebaone Moleko | 12 | TUKS FSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 6 | 29.18 | L S | P | Kyle Hahn | 12 | FISH EDD | 05/12/2024 Western Cape LC-A Championship 2024 |
| 7* | 29.52 | L S | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 7* | 29.52 | L S | F | Jordan Heath | 12 | INFA NMA | 17/01/2025 6th A League Gala 2025 |
| 9 | 29.86 | L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 Infinity Gala 2025 |
| 10 | 29.95 | L | F | Riandu Basson | 12 | RBOT BPD | 07/12/2024 NWS Championships 2024 |
| 11 | 30.05 | L | F | Tristan van Rensburg | 12 | CASC CPT | 09/11/2024 Winelands SL4 |
| 12 | 30.08 | L S | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 13 | 30.15 | L S | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 Western Cape LC-A Championship 2024 |
| 14 | 30.22 | L | F | Cayden Carson | 12 | BULS MAN | 04/12/2024 Free State Champs 2024 |
| 15 | 30.27 | L S | P | Mickayle Boshoff | 12 | KNYA EDD | 05/12/2024 Western Cape LC-A Championship 2024 |
| 16 | 30.29 | L | F | Caleb Muller | 12 | VRC FSH | 13/09/2024 NTS September Age Group 2024 |
| 17 | 30.45 | L S | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 Western Cape LC-A Championship 2024 |
| 18 | 30.57 | L | F | Kai Cloete | 12 | RFA FSH | 01/02/2025 EGA Last Chance Gala |
| 19 | 30.67 | L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 uShaka Champs 2025 |
| 20 | 30.70 | L | F | David Fernandes | 12 | CA EKU | 26/10/2024 Summer 3 Delville |
| 21 | 30.71 | L S | P | Troy Harding | FR | VASA EKU | 05/12/2024 EGA Summer Championships |
| 22 | 30.83 | L | F | Aiden Green | 12 | INFA NMA | 31/01/2025 Infinity Gala 2025 |
| 23 | 30.87 | L | F | Kian Snyman | 12 | RSA | 04/10/2024 Curro AquaElite Gala |
| 24 | 30.88 | L | F | Michael Bright | 12 | CTA CPT | 11/01/2025 EDEN INTER DISTRICT PRESTIGE |
| 25 | 30.95 | L S | F | Diego Carpinteiro | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 26 | 31.15 | L S | P | Seth Jacobs | 12 | MANT CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 27 | 31.17 | L S | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 28 | 31.26 | L S | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 Western Cape LC-A Championship 2024 |
| 29 | 31.30 | L | F | Cole Snyders | 12 | LINR JHB | 29/11/2024 CGA Championships 2024 |
| 30 | 31.35 | L | F | Luca Kneubuhler | 12 | AA JHB | 29/11/2024 CGA Championships 2024 |
| 31 | 31.45 | L | P | Luca Bam | 12 | VRC FSH | 29/11/2024 CGA Championships 2024 |
| 32 | 31.52 | L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 Free State Champs 2024 |
| 33 | 31.62 | L S | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 34* | 31.75 | L S | P | Christiaan Stander | 12 | ASAW CED | 05/12/2024 Western Cape LC-A Championship 2024 |
| 34* | 31.75 | L S | P | Connor Smith | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 36 | 31.76 | L | F | Marthinus Le Roux | 12 | RBOT BPD | 23/11/2024 NWS Age Group 3 + 4 2024 |
| 37* | 31.77 | L S | F | Aaron Goodall | 12 | ASAC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 37* | 31.77 | L | F | Cole Hawkins | 12 | MAKO EKU | 26/10/2024 Summer 3 Delville |
| 37* | 31.77 | L | F | Zachary Botha | 12 | TUKS FSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 40 | 31.79 | L | F | Luke Opper | 12 | PSC FSH | 13/12/2024 NMBA Championships 2024 |
| 41* | 31.83 | L | P | Hunter Harty | 12 | UNI EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 41* | 31.83 | L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 Limpopo Champs 2024 |
| 43 | 31.94 | L | F | Iliia Papadopoulos | 12 | SCR MPD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 44 | 31.99 | L | F | Haoran Hu | 12 | CA EKU | 12/10/2024 EGA Summer 2 |
| 45 | 32.01 | L S | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 46 | 32.07 | L | F | Ethan Smeyatsky | 12 | ORCA EKU | 26/10/2024 Summer 3 Delville |
| 47 | 32.17 | L S | F | Max Dockerill | 12 | TYGE CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 48* | 32.25 | L | P | Connor De Amorim | 12 | PER JHB | 29/11/2024 CGA Championships 2024 |
| 48* | 32.25 | L S | P | Khwakhanya Siziba | 12 | ESP EKU | 05/12/2024 EGA Summer Championships |
| 50 | 32.28 | L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 51 | 32.31 | L | F | Teegan Mc Donald | 12 | SEALE ETH | 25/01/2025 uShaka Champs 2025 |
| 52 | 32.32 | L S | P | Dillon February | 12 | CASC CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 53 | 32.35 | L | F | Ivan Pretorius | 12 | TUKS FSH | 13/09/2024 NTS September Age Group 2024 |
| 54 | 32.37 | L | F | Wanru Haasbroek | 12 | EDA ED | 11/01/2025 EDEN INTER DISTRICT PRESTIGE |
| 55 | 32.41 | L S | F | Lizandro Nondumo | 12 | USHAK EKU | 05/12/2024 EGA Summer Championships |
| 56 | 32.42 | L | F | Stian Mostert | 12 | NC FB | 25/01/2025 4+1 INTERPROVINCIAL GALA 2025 |
| 57 | 32.48 | L S | F | Terrian Pillay | 12 | BEAV ETH | 02/07/2024 Prestige Tournament 2024 |
| 58 | 32.57 | L | P | Connor Felton | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 59 | 32.61 | L | F | Johannes Bester | 12 | BULS MAN | 04/12/2024 Free State Champs 2024 |

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Number of Top Times: All **Show Long Course Only**

| | Time | P/F/S | Name | Age/Yr | | | | | |
|------|-------|-------|------|-------------------------|----|-------|-----|------------|--------------------------------------|
| 60 | 32.63 | L S | P | Tylan Daniels | 12 | AQDO | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 61 | 32.64 | L | F | Joshua Bekker | 12 | SS | MPD | 29/11/2024 | Limpopo Champs 2024 |
| 62 | 32.65 | L | F | Daniel Gouveia | 12 | SOUL | EKU | 26/10/2024 | Summer 3 Delville |
| 63 | 32.68 | L | F | Louis Lategan | 12 | FAAC | | 05/10/2024 | FLAMINGO GALA OCT 2024 |
| 64* | 32.70 | L S | P | Dian Visagie | 12 | SWAR | WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 64* | 32.70 | L | P | Damian Sher | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 66 | 32.74 | L | F | Theodore Opperman | 12 | KTS | | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 67 | 32.76 | L | F | Daniel Glutz | 12 | SEAL | UMD | 25/01/2025 | uShaka Champs 2025 |
| 68 | 32.77 | L | F | Zuriel Pakkiri | 12 | BLUO | UGD | 25/01/2025 | uShaka Champs 2025 |
| 69 | 32.82 | L | F | Reitumetse Ngomezwa | 12 | BAS | EKU | 01/02/2025 | EGA Last Chance Gala |
| 70* | 32.86 | L | F | James Bredenkamp | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 70* | 32.86 | L S | P | Cayleb Sutherland | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 72 | 32.89 | L | F | Brody Schemel | 12 | BCA | BUF | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 73 | 32.92 | L S | F | Daylen Kyster | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 74 | 33.06 | L | F | Jude Theunissen | 12 | BEST | NMA | 31/01/2025 | Infinity Gala 2025 |
| 75 | 33.12 | L | P | Cole Coetser | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 76 | 33.14 | L | P | Eli-Ray Milder | 12 | MDOL | JHB | 29/11/2024 | CGA Championships 2024 |
| 77 | 33.18 | L | P | Nikolay Kalvachev | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 78* | 33.22 | L | P | Gabriel Cokayne | 12 | CRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 78* | 33.22 | L | F | Hallett Swanepoel | 12 | KNYA | EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 80 | 33.24 | L | F | Hendrik Basson | 12 | LALE | CED | 09/11/2024 | Winelands SL4 |
| 81 | 33.26 | L | F | Ronin Houghton | 12 | SOUL | EKU | 12/10/2024 | EGA Summer 2 |
| 82 | 33.28 | L | F | Anrich Botha | 12 | UNI | EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER |
| 83 | 33.30 | L S | P | Dryden Knoetze | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 84 | 33.42 | L | F | Alec Ellis | 12 | LALE | CED | 09/11/2024 | Winelands SL4 |
| 85 | 33.52 | L S | F | Connor Laufs | 12 | SAAW | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 86 | 33.54 | L | F | Kailan Aspden | 12 | CA | EKU | 01/02/2025 | EGA Last Chance Gala |
| 87 | 33.57 | L | F | Matthew Plint | 12 | MAKO | EKU | 12/10/2024 | EGA Summer 2 |
| 88 | 33.61 | L | P | Vaughn van Niekerk | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 89 | 33.65 | L | F | Thomas De Vos | 12 | TINC | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 90* | 33.67 | L | F | Shaun Teich | 12 | LSKP | WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 90* | 33.67 | L S | F | James Louw | 12 | VINE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 92 | 33.72 | L S | F | Aidan King | 12 | CASC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 93 | 33.74 | L | F | Cooper Goliath | 12 | USC | BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 94 | 33.83 | L | P | Lance Gray | 12 | MDOL | JHB | 29/11/2024 | CGA Championships 2024 |
| 95 | 33.86 | L | F | Brodie Roberts | 12 | ASA | ILD | 14/06/2024 | AQZ Winter Warmer 2024 |
| 96 | 33.88 | L S | F | Dylan Snyders | 12 | TGA | WCD | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 97 | 33.89 | L | F | Hannes Kahl | 12 | VRC | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 98* | 33.92 | L | F | Hiram Robertson | 12 | INFA | NMA | 31/01/2025 | Infinity Gala 2025 |
| 98* | 33.92 | L | F | Liam Sharp | 12 | OHAN | ILD | 25/01/2025 | uShaka Champs 2025 |
| 100 | 33.94 | L | F | Hanco van Zyl | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 101 | 33.95 | L | P | Lian Botha | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 102 | 33.98 | L | P | Markus Steenkamp | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 103 | 34.00 | L S | P | Troy Liebenberg | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 104 | 34.09 | L | F | Adriaan Du Toit | 12 | WSS | LLD | 04/12/2024 | Free State Champs 2024 |
| 105 | 34.10 | L | F | Mark Rosser | 12 | INFA | NMA | 31/01/2025 | Infinity Gala 2025 |
| 106 | 34.11 | L | F | Omolemo Mogale-Mabusela | 12 | TUKS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 107* | 34.14 | L S | P | Damon Heide | 12 | H2O | EKU | 05/12/2024 | EGA Summer Championships |
| 107* | 34.14 | L | F | Bonga Mathebula | 12 | DOLFI | MPD | 29/11/2024 | Limpopo Champs 2024 |
| 109 | 34.18 | L | P | Kian Van Buren | 12 | RIVO | JHB | 29/11/2024 | CGA Championships 2024 |
| 110 | 34.19 | L S | P | Brody Titus | 12 | PAQU | CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 111 | 34.20 | L | F | Benaiah Verster | 12 | CA | EKU | 01/02/2025 | EGA Last Chance Gala |
| 112 | 34.22 | L | F | Brendan Swarts | 12 | CA | EKU | 01/02/2025 | EGA Last Chance Gala |
| 113 | 34.23 | L | P | Liam Muller | 12 | SWIM1 | JHB | 29/11/2024 | CGA Championships 2024 |
| 114* | 34.27 | L S | F | Yonatan Melnik | 12 | ASAC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 114* | 34.27 | L S | P | Garrick Jahnel | 12 | SOUL | EKU | 05/12/2024 | EGA Summer Championships |
| 116 | 34.28 | L S | P | Sebastien Oberholzer | 12 | CSC | FSH | 05/12/2024 | EGA Summer Championships |
| 117 | 34.29 | L | F | Jordan Wiesner | 12 | WSS | LLD | 04/12/2024 | Free State Champs 2024 |
| 118 | 34.30 | L S | P | Lincoln Andrews | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 119 | 34.31 | L | P | Logan Clark | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |

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| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-----------|-------|------------------------|--------|-----------|------------|--------------------------------------|--|
| 120 | 34.36 L | P | Alexander Van Niekerk | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 | |
| 121 | 34.38 L S | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships | |
| 122 | 34.39 L S | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 123 | 34.44 L | F | Gavin Burstein | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 124* | 34.45 L | F | Tinenyasha Myotcha | 12 | FRA KCD | 09/11/2024 | KCDA Age Goup 2 2024 | |
| 124* | 34.45 L S | P | Christopher Shipton | 12 | QUIC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 126 | 34.46 L S | P | Anakin Henze | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 127 | 34.54 L | F | You-De Lee | 12 | PGAC EKU | 26/10/2024 | Summer 3 Delville | |
| 128 | 34.55 L | F | Kyran Goliath | 12 | PEAS NMA | 31/01/2025 | Infinity Gala 2025 | |
| 129 | 34.57 L | F | Hein Van der Walt | 12 | DDA TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 130 | 34.59 L S | P | Johannes Spangenberg | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 131 | 34.63 L S | P | Amaru Lewis | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 132 | 34.65 L | F | Evan Potgieter | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 133* | 34.76 L | P | Callum Van Reenen | 12 | TRAZ TSH | 29/11/2024 | CGA Championships 2024 | |
| 133* | 34.76 L | F | Michael Marais | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 135 | 34.77 L | F | Tatenda Mujati | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 136 | 34.78 L | F | Charl Wessels | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala | |
| 137 | 34.91 L | F | Mikyle Mapanka | 12 | KALA | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 | |
| 138 | 34.96 L | F | Ulrich Goosen | 12 | LSTZN CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 139 | 35.03 L S | F | Izak Zwarts | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 140* | 35.05 L | F | Rauch Burger | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 140* | 35.05 L | P | Dakalo Nematikanga | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 | |
| 142 | 35.11 L | F | Rhoderick Simpson | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools | |
| 143* | 35.13 L S | F | Hanroux Schellink | 12 | BEST NMA | 17/01/2025 | 6th A League Gala 2025 | |
| 143* | 35.13 L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 | |
| 145 | 35.18 L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 146 | 35.20 L | F | Samuel Marais | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 147* | 35.21 L | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 | |
| 147* | 35.21 L S | F | Chase Anderson | 12 | BLMA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 149 | 35.22 L | F | Rijk Van Galen | 12 | STAQ CED | 09/11/2024 | Winelands SL4 | |
| 150* | 35.28 L | P | William Baard | 12 | OLDE JHB | 29/11/2024 | CGA Championships 2024 | |
| 150* | 35.28 L S | P | Kenzo Kelly | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 152 | 35.33 L | F | Leonidas Lazaridis | 12 | CA EKU | 12/10/2024 | EGA Summer 2 | |
| 153 | 35.55 L | F | Dominique Maronko | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 | |
| 154 | 35.56 L | F | Marcus Dippenaar | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools | |
| 155 | 35.58 L | P | Nathan McEwan | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 156 | 35.64 L S | F | Ethan Kenmuir | 12 | VINE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 157* | 35.66 L | F | Simon Snyman | 12 | STAR BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 157* | 35.66 L | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 | |
| 157* | 35.66 L | F | Riaan Lategan | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 160 | 35.69 L | F | Kushata Bitsang | 12 | NGU TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 161 | 35.70 L | F | Neil Oosthuizen | 12 | LSPHA MP | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 162 | 35.72 L S | P | Likhwezi Dweba | 12 | BEAV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 163 | 35.76 L | F | Russel Botha | 12 | VREDE TMD | 19/10/2024 | Pelicans Gala 2 | |
| 164 | 35.93 L | F | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 | |
| 165 | 35.94 L | F | Joshua Kapp | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville | |
| 166* | 35.99 L S | F | Tyrese Klink | 12 | CYBE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 166* | 35.99 L | F | Weirich Vorster | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 168 | 36.04 L | F | Kayden Steyl | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 | |
| 169 | 36.06 L | F | Presciusstone Raputsoa | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 170 | 36.12 L S | F | Riko Odendaal | 12 | BARR CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 171 | 36.15 L | F | William Tasker | 12 | UNIC CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 172 | 36.22 L S | F | Erigh Egen | 12 | BARR CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 173* | 36.25 L | F | Uthando Zungu | 12 | VIKI BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 173* | 36.25 L | F | Burhan Coetzee | 12 | VALS FDD | 15/11/2024 | Valsrivier Gala 2024 | |
| 175 | 36.28 L S | P | Mikael Lubbe | 12 | ASAC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 176 | 36.33 L S | F | Logan Ehrenreich | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 177 | 36.35 L | F | Kent Craft | 12 | ELEC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 178 | 36.36 L | P | Chayden Gopalan | 12 | AFIN JHB | 29/11/2024 | CGA Championships 2024 | |
| 179 | 36.37 L | F | Ryan Walker | 12 | CRSC JHB | 22/01/2025 | Crusaders Night Gala 2 | |

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|------|-------|-------|------|----------------------|----|-----------|------------|--------------------------------------|
| 180 | 36.47 | L | F | Sameul Grobler | 12 | KTS | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 181* | 36.50 | L | F | Sebastian Van Biljon | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 181* | 36.50 | L | P | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 183 | 36.59 | L | F | Adriaan Naude | 12 | AGAQ OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 184 | 36.61 | L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 185 | 36.62 | L S | P | Cruz Kyriakides | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 186 | 36.65 | L | F | Blake Mather | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 187 | 36.68 | L | F | Willem Pienaar | 12 | STSC KCD | 07/12/2024 | Stingrays Champs 2024 |
| 188 | 36.69 | L | F | Ross Ferguson | 12 | PEAS NMA | 15/06/2024 | PEA Winter Gala 2024 |
| 189 | 36.70 | L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 190 | 36.72 | L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 |
| 191 | 36.73 | L S | F | Bo Vermaak | 12 | VINE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 192* | 36.74 | L S | P | Michael Clarke | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 192* | 36.74 | L | P | Izak Kotzé | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 194 | 36.75 | L | F | Luan Botha | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 195 | 36.86 | L S | P | Jeandre Fourie | 12 | CSC FSH | 05/12/2024 | EGA Summer Championships |
| 196 | 36.90 | L | F | Carel Wolhuter | 12 | BLOT MAN | 11/10/2024 | Otters Prestige Gala 2024 |
| 197 | 36.96 | L | F | Xabiso Mtotoba | 12 | BLNE MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 198* | 36.97 | L | P | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 198* | 36.97 | L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 12/10/2024 | EGA Summer 2 |
| 200* | 37.02 | L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 200* | 37.02 | L | F | Zander Smith | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 202 | 37.04 | L | F | Eduan Naude | 12 | CSC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 203* | 37.11 | L | F | Matthew Liebenberg | 12 | TYGE CPT | 09/11/2024 | Winelands SL4 |
| 203* | 37.11 | L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 205 | 37.15 | L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 206* | 37.18 | L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 206* | 37.18 | L | P | Barend Van Der Merwe | 12 | VALS FDD | 04/12/2024 | Free State Champs 2024 |
| 206* | 37.18 | L S | F | Umar Parker | 12 | UWCA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 209 | 37.41 | L | F | Vlad Kopczynski | 12 | RFA FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 210 | 37.42 | L S | F | Akhile Mbhele | 12 | PSCP UMD | 02/07/2024 | Prestige Tournament 2024 |
| 211 | 37.54 | L | F | Frano Ostoja | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 212 | 37.58 | L | F | Luniko Toyo | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 213 | 37.72 | L | P | Thomas Close | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 |
| 214 | 37.75 | L | P | Liam Van Der Heever | 12 | QUES JHB | 29/11/2024 | CGA Championships 2024 |
| 215 | 37.76 | L | P | Tsebo Ntsoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 216 | 37.78 | L | P | Noland Basson | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 217 | 37.85 | L | F | Christopher Newham | 12 | TYGE CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 218 | 37.86 | L | F | Riyan Phalali | 12 | PSA ZLD | 26/10/2024 | Froggies Aquatics Championships 2024 |
| 219 | 37.91 | L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 220 | 38.15 | L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 221 | 38.16 | L | P | Rafael Durig | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 222 | 38.21 | L | F | Tyler Peruman | 12 | H2O EKU | 01/02/2025 | EGA Last Chance Gala |
| 223 | 38.25 | L | P | Yahin Marimuthu | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 224* | 38.40 | L | F | Jandro Downey | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 224* | 38.40 | L | F | Jacobus De Bruyn | 12 | VREDE TMD | 19/10/2024 | Pelicans Gala 2 |
| 226 | 38.42 | L | F | Thoriso Ntjepela | 12 | BAS EKU | 12/10/2024 | EGA Summer 2 |
| 227 | 38.43 | L | P | Connor Joubert | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 228 | 38.49 | L S | P | Joshua Lloyd | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships |
| 229 | 38.50 | L S | F | Brett Laing | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 230 | 38.56 | L | F | Cameron Cross | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 231* | 38.60 | L | F | Luan Vd Schyff | 12 | LSBOS WB | 02/11/2024 | Limpopo LS - Top 8 skole 2024 |
| 231* | 38.60 | L S | P | Liam Naude | 12 | CSC FSH | 05/12/2024 | EGA Summer Championships |
| 233 | 38.68 | L | P | Juann Brits | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 234 | 38.84 | L | P | Alexander Kock | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 235 | 38.88 | L | P | Wian Koekemoer | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 236 | 38.93 | L S | P | Willem Strydom | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships |
| 237 | 39.07 | L | F | Ty Lombard | 12 | COMS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 238 | 39.22 | L | F | Reyansh Putrevu | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 239 | 39.30 | L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|------|-------|-------|------|-------------------------|----|-------|-----|------------|--------------------------------------|
| 240 | 39.35 | L S | P | Petrus Laubscher | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 241 | 39.37 | L | F | Matthew Schäffler | 12 | ROA | EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 242 | 39.45 | L | P | Rhenier Labuschagne | 12 | HARB | BPD | 07/12/2024 | NWS Championships 2024 |
| 243 | 39.46 | L | F | Heinrich Vorster | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 244 | 39.51 | L | F | Leander Le Roux | 12 | SS | MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 245 | 39.53 | L | F | Enzokuhle Dlamini | 12 | FSE | KCD | 07/12/2024 | Stingrays Champs 2024 |
| 246 | 39.60 | L | F | Jan-Hugo Basson | 12 | WELL | CED | 09/11/2024 | Winelands SL4 |
| 247 | 39.64 | L | P | Zia Ahmad Haye | 12 | ATLA | JHB | 29/11/2024 | CGA Championships 2024 |
| 248 | 39.75 | L | F | Joshua Grobler | 12 | VRC | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 249 | 39.81 | L | P | Tinashé Mahachi | 12 | AAS | JHB | 29/11/2024 | CGA Championships 2024 |
| 250 | 39.85 | L | F | Vuuren Steenkamp | 12 | HARB | BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 251 | 39.86 | L | P | Handre Viljoen | 12 | AASC | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 252 | 39.98 | L | F | Jared Rowe | 12 | CPSC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 253 | 40.04 | L S | F | Eli Drennan | 12 | ASAC | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 254* | 40.14 | L | F | Ruan Van Tonder | 12 | CA | EKU | 26/10/2024 | Summer 3 Delville |
| 254* | 40.14 | L | F | Zidaan Dollie | 12 | MANT | CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 256 | 40.40 | L S | F | Daniel Vleggaar | 12 | TYGE | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 257 | 40.43 | L | F | Gabriel Witten | 12 | AQDO | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 258 | 40.49 | L | F | Henro Beyers | 12 | CA | EKU | 26/10/2024 | Summer 3 Delville |
| 259 | 40.67 | L S | P | Drayden Erasmus | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 260 | 40.69 | L S | P | Malwande Mtolo | 12 | WSTV | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 261 | 40.70 | L | F | Siphesihle Mawelela | 12 | SOSH | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 262 | 40.91 | L S | P | Nathan Sauls | 12 | PGAC | EKU | 05/12/2024 | EGA Summer Championships |
| 263 | 40.92 | L | F | Sivuyisiwe Adonisi | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 264 | 41.14 | L | F | Rolan Goss | 12 | LSPHA | MP | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 265 | 41.20 | L | F | Arnich Du Toit | 12 | ACAQ | CCD | 12/10/2024 | Limpopo Age Group 4 |
| 266 | 41.45 | L | F | Logan van der Nest | 12 | MAKO | EKU | 26/10/2024 | Summer 3 Delville |
| 267 | 41.70 | L | F | Carlo Bothma | 12 | PAC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 268 | 41.99 | L | F | Aiden Du Plessis | 12 | BULS | MAN | 02/11/2024 | Heidedal |
| 269 | 42.06 | L | P | Yandinjabulo Mahlangu | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 270 | 42.21 | L | F | Luay MCPatie | 12 | CPSC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 271 | 42.45 | L | F | Joshua Lenhard | 12 | FISH | EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 272 | 43.27 | L S | F | Lihle Hlophe | 12 | CASC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 273 | 43.34 | L | F | Grant Henley | 12 | ESTR | EKU | 26/10/2024 | Summer 3 Delville |
| 274 | 43.58 | L | F | Ewan Nortje | 12 | BASS | VB | 09/11/2024 | Limpopo Age Group 5 |
| 275 | 43.71 | L S | F | Joel Freeks | 12 | RETR | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 276 | 43.90 | L | F | Ricku Sparkham | 12 | CUHE | OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 277 | 43.91 | L | P | Devon Jansen van Vuuren | 12 | CSA | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 278 | 43.98 | L | F | Riekie Beyers | 12 | AGAQ | OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 279 | 44.07 | L | F | Orediretse Motshwanedi | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 280 | 44.45 | L | F | Cornelius Cockeran | 12 | KALA | | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 281 | 45.20 | L | F | Amokelani Mashimbye | 12 | SOSH | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 282 | 45.68 | L S | F | Charles Paul Nel | 12 | QUIC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 283 | 45.77 | L | F | Willem Meyer | 12 | FISH | EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 284 | 45.96 | L | P | Adriaan Gouws | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 285 | 46.94 | L | F | Olwethu Ndlala | 12 | NSAD | EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 286 | 46.95 | L S | P | Dihandre Kriel | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 287 | 47.00 | L S | P | Luthando Sisilana | 12 | WSTV | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 288 | 47.02 | L S | P | Rorisang Mogale | 12 | HAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 289 | 47.58 | L | F | Arno Voogt | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 290 | 47.61 | L | F | Jacobus Scheepers | 12 | ANAX | CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 291 | 48.09 | L | F | Vunene Shingange | 12 | DOLFI | MPD | 29/11/2024 | Limpopo Champs 2024 |
| 292 | 48.47 | L | P | Benjamin Brynard | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 293 | 48.86 | L | F | Morne Botha | 12 | FRA | KCD | 26/10/2024 | Froggies Aquatics Championships 2024 |
| 294 | 49.39 | L | F | Neo Nong | 12 | MATL | KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 295 | 49.81 | L | F | Tyriq Prins | 12 | KTS | | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 296 | 50.02 | L | F | Connor Liedemann | 12 | ANAX | CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 297 | 50.36 | L S | P | Morena Masemolo | 12 | THOK | EKU | 05/12/2024 | EGA Summer Championships |
| 298 | 50.85 | L | F | Tumisho Koshane | 12 | HREF | BP | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 299 | 50.90 | L | F | Shivaan-Douglas Reitz | 12 | GAA | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|---------------------------|-------------|-------|-----------------------------|--------|-----------|------------|--------------------------------------|--|
| 300 | 52.65 L S | F | Zachary Kramm | 12 | KHAY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 301 | 53.16 L | F | Sibusiso Shezi | 12 | ATTE FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 302 | 53.41 L | F | Ruan Fourie | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 303 | 54.27 L | F | Connor Hartwig | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 304 | 56.04 L | F | Mpandenhle Zungu | 12 | LAD UTD | 11/01/2025 | Uthukela District Age Group Gala | |
| 305 | 59.83 L | F | Petri Louw | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 | |
| Men 12-12 100 Free | | | | | | | | |
| 1 | 1:01.26 L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 2 | 1:02.59 L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 | |
| 3 | 1:02.81 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 4 | 1:03.72 L | P | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 5 | 1:03.78 L | F | Damian Le Breton | 12 | BULS MAN | 01/02/2025 | Heidedal & Sentraal Galal | |
| 6 | 1:04.53 L | F | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 7 | 1:04.70 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 8 | 1:05.31 L | P | Tristan van Rensburg | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 9 | 1:05.34 L | F | Connor Smith | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 10 | 1:05.54 L | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 11 | 1:05.81 L | F | Troy Harding | FR | VASA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 12 | 1:05.85 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 13 | 1:05.90 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 14 | 1:06.33 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 15 | 1:06.45 L | F | Riandu Basson | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 | |
| 16 | 1:06.56 L | F | Caleb Muller | 12 | VRC FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 17 | 1:06.66 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 18 | 1:06.83 L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 19 | 1:06.90 L | F | Aiden Green | 12 | NMBA NM | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 20 | 1:07.02 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 21 | 1:07.28 L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 22 | 1:07.29 L | P | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 23 | 1:07.38 L | P | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 24 | 1:07.40 L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 | |
| 25 | 1:07.53 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 26 | 1:07.58 L | F | Ewan Bosch | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 27 | 1:07.87 L | F | Adolph Jv Rensburg | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 | |
| 28 | 1:08.30 L | P | Seth Jacobs | 12 | MANT CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 29 | 1:08.41 L | F | Luca Bam | 12 | VRC FSH | 29/11/2024 | CGA Championships 2024 | |
| 30 | 1:08.44 L | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 31 | 1:08.51 L | P | Kai Cloete | 12 | RFA FSH | 07/12/2024 | NWS Championships 2024 | |
| 32 | 1:08.75 L | F | Cayden Carson | 12 | BULS MAN | 01/02/2025 | Heidedal & Sentraal Galal | |
| 33 | 1:08.89 L | P | Mickayle Boshoff | 12 | KNYA EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 34 | 1:09.36 L | F | Noah Nice | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 35 | 1:09.41 L | F | Christiaan Stander | 12 | ASAW CED | 09/11/2024 | Winelands SL4 | |
| 36 | 1:09.50 L | F | Diego Carpinteiro | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 37 | 1:09.63 L | F | Luca Kneubuhler | 12 | AA JHB | 01/02/2025 | EGA Last Chance Gala | |
| 38 | 1:10.03 L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 39 | 1:10.39 L | P | Hunter Harty | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 40 | 1:10.43 L | F | Jordan Heath | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 | |
| 41 | 1:10.50 L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 | |
| 42 | 1:10.51 L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 43 | 1:10.61 L | F | James Louw | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 44 | 1:10.72 L | F | Hayden Irving | 12 | RSA | 04/10/2024 | Curro AquaElite Gala | |
| 45 | 1:11.25 L | F | Daylen Kyster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 46 | 1:11.40 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 47 | 1:11.47 L | P | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 48 | 1:11.84 L | F | Aaron Goodall | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 49 | 1:11.90 L | F | Ronin Houghton | 12 | SOUL EKU | 12/10/2024 | EGA Summer 2 | |
| 50 | 1:11.97 L | F | Dominique Maronko | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 | |
| 51 | 1:12.11 L | P | Lance Gray | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 | |
| 52 | 1:12.13 L | F | Daniel Glutz | 12 | SEAL UMD | 25/01/2025 | uShaka Champs 2025 | |
| 53 | 1:12.35 L S | F | Dillon February | 12 | CASC CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|-------------|-------|----------------------|--------|-----------|------------|--------------------------------------|--|
| 54 | 1:12.71 L | P | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 55 | 1:12.84 L | F | Louis Lategan | 12 | FAAC | 05/10/2024 | FLAMINGO GALA OCT 2024 | |
| 56 | 1:12.88 L | P | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 57 | 1:12.99 L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 | |
| 58 | 1:13.00 L | P | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 59 | 1:13.01 L | F | Haoran Hu | 12 | CA EKU | 12/10/2024 | EGA Summer 2 | |
| 60 | 1:13.03 L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 61 | 1:13.19 L | F | Brody Schemel | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 62* | 1:13.24 L | P | Cole Snyders | 12 | LINR JHB | 29/11/2024 | CGA Championships 2024 | |
| 62* | 1:13.24 L | F | Vaughn van Niekerk | 12 | MSC NGD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 | |
| 64 | 1:13.30 L | F | Hallett Swanepoel | 12 | EDA ED | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 65 | 1:13.31 L | P | Lizandro Nondumo | 12 | USHAK EKU | 05/12/2024 | EGA Summer Championships | |
| 66 | 1:13.36 L | F | Reece Van Heusden | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 | |
| 67 | 1:13.38 L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 68 | 1:13.40 L | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 69 | 1:13.43 L | F | Teegan Mc Donald | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 70 | 1:13.55 L S | F | Max Dockerill | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 71 | 1:13.60 L | F | Reitumetse Ngomezwa | 12 | BAS EKU | 01/02/2025 | EGA Last Chance Gala | |
| 72 | 1:13.63 L | P | Khwakhanya Siziba | 12 | ESP EKU | 05/12/2024 | EGA Summer Championships | |
| 73 | 1:13.66 L | F | Theodore Opperman | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 74 | 1:13.80 L | P | Damian Sher | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 75 | 1:13.81 L | F | Hannes Kahl | 12 | VRC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 76 | 1:13.96 L | P | Tatenda Mujati | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 77 | 1:13.97 L | F | Anakin Henze | 12 | WSTV ETH | 25/01/2025 | uShaka Champs 2025 | |
| 78 | 1:14.09 L | F | Conor Smuts | 12 | RSA | 04/10/2024 | Curro AquaElite Gala | |
| 79 | 1:14.10 L | F | Christopher Shipton | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 80 | 1:14.19 L | F | Wanru Haasbroek | 12 | FISH EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools | |
| 81 | 1:14.25 L | F | Garrick Jahnel | 12 | SOUL EKU | 12/10/2024 | EGA Summer 2 | |
| 82 | 1:14.38 L | F | Jack Fouche | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 83 | 1:14.62 L | F | Iliia Papadopoulos | 12 | SCR MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 84 | 1:14.67 L | P | Brodie Roberts | 12 | ASA ILD | 02/07/2024 | Prestige Tournament 2024 | |
| 85 | 1:14.78 L | P | Nikolay Kalvachev | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 86 | 1:14.89 L | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 | |
| 87 | 1:14.94 L | F | Cole Hawkins | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 88 | 1:15.05 L | F | Le Roux Roets | 12 | PAC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 89 | 1:15.15 L | F | Johannes Bester | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 90 | 1:15.16 L | F | Riaan Lategan | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 91 | 1:15.24 L | P | Connor De Amorim | 12 | PER JHB | 29/11/2024 | CGA Championships 2024 | |
| 92 | 1:15.26 L | F | Mark Rosser | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 | |
| 93 | 1:15.33 L | F | Adriaan Du Toit | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 | |
| 94 | 1:15.43 L | P | Johannes Spangenberg | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 95 | 1:15.53 L | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 96* | 1:15.55 L | F | Nicolas Coolen | 12 | STAQ CED | 09/11/2024 | Winelands SL4 | |
| 96* | 1:15.55 L | F | Alec Ellis | 12 | LALE CED | 09/11/2024 | Winelands SL4 | |
| 98 | 1:15.56 L | F | Evan Potgieter | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 99 | 1:15.59 L | F | Zuriel Pakkiri | 12 | BLUO UGD | 25/01/2025 | uShaka Champs 2025 | |
| 100 | 1:15.64 L | F | James Bredenkamp | 12 | BS LLD | 01/02/2025 | Heidedal & Sentraal Galal | |
| 101 | 1:15.70 L | F | Connor Laufs | 12 | SAAW CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 102 | 1:15.73 L | P | Eli-Ray Mülder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 | |
| 103 | 1:15.94 L | P | Kian Van Buren | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 | |
| 104 | 1:15.95 L | P | Gabriel Spinks | 12 | DRGN EKU | 29/11/2024 | CGA Championships 2024 | |
| 105 | 1:15.96 L | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 106 | 1:15.97 L | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 | |
| 107 | 1:16.11 L | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 108 | 1:16.16 L | P | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 | |
| 109 | 1:16.31 L | F | Zander Vd Merwe | 12 | QUIC CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 110 | 1:16.34 L | P | Leonidas Lazaridis | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 111 | 1:16.44 L | P | Sebastien Oberholzer | 12 | CSC TSH | 05/12/2024 | EGA Summer Championships | |
| 112 | 1:16.45 L | F | Dylan Snyders | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 113 | 1:16.48 L | P | Kailan Aspden | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|---------|-------|------|----------------------|----|-----------|---|
| 114 | 1:16.54 | L | P | Mason Webb | 12 | DRGN EKU | 29/11/2024 CGA Championships 2024 |
| 115 | 1:16.56 | L | F | Liam Sharp | 12 | OHAN ILD | 25/01/2025 uShaka Champs 2025 |
| 116 | 1:16.73 | L | P | Patrick Maughan | 12 | ASAC CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 117 | 1:16.82 | L | P | Charl Wessels | 12 | BLSS MAN | 04/12/2024 Free State Champs 2024 |
| 118 | 1:16.94 | L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 Infinity Gala 2025 |
| 119 | 1:17.11 | L | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 EGA Summer Championships |
| 120 | 1:17.14 | L | F | Dandre Van der Merwe | 12 | STAQ CED | 09/11/2024 Winelands SL4 |
| 121 | 1:17.18 | L | P | Callum Van Reenen | 12 | TRAZ TSH | 29/11/2024 CGA Championships 2024 |
| 122 | 1:17.20 | L | P | Lincoln Andrews | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 123 | 1:17.33 | L | F | Stian Mostert | 12 | FAAC | 05/10/2024 FLAMINGO GALA OCT 2024 |
| 124 | 1:17.38 | L | F | Benaiah Verster | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 125 | 1:17.39 | L | P | Cole Coetser | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 126 | 1:17.41 | L | P | Nathan McEwan | 12 | AA JHB | 29/11/2024 CGA Championships 2024 |
| 127 | 1:17.45 | L | F | Ethan Smeyatsky | 12 | ORCA EKU | 01/02/2025 EGA Last Chance Gala |
| 128* | 1:17.47 | L | F | Rigter Van Wyngaard | 12 | TUKS TSH | 13/09/2024 NTS September Age Group 2024 |
| 128* | 1:17.47 | L | F | Cooper Goliath | 12 | USC BUF | 13/12/2024 NMBA Championships 2024 |
| 130 | 1:17.63 | L | F | Rhoderick Simpson | 12 | ROA EDD | 02/11/2024 EDEN 2nd A-League Gala 2024 Schools |
| 131* | 1:17.76 | L | F | Anrich Botha | 12 | UNI EZD | 14/09/2024 MP SPRINT GALA 14 SEPTEMBER |
| 131* | 1:17.76 | L | F | Hiram Robertson | 12 | INFA NMA | 05/10/2024 4th A League Gala 2024 |
| 133 | 1:17.81 | L | P | Logan Clark | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 134 | 1:17.82 | L | F | Aidan King | 12 | CASC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 135* | 1:17.87 | L | F | Ruhan Buys | 12 | TUKS TSH | 13/09/2024 NTS September Age Group 2024 |
| 135* | 1:17.87 | L | P | Liam Muller | 12 | SWIM1 JHB | 29/11/2024 CGA Championships 2024 |
| 137 | 1:17.90 | L | P | Markus Steenkamp | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 138 | 1:17.97 | L S | F | Amaru Lewis | 12 | PAQU CED | 21/09/2024 CTA INVITATIONAL LC MEET |
| 139 | 1:18.19 | L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 140 | 1:18.22 | L | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 141 | 1:18.27 | L | F | Michael Seymore | 12 | AWIN TSH | 13/09/2024 NTS September Age Group 2024 |
| 142 | 1:18.41 | L | F | Brendan Swarts | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 143 | 1:18.46 | L | P | Brody Titus | 12 | PAQU CED | 05/12/2024 Western Cape LC-A Championship 2024 |
| 144 | 1:18.48 | L | F | Chase Anderson | 12 | BLMA CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 145 | 1:18.53 | L | F | Kaelo Mamabolo | 12 | HARB BPD | 10/01/2025 2024 Grand Prix Invitation Swimming |
| 146 | 1:18.60 | L | P | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 NWS Championships 2024 |
| 147 | 1:18.63 | L | P | Akwande Yende | 12 | KLOO ETH | 02/07/2024 Prestige Tournament 2024 |
| 148 | 1:18.68 | L | F | You-De Lee | 12 | PGAC EKU | 01/02/2025 EGA Last Chance Gala |
| 149 | 1:18.69 | L | F | Michael Marais | 12 | LSJM SKD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 150 | 1:18.72 | L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 uShaka Champs 2025 |
| 151 | 1:18.73 | L | P | Gabriel Cokayne | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 152 | 1:18.81 | L | F | Samuel Marais | 12 | ELRAS WBD | 29/11/2024 Limpopo Champs 2024 |
| 153 | 1:18.87 | L | F | Hein Van der Walt | 12 | DDA TSH | 01/02/2025 EGA Last Chance Gala |
| 154 | 1:18.99 | L | P | Zimangaliso Mbolekwa | 12 | SGUL ETH | 02/07/2024 Prestige Tournament 2024 |
| 155 | 1:19.05 | L | F | Errol Harmse | 12 | TUKS TSH | 13/09/2024 NTS September Age Group 2024 |
| 156 | 1:19.19 | L | F | Christopher Newham | 12 | TYGE CPT | 09/11/2024 Winelands SL4 |
| 157 | 1:19.24 | L | F | Moalosi Moalosi | 12 | PELIC MAN | 01/02/2025 Heidedal & Sentraal Galal |
| 158 | 1:19.35 | L | F | Rauch Burger | 12 | SWAR WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 159 | 1:19.46 | L | P | Dakalo Nematikanga | 12 | AAS JHB | 29/11/2024 CGA Championships 2024 |
| 160 | 1:19.59 | L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 NMBA Championships 2024 |
| 161 | 1:19.60 | L | P | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 EGA Summer Championships |
| 162 | 1:19.74 | L | F | Damon Heide | 12 | H2O EKU | 01/02/2025 EGA Last Chance Gala |
| 163 | 1:19.79 | L | F | Ethan Wenn | 12 | ASAC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 164 | 1:19.98 | L | F | Matthew Schäffler | 12 | ROA EDD | 31/01/2025 Infinity Gala 2025 |
| 165 | 1:20.01 | L | F | Kayden Steyl | 12 | BLSS MAN | 04/12/2024 Free State Champs 2024 |
| 166 | 1:20.06 | L | F | Kyran Goliath | 12 | PEAS NMA | 13/12/2024 NMBA Championships 2024 |
| 167 | 1:20.22 | L | F | Hanroux Schellink | 12 | BEST NMA | 16/11/2024 5th A League Gala 2024 |
| 168 | 1:20.24 | L | F | Yonatan Melnik | 12 | ASAC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 169 | 1:20.41 | L | F | Logan Ehrenreich | 12 | PAQU CED | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 170 | 1:20.44 | L | P | William Baard | 12 | OLDE JHB | 29/11/2024 CGA Championships 2024 |
| 171 | 1:20.49 | L | P | Deante James | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 172 | 1:20.51 | L | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 EGA Summer Championships |
| 173 | 1:20.53 | L | F | Lian Botha | 12 | BS LLD | 25/10/2024 Neptunes Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|------|---------|-------|------|-----------------------|----|-------|-----|------------|--------------------------------------|
| 174 | 1:20.59 | L | F | Adriaan van der Colff | 12 | GREY | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 175 | 1:20.61 | L | P | Alexander Van Niekerk | 12 | BLOT | MAN | 04/12/2024 | Free State Champs 2024 |
| 176 | 1:20.66 | L | F | Michael Meyer | 12 | RBOT | BPD | 07/12/2024 | NWS Championships 2024 |
| 177 | 1:20.78 | L | F | Kent Craft | 12 | ELEC | TSH | 13/09/2024 | NTS September Age Group 2024 |
| 178 | 1:21.03 | L | F | Anotidasihe Nyamugama | 12 | WWOL | TSH | 13/09/2024 | NTS September Age Group 2024 |
| 179 | 1:21.21 | L | F | Tinenyasha Myotcha | 12 | FRA | KCD | 01/02/2025 | KCDA Age Group 4 2024 |
| 180 | 1:21.27 | L | F | Marcus Dippenaar | 12 | ROA | EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 181 | 1:21.62 | L | F | Jacobus Smith | 12 | FISH | EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 182 | 1:21.80 | L | F | Bo Vermaak | 12 | VINE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 183* | 1:21.84 | L | F | Mikyle Mapanka | 12 | KALA | | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 183* | 1:21.84 | L | F | Riko Odendaal | 12 | BARR | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 185 | 1:21.85 | L | P | Richard Symms | 12 | DORE | JHB | 29/11/2024 | CGA Championships 2024 |
| 186 | 1:21.91 | L | F | Nathan Coetzee | 12 | EXP | TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 187 | 1:22.05 | L | F | Willem Pienaar | 12 | STSC | KCD | 07/12/2024 | Stingrays Champs 2024 |
| 188 | 1:22.26 | L | F | Tyrese Klink | 12 | CYBE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 189 | 1:22.58 | L | P | Cruz Kyriakides | 12 | SOUL | EKU | 05/12/2024 | EGA Summer Championships |
| 190 | 1:22.66 | L | F | Mikael Lubbe | 12 | ASAC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 191 | 1:22.77 | L | F | Blake Mather | 12 | INFA | NMA | 13/12/2024 | NMBA Championships 2024 |
| 192 | 1:22.78 | L | F | Bonga Mathebula | 12 | DOLFI | MPD | 29/11/2024 | Limpopo Champs 2024 |
| 193 | 1:22.87 | L | F | Sebastian Van Biljon | 12 | CSA | EZD | 10/01/2025 | 2024 Grand Prix Invitation Swimming |
| 194 | 1:23.18 | L | P | Noland Basson | 12 | BLSS | MAN | 04/12/2024 | Free State Champs 2024 |
| 195 | 1:23.27 | L | F | Zian Smith | 12 | TGA | WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 196 | 1:23.37 | L | P | Thomas Close | 12 | DORE | JHB | 29/11/2024 | CGA Championships 2024 |
| 197 | 1:23.85 | L | F | Samual Booth | 12 | VIKI | BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 198 | 1:23.87 | L | F | Juann Brits | 12 | MATL | KKD | 07/12/2024 | NWS Championships 2024 |
| 199 | 1:23.89 | L | F | Thoriso Ntjepela | 12 | BAS | EKU | 12/10/2024 | EGA Summer 2 |
| 200 | 1:24.04 | L | P | Izak Kotzé | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 201 | 1:24.21 | L | F | Nikolas Kotras | 12 | HPS | TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 202 | 1:24.23 | L | F | Kushata Bitsang | 12 | NGU | TSH | 13/09/2024 | NTS September Age Group 2024 |
| 203 | 1:24.36 | L | F | Neil Oosthuizen | 12 | SS | MPD | 12/10/2024 | Limpopo Age Group 4 |
| 204 | 1:24.39 | L | F | Luan Vd Schyff | 12 | LSBOS | WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 205 | 1:24.47 | L | F | Uthando Zungu | 12 | VIKI | BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 206 | 1:24.48 | L | F | Rafael Durig | 12 | CRSC | JHB | 20/11/2024 | Crusaders Night Gala 1 |
| 207 | 1:24.50 | L | F | Burhan Coetzee | 12 | VALS | FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 208 | 1:24.62 | L | F | Ethan Kenmuir | 12 | VINE | CPT | 05/10/2024 | CTA Qualifying Meet 5 - (L2 & above) |
| 209 | 1:24.73 | L | P | Neo Morabe | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 210 | 1:24.99 | L | F | Izak Zwarts | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 211 | 1:25.09 | L | F | Oscar Van Vuuren | 12 | ANAX | CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 212 | 1:25.57 | L | F | Vlad Kocpzyński | 12 | RFA | TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 213 | 1:25.98 | L | F | Wian Koekemoer | 12 | AASC | EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 214 | 1:26.01 | L | F | Gabriel Witten | 12 | AQDO | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 215 | 1:26.07 | L | P | Chayden Gopalan | 12 | AFIN | JHB | 29/11/2024 | CGA Championships 2024 |
| 216 | 1:26.17 | L | F | Erih Egen | 12 | BARR | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 217* | 1:26.22 | L | P | Michael Clarke | 12 | SOUL | EKU | 05/12/2024 | EGA Summer Championships |
| 217* | 1:26.22 | L | P | Christian Mushonga | 12 | RIVO | JHB | 29/11/2024 | CGA Championships 2024 |
| 219 | 1:26.23 | L | F | Willem Strydom | 12 | H2O | EKU | 12/10/2024 | EGA Summer 2 |
| 220 | 1:26.40 | L | F | Zander Smith | 12 | TUKS | TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 221 | 1:26.42 | L | F | Logan van der Nest | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 222 | 1:26.49 | L | F | Ryan Walker | 12 | CRSC | JHB | 20/11/2024 | Crusaders Night Gala 1 |
| 223 | 1:26.84 | L | P | Liam Van Der Heever | 12 | QUES | JHB | 29/11/2024 | CGA Championships 2024 |
| 224 | 1:26.99 | L | P | Lumnko Masiko | 12 | RRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 225 | 1:27.12 | L | F | Jacobus De Bruyn | 12 | VREDE | TMD | 15/11/2024 | Valsrivier Gala 2024 |
| 226 | 1:27.16 | L | F | Luan Botha | 12 | TASC | MPD | 29/11/2024 | Limpopo Champs 2024 |
| 227 | 1:27.27 | L | P | Joshua Lloyd | 12 | SWIFT | EKU | 05/12/2024 | EGA Summer Championships |
| 228* | 1:27.34 | L | P | Zia Ahmad Haye | 12 | ATLA | JHB | 29/11/2024 | CGA Championships 2024 |
| 228* | 1:27.34 | L | F | Sameul Grobler | 12 | KTS | | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 230 | 1:27.43 | L | P | Jandro Downey | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 231 | 1:27.45 | L | P | Tinashe Mahachi | 12 | AAS | JHB | 29/11/2024 | CGA Championships 2024 |
| 232 | 1:27.52 | L | F | Daniel Vleggaar | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 233 | 1:27.55 | L | F | Heinrich Vorster | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|---------|-------|------|-------------------------|----|-----------|------------|--------------------------------------|
| 234 | 1:27.59 | L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 235 | 1:27.65 | L | P | Petrus Laubscher | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 236 | 1:28.27 | L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 237 | 1:28.39 | L | F | Eduan Naude | 12 | CSC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 238 | 1:28.55 | L | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 239 | 1:28.68 | L | P | Likhwezi Dweba | 12 | BEAV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 240 | 1:28.85 | L | F | Tyler Peruman | 12 | H2O EKU | 01/02/2025 | EGA Last Chance Gala |
| 241* | 1:29.56 | L | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships |
| 241* | 1:29.56 | L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 243 | 1:29.75 | L | F | Jeandre Fourie | 12 | CSC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 244 | 1:29.78 | L | P | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 245 | 1:30.03 | L | P | Presciusstone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 |
| 246* | 1:30.16 | L | F | Ty Lombard | 12 | COMS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 246* | 1:30.16 | L | P | Connor Joubert | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 248 | 1:30.20 | L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 249 | 1:30.50 | L | P | Akhile Mbhele | 12 | PSCP UMD | 02/07/2024 | Prestige Tournament 2024 |
| 250 | 1:30.81 | L | F | Enzokuhle Dlamini | 12 | FSE KCD | 07/12/2024 | Stingrays Champs 2024 |
| 251 | 1:30.93 | L | F | Carel Wolhuter | 12 | BLOT MAN | 11/10/2024 | Otters Prestige Gala 2024 |
| 252 | 1:31.21 | L | F | Riyan Phalai | 12 | PSA ZLD | 07/12/2024 | Stingrays Champs 2024 |
| 253 | 1:31.46 | L | P | Henro Beyers | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 254 | 1:31.56 | L | P | Xabiso Mtotoba | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 255 | 1:31.71 | L | F | Carlo Bothma | 12 | PAC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 256 | 1:31.78 | L | P | Sivuyisiwe Adonisi | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 257 | 1:31.88 | L | P | Alexander Kock | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 258 | 1:31.99 | L | F | Taiming Li | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 259 | 1:32.35 | L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 260 | 1:32.77 | L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 261 | 1:32.88 | L | P | Vuuren Steenkamp | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 262 | 1:32.97 | L | P | Ruan Van Tonder | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 263 | 1:33.22 | L | F | Rolan Goss | 12 | LSPHA MP | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 264 | 1:33.42 | L | F | Arnich Du Toit | 12 | ACAA CCD | 29/11/2024 | Limpopo Champs 2024 |
| 265 | 1:34.00 | L S | F | Reece Africa | 12 | UWCA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 266 | 1:35.02 | L | F | Shafiek Samsodien | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 267 | 1:35.09 | L | F | Wian Vermeulen | 12 | BETH FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 268 | 1:36.87 | L S | F | Lukas Moodie | 12 | BLMA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 269 | 1:36.94 | L | P | Malwande Mtolo | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 270 | 1:37.48 | L | F | Riekie Beyers | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 271 | 1:37.67 | L | F | Leander Le Roux | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 |
| 272 | 1:39.62 | L | P | Devon Jansen van Vuuren | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 273 | 1:39.91 | L | F | Siphesihle Mawelela | 12 | SOSH TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 274 | 1:39.94 | L S | F | Joel Freeks | 12 | RETR CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 275 | 1:40.12 | L | F | Zidaan Dollie | 12 | MANT CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 276 | 1:40.22 | L S | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 277 | 1:41.03 | L | F | Aiden Du Plessis | 12 | BULS MAN | 19/10/2024 | Pelicans Gala 2 |
| 278 | 1:41.42 | L | P | Adriaan Gouws | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 279 | 1:41.63 | L | F | Caleb Botha | 12 | EVO CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 280 | 1:41.77 | L | F | Ricku Sparkham | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 281 | 1:41.95 | L | P | Yandinjabulo Mahlangu | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 282 | 1:42.26 | L | P | Grant Henley | 12 | ESTR EKU | 05/12/2024 | EGA Summer Championships |
| 283 | 1:43.29 | L | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 284 | 1:44.46 | L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 285 | 1:45.36 | L | F | Jacobus Scheepers | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 286 | 1:48.08 | L | F | Charles Paul Nel | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 287 | 1:48.69 | L | F | Willem Meyer | 12 | FISH EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 288 | 1:49.86 | L | F | Vunene Shingange | 12 | DOLFI MPD | 12/10/2024 | Limpopo Age Group 4 |
| 289 | 1:50.39 | L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 290 | 1:51.18 | L | P | Benjamin Brynard | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 291 | 1:51.20 | L | P | Rorisang Mogale | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships |
| 292 | 1:53.26 | L | F | Arno Voogt | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 293 | 1:55.58 | L | F | Amokelani Mashimbye | 12 | SOSH TSH | 13/09/2024 | NTS September Age Group 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|---------------------------|-------------|-------|-----------------------------|--------|-----------|------------|--------------------------------------|
| 294 | 1:55.60 L | F | Morne Botha | 12 | FRA KCD | 25/01/2025 | uShaka Champs 2025 |
| 295 | 1:58.91 L | F | Neo Nong | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 296 | 2:00.03 L | P | Connor Hartwig | 12 | HARL BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 297 | 2:14.56 L | F | Morena Masemolo | 12 | THOK EKU | 12/10/2024 | EGA Summer 2 |
| 298 | 2:39.46 L S | F | Zachary Kramm | 12 | KHAY CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| Men 12-12 200 Free | | | | | | | |
| 1 | 2:17.63 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 2 | 2:17.92 L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 |
| 3 | 2:18.32 L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 4 | 2:19.06 L | F | Noah Nice | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 |
| 5 | 2:21.55 L | F | Kyle Hahn | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 6 | 2:22.15 L | F | Connor Smith | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 7 | 2:22.59 L | F | Troy Harding | FR | VASA EKU | 01/02/2025 | EGA Last Chance Gala |
| 8 | 2:22.73 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 9 | 2:23.09 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 10 | 2:23.15 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 11 | 2:23.61 L | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 12 | 2:23.73 L | F | Aiden Green | 12 | INFA NMA | 13/07/2024 | 1st A League Gala 2024 |
| 13 | 2:23.82 L | P | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 14 | 2:24.35 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 15 | 2:25.58 L | P | Tristan van Rensburg | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 16 | 2:25.64 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 17 | 2:26.00 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 18 | 2:26.25 L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 |
| 19 | 2:26.41 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 20 | 2:27.37 L | F | Adolph Jv Rensburg | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 |
| 21 | 2:27.57 L S | F | Andre Strydom | 12 | BEST NMA | 17/01/2025 | 6th A League Gala 2025 |
| 22 | 2:27.84 L | F | Caleb Muller | 12 | VRC FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 23 | 2:27.95 L | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 24 | 2:28.00 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 25 | 2:30.00 L | F | Mickayle Boshoff | 12 | KNYA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 26 | 2:30.47 L | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 27 | 2:30.55 L | F | Matthew De Fleuriet | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 |
| 28 | 2:30.89 L | P | Riandu Basson | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 29 | 2:31.21 L | F | Martin Rabie | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 30 | 2:31.69 L | F | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 31 | 2:31.70 L | F | David Fernandes | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 32 | 2:31.80 L | P | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 33 | 2:32.21 L | F | Daylen Kyster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 34 | 2:32.66 L | F | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 35 | 2:32.96 L | F | Levi Bouwer | 12 | WELA LLD | 25/10/2024 | Neptunes Gala |
| 36 | 2:33.64 L | F | Anakin Henze | 12 | WSTV ETH | 25/01/2025 | uShaka Champs 2025 |
| 37 | 2:33.85 L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 38 | 2:33.88 L | F | Diego Carpinteiro | 12 | CA EKU | 15/11/2024 | Summer 4 Delville |
| 39 | 2:34.20 L | F | Damian Sher | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 40 | 2:34.66 L | F | Dominique Maronko | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 |
| 41 | 2:34.84 L | P | Kai Cloete | 12 | RFA FSH | 07/12/2024 | NWS Championships 2024 |
| 42 | 2:34.99 L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 43 | 2:35.19 L | F | Cayden Carson | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 44 | 2:35.33 L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 45 | 2:35.81 L | F | Seth Jacobs | 12 | MANT CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 46 | 2:35.85 L | P | Christiaan Stander | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 47 | 2:36.83 L | F | Zachary Botha | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 48 | 2:37.51 L | F | Ian Dreyer | 12 | TUKS FSH | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 49 | 2:37.60 L | F | Joshua Bekker | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 |
| 50 | 2:38.26 L | F | Luke Opper | 12 | PSC FSH | 13/12/2024 | NMBA Championships 2024 |
| 51 | 2:38.61 L | F | Jordan Heath | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 52 | 2:38.65 L | F | Vaughn van Niekerk | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 53 | 2:38.91 L S | P | Garrick Jahnel | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 54 | 2:38.94 L | P | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|---------|-------|------|----------------------|----|-----------|------------|--------------------------------------|
| 55 | 2:39.48 | L | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 56 | 2:39.71 | L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 |
| 57 | 2:40.54 | L | F | Theodore Opperman | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 58 | 2:40.68 | L S | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 59 | 2:40.74 | L | F | Caleb Duarte | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 60 | 2:41.18 | L | F | Mark Rosser | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 61 | 2:41.52 | L | F | Hannes Kahl | 12 | VRC TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 62 | 2:41.65 | L | F | Luca Kneubuhler | 12 | AA JHB | 20/11/2024 | Crusaders Night Gala 1 |
| 63 | 2:41.85 | L | F | Lance Gray | 12 | MDOL JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 64 | 2:42.01 | L | F | Tatenda Mujati | 12 | AA JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 65 | 2:42.17 | L | F | Mason Webb | 12 | DRGN EKU | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 66* | 2:42.62 | L | F | Kian Van Buren | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 66* | 2:42.62 | L | F | Louis Lategan | 12 | FAAC | 05/10/2024 | FLAMINGO GALA OCT 2024 |
| 68 | 2:42.72 | L | F | James Louw | 12 | VINE CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 69 | 2:42.76 | L | F | Matthew Plint | 12 | MAKO EKU | 15/11/2024 | Summer 4 Delville |
| 70 | 2:42.98 | L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 71 | 2:43.26 | L | F | Dylan Snyders | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 72 | 2:43.43 | L | F | Hein Van der Walt | 12 | DDA TSH | 01/02/2025 | EGA Last Chance Gala |
| 73 | 2:43.80 | L | F | Eli-Ray Mulder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 74 | 2:43.95 | L S | P | Ronin Houghton | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 75 | 2:44.56 | L | P | Akwande Yende | 12 | KLOO ETH | 02/07/2024 | Prestige Tournament 2024 |
| 76* | 2:44.76 | L S | P | Lizandro Nondumo | 12 | USHAK EKU | 05/12/2024 | EGA Summer Championships |
| 76* | 2:44.76 | L S | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 78 | 2:44.81 | L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 79 | 2:45.04 | L S | P | Leonidas Lazaridis | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 80 | 2:45.38 | L | F | James Bredenkamp | 12 | BS LLD | 01/02/2025 | Heidedal & Sentraal Galal |
| 81 | 2:45.54 | L | F | Jean-Luc du Plessis | 12 | TRAZ TSH | 13/09/2024 | NTS September Age Group 2024 |
| 82 | 2:45.75 | L | P | Connor Felton | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 83 | 2:45.96 | L | F | Rigter Van Wyngaard | 12 | TUKS TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 84 | 2:46.09 | L S | F | Connor Laufs | 12 | SAAW CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 85 | 2:46.10 | L | F | Cole Hawkins | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 86 | 2:46.13 | L | F | Amaru Lewis | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 87 | 2:46.46 | L | F | Brendan Swarts | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 88 | 2:46.61 | L | F | Cooper Goliath | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 |
| 89 | 2:46.64 | L | F | Mitchell Naude | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 90 | 2:46.72 | L | P | Brodie Roberts | 12 | ASA ILD | 02/07/2024 | Prestige Tournament 2024 |
| 91 | 2:47.17 | L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 92 | 2:47.21 | L | F | Khwakhanya Siziba | 12 | ESP EKU | 01/02/2025 | EGA Last Chance Gala |
| 93 | 2:47.22 | L | F | Franco Ostojic | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 94 | 2:47.25 | L | F | Evan Potgieter | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 95 | 2:47.40 | L | F | Adam Herrmann | 12 | SWIFT EKU | 01/02/2025 | EGA Last Chance Gala |
| 96 | 2:47.61 | L | F | Vidar Bendixen | 12 | SAAW CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 97 | 2:47.93 | L S | F | Max Dockerill | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 98 | 2:48.03 | L | F | Nathan McEwan | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 99 | 2:48.19 | L | F | Ruhan Buys | 12 | TUKS TSH | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 100 | 2:48.57 | L | P | Nikolay Kalvachev | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 101 | 2:48.78 | L | F | Hiram Robertson | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 102 | 2:49.25 | L S | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 103 | 2:49.49 | L S | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 104 | 2:49.54 | L | F | Reitumetse Ngomeza | 12 | BAS EKU | 18/01/2025 | EGA Summer 5 |
| 105 | 2:50.23 | L | F | Rhoderick Simpson | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 106 | 2:50.34 | L | F | Hendrik Basson | 12 | LAL CED | 09/11/2024 | Winelands SL4 |
| 107 | 2:50.55 | L | F | Thomas De Vos | 12 | TINC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 108 | 2:50.70 | L | P | Connor De Amorim | 12 | PER JHB | 29/11/2024 | CGA Championships 2024 |
| 109* | 2:51.00 | L | F | Iliia Papadopoulos | 12 | HDAQ MP | 29/11/2024 | Limpopo Champs 2024 |
| 109* | 2:51.00 | L | F | Michael Seymore | 12 | AWIN TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 111 | 2:51.11 | L | F | Liam Sharp | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 112 | 2:51.16 | L | F | Kayden Steyl | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala |
| 113 | 2:51.19 | L S | P | Lincoln Andrews | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 114 | 2:51.77 | L | P | Johannes Spangenberg | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|---------|-------|------|-----------------------|----|-----------|------------|--------------------------------------|
| 115 | 2:52.36 | L S | P | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 116 | 2:52.47 | L | P | Cole Coetser | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 117 | 2:52.58 | L | P | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 118 | 2:52.63 | L | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 |
| 119 | 2:52.96 | L | F | Hunter Harty | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 120* | 2:53.07 | L | F | Gert Geldenhuys | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 120* | 2:53.07 | L | F | Adriaan Du Toit | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 |
| 122 | 2:53.08 | L | F | Johannes Bester | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 123 | 2:53.27 | L S | F | Aidan King | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 124 | 2:53.60 | L | F | Kailan Aspden | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 125 | 2:53.74 | L | F | Christian Mushonga | 12 | RIVO JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 126 | 2:53.92 | L | F | Dawid Müller | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 127 | 2:54.22 | L | P | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 128 | 2:54.25 | L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 |
| 129 | 2:54.57 | L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 130 | 2:54.58 | L | P | Markus Steenkamp | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 131 | 2:54.63 | L | P | Logan Clark | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 132 | 2:54.89 | L | F | Adriaan Naude | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 133 | 2:55.00 | L | F | Richard Symms | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 134 | 2:55.08 | L | F | Gabriel Spinks | 12 | DRGN EKU | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 135 | 2:55.43 | L | P | Deante James | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 136 | 2:55.84 | L | F | Michael Marais | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 137 | 2:56.17 | L | P | Charl Wessels | 12 | BLSS MAN | 02/07/2024 | Prestige Tournament 2024 |
| 138 | 2:56.25 | L S | F | Christopher Newham | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 139 | 2:56.88 | L S | F | Adriaan van der Colff | 12 | GREY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 140 | 2:56.90 | L | F | Marthinus Le Roux | 12 | RBOT BPD | 23/11/2024 | NWS Age Group 3 + 4 2024 |
| 141 | 2:57.13 | L | P | Gabriel Cokayne | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 142 | 2:57.26 | L | F | Simon Snyman | 12 | STAR BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 143 | 2:57.63 | L | P | Lian Botha | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 144 | 2:58.19 | L | F | Errol Harmse | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 145 | 2:58.61 | L | F | Chase Anderson | 12 | BLMA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 146 | 2:58.82 | L S | F | Gabriel Witten | 12 | AQDO CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 147 | 2:59.01 | L | F | Daniel Glutz | 12 | SEAL UMD | 07/12/2024 | Stingrays Champs 2024 |
| 148 | 2:59.14 | L | P | Liam Muller | 12 | SWIM1 JHB | 29/11/2024 | CGA Championships 2024 |
| 149 | 2:59.43 | L | F | Michael Meyer | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 150 | 2:59.69 | L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 151 | 2:59.90 | L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 152 | 3:00.09 | L S | F | Ethan Wenn | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 153 | 3:00.78 | L | F | Sebastien Oberholzer | 12 | CSC FSH | 01/02/2025 | EGA Last Chance Gala |
| 154 | 3:00.91 | L | P | Noland Basson | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 155 | 3:01.05 | L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 156 | 3:01.21 | L S | F | Bo Vermaak | 12 | VINE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 157 | 3:01.25 | L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 158 | 3:01.27 | L | F | You-De Lee | 12 | PGAC EKU | 01/02/2025 | EGA Last Chance Gala |
| 159 | 3:01.32 | L | F | Zian Smith | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 160 | 3:01.35 | L | F | Damon Heide | 12 | H2O EKU | 18/01/2025 | EGA Summer 5 |
| 161 | 3:01.56 | L | F | Erigh Egen | 12 | BARR CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 162 | 3:01.85 | L | F | Joshua Lloyd | 12 | SWIFT EKU | 15/11/2024 | Summer 4 Delville |
| 163 | 3:02.05 | L | F | Logan Ehrenreich | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 164 | 3:02.18 | L | F | Luan Vd Schyff | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 165 | 3:02.32 | L | F | Nathan Coetzee | 12 | EXP FSH | 13/09/2024 | NTS September Age Group 2024 |
| 166 | 3:02.37 | L S | F | Matthew Liebenberg | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 167 | 3:02.52 | L | F | Hanroux Schellink | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 168 | 3:02.60 | L | F | Blake Mather | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 169 | 3:03.11 | L S | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 170 | 3:03.27 | L S | F | Tyrese Klink | 12 | CYBE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 171 | 3:03.29 | L | P | Thomas Close | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 |
| 172 | 3:03.39 | L | F | Juann Brits | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 173 | 3:03.44 | L | F | Callum Van Reenen | 12 | TRAZ FSH | 13/09/2024 | NTS September Age Group 2024 |
| 174 | 3:03.96 | L | F | Brody Titus | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|------|---------|-------|------|-------------------------|----|-----------|------------|---------------------|--------------------------------|
| 175 | 3:04.26 | L | F | Logan van der Nest | 12 | MAKO EKU | 01/02/2025 | EGA | Last Chance Gala |
| 176 | 3:04.31 | L | F | Matthew Schäffler | 12 | ROA EDD | 31/01/2025 | Infinity | Gala 2025 |
| 177 | 3:04.41 | L | F | Michael Clarke | 12 | SOUL EKU | 15/11/2024 | Summer 4 | Delville |
| 178 | 3:04.74 | L | F | Ethan Smeyatsky | 12 | ORCA EKU | 01/02/2025 | EGA | Last Chance Gala |
| 179 | 3:06.06 | L | F | Petrus Laubscher | 12 | JAQ EKU | 18/01/2025 | EGA | Summer 5 |
| 180 | 3:06.27 | L | P | Dakalo Nemalekanga | 12 | AAS JHB | 29/11/2024 | CGA | Championships 2024 |
| 181* | 3:06.37 | L | P | William Baard | 12 | OLDE JHB | 29/11/2024 | CGA | Championships 2024 |
| 181* | 3:06.37 | L | F | Bonga Mathebula | 12 | DOLFI MPD | 29/11/2024 | Limpopo | Champs 2024 |
| 183 | 3:06.43 | L S | P | Willem Strydom | 12 | H2O EKU | 05/12/2024 | EGA | Summer Championships |
| 184 | 3:06.49 | L S | P | Cruz Kyriakides | 12 | SOUL EKU | 05/12/2024 | EGA | Summer Championships |
| 185 | 3:06.84 | L | F | Kent Craft | 12 | ELEC TSH | 13/09/2024 | NTS | September Age Group 2024 |
| 186 | 3:06.93 | L | F | Rafael Durig | 12 | CRSC JHB | 20/11/2024 | Crusaders | Night Gala 1 |
| 187 | 3:07.05 | L | P | Zimangaliso Mbolekwa | 12 | SGUL ETH | 02/07/2024 | Prestige | Tournament 2024 |
| 188 | 3:07.61 | L | F | Izak Zwarts | 12 | TYGE CPT | 09/11/2024 | Winelands | SL4 |
| 189 | 3:07.86 | L | F | Moalosi Moalosi | 12 | PELIC MAN | 01/02/2025 | Heidedal & Sentraal | Galal |
| 190* | 3:08.20 | L | F | Izak Kotzé | 12 | BS LLD | 13/09/2024 | Pelicans | Age Group Gala |
| 190* | 3:08.20 | L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga | Championships 2024 |
| 192 | 3:08.46 | L | F | Marcus Dippenaar | 12 | ROA EDD | 17/10/2024 | 43rd Freda Barnard | Invitational Gala |
| 193 | 3:08.85 | L | F | Mikyle Mapanka | 12 | KALA | 19/10/2024 | NCASA AGE GROUP 1 | KATHU 2024 |
| 194 | 3:08.87 | L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland | Prestige Gala 2024 |
| 195 | 3:08.93 | L | F | Heinrich Vorster | 12 | MAKO EKU | 01/02/2025 | EGA | Last Chance Gala |
| 196 | 3:09.06 | L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State | Champs 2024 |
| 197 | 3:09.19 | L S | F | Daniel Vleggaar | 12 | TYGE CPT | 02/11/2024 | CTA A & B | CHAMPS 2024 |
| 198 | 3:09.56 | L | F | Omolemo Mogale-Mabusela | 12 | TUKS TSH | 13/09/2024 | NTS | September Age Group 2024 |
| 199 | 3:09.89 | L | F | Burhan Coetzee | 12 | VALS FDD | 15/11/2024 | Valsrivier | Gala 2024 |
| 200 | 3:09.99 | L | F | Nikolas Kotras | 12 | HPS TSH | 13/09/2024 | NTS | September Age Group 2024 |
| 201 | 3:10.40 | L | F | Sameul Grobler | 12 | KTS | 15/11/2024 | AGE GROUP 2 | KATHU 2024 |
| 202 | 3:10.99 | L | F | Ryan Walker | 12 | CRSC JHB | 20/11/2024 | Crusaders | Night Gala 1 |
| 203 | 3:11.07 | L | P | Lumnko Masiko | 12 | RRSC JHB | 29/11/2024 | CGA | Championships 2024 |
| 204 | 3:11.61 | L | F | Uthando Zungu | 12 | VIKI BUF | 15/06/2024 | PEA | Winter Gala 2024 |
| 205 | 3:12.32 | L S | P | Jandro Downey | 12 | MAKO EKU | 05/12/2024 | EGA | Summer Championships |
| 206 | 3:12.63 | L | F | Weirich Vorster | 12 | SS MPD | 12/10/2024 | Limpopo | Age Group 4 |
| 207 | 3:12.71 | L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA | Championships 2024 |
| 208 | 3:12.78 | L S | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 | EGA | Summer Championships |
| 209 | 3:13.35 | L | F | Sebastian Van Biljon | 12 | CSA EZD | 01/11/2024 | MP AGE GROUP 3 | 1-2 NOV 2024 |
| 210 | 3:14.28 | L | F | Alexander Van Niekerk | 12 | BLSS MAN | 31/08/2024 | Seals | Gala |
| 211 | 3:14.32 | L | F | Chayden Gopalan | 12 | AFIN JHB | 25/01/2025 | CGA | Summer Gala #4 Level 2+ 25 Jan |
| 212 | 3:14.68 | L | F | Tinenyasha Myotcha | 12 | FRA KCD | 25/01/2025 | uShaka | Champs 2025 |
| 213 | 3:14.79 | L | F | Jaden Mbhokota | 12 | CUHE OBD | 09/11/2024 | Swartland | Prestige Gala 2024 |
| 214 | 3:15.04 | L | F | Kenzo Kelly | 12 | MAKO EKU | 15/11/2024 | Summer 4 | Delville |
| 215 | 3:15.26 | L | F | Luan Botha | 12 | TASC MPD | 29/11/2024 | Limpopo | Champs 2024 |
| 216 | 3:15.40 | L | F | Rolan Goss | 12 | DOLFI MPD | 09/11/2024 | Limpopo | Age Group 5 |
| 217 | 3:15.68 | L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 | CGA | Championships 2024 |
| 218* | 3:15.98 | L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 | Swartland | Prestige Gala 2024 |
| 218* | 3:15.98 | L | F | Kushata Bitsang | 12 | NGU TSH | 13/09/2024 | NTS | September Age Group 2024 |
| 220 | 3:16.33 | L | P | Tinasha Mahachi | 12 | AAS JHB | 29/11/2024 | CGA | Championships 2024 |
| 221 | 3:16.42 | L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS | Championships 2024 |
| 222 | 3:17.48 | L | F | Jacobus De Bruyn | 12 | VREDE TMD | 15/11/2024 | Valsrivier | Gala 2024 |
| 223 | 3:18.25 | L S | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA | Summer Championships |
| 224 | 3:18.34 | L | F | Henro Beyers | 12 | CA EKU | 01/02/2025 | EGA | Last Chance Gala |
| 225 | 3:18.65 | L | F | Matthew Jjuko | 12 | MAHD NMD | 09/11/2024 | NWS | Age Group 1 & 2 2024 |
| 226 | 3:18.76 | L S | P | Jeandre Fourie | 12 | CSC TSH | 05/12/2024 | EGA | Summer Championships |
| 227 | 3:19.61 | L | F | Reyansh Putrevu | 12 | SASE JHB | 20/11/2024 | Crusaders | Night Gala 1 |
| 228 | 3:19.66 | L | F | Alexander Kock | 12 | MATL KKD | 23/11/2024 | NWS | Age Group 3 + 4 2024 |
| 229 | 3:20.22 | L | F | Kyran Goliath | 12 | PEAS NMA | 03/08/2024 | 2nd A League | Gala 2024 |
| 230 | 3:20.43 | L | P | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS | Championships 2024 |
| 231 | 3:20.45 | L | F | Vuuren Steenkamp | 12 | HARB BPD | 09/11/2024 | NWS | Age Group 1 & 2 2024 |
| 232 | 3:20.56 | L | F | Carlo Bothma | 12 | PAC TSH | 13/09/2024 | NTS | September Age Group 2024 |
| 233 | 3:20.59 | L S | P | Ruan Van Tonder | 12 | CA EKU | 05/12/2024 | EGA | Summer Championships |
| 234 | 3:21.17 | L | F | Taiming Li | 12 | TUKS TSH | 13/09/2024 | NTS | September Age Group 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|---------------------------|---------|-------|------|-------------------------|----|-----------|------------|--------------------------------------|
| 235 | 3:22.04 | L S | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships |
| 236 | 3:22.46 | L | F | Wian Koekemoer | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 237 | 3:23.02 | L | F | Ty Lombard | 12 | COMS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 238 | 3:24.28 | L | F | Shafiek Samsodien | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 239 | 3:24.33 | L | P | Akhile Mbhele | 12 | PSCP UMD | 02/07/2024 | Prestige Tournament 2024 |
| 240 | 3:24.89 | L | F | Liam Naude | 12 | CSC FSH | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 241 | 3:26.18 | L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 242 | 3:26.42 | L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 243 | 3:26.92 | L | F | Arnich Du Toit | 12 | ACAA CCD | 29/11/2024 | Limpopo Champs 2024 |
| 244 | 3:30.90 | L | F | Sivuyisiwe Adonisi | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 245 | 3:31.18 | L | F | Karlo Spies | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 |
| 246 | 3:32.32 | L | F | Carel Wolhuter | 12 | BLOT MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 247 | 3:33.65 | L | F | Yahin Marimuthu | 12 | AWSC JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 248 | 3:33.88 | L | P | Xabiso Mtotoba | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 249 | 3:34.41 | L | F | Presciusstone Raputsoa | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 250 | 3:36.42 | L | F | Cornelius Cockeran | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 251 | 3:42.85 | L | F | Ricku Sparkham | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 252 | 3:44.47 | L | F | Wian Vermeulen | 12 | BETH FDD | 27/09/2024 | Seals Gala 2 |
| 253 | 3:44.77 | L S | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 254 | 3:45.96 | L | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 255 | 3:46.40 | L | F | Jacobus Scheepers | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 256 | 3:48.21 | L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 257 | 3:48.81 | L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 258 | 3:50.31 | L | F | Barend Van Der Merwe | 12 | VALS FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 259 | 3:50.53 | L | F | Arno Voogt | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 260 | 3:52.56 | L | F | Grant Henley | 12 | ESTR EKU | 01/02/2025 | EGA Last Chance Gala |
| 261 | 3:53.67 | L | F | Devon Jansen van Vuuren | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 262 | 3:54.69 | L | F | Aiden Du Plessis | 12 | BULS MAN | 19/10/2024 | Pelicans Gala 2 |
| 263 | 3:59.45 | L | F | Morne Botha | 12 | FRA KCD | 07/12/2024 | Stingrays Champs 2024 |
| 264 | 4:13.53 | L | F | Rorisang Mogale | 12 | H2O EKU | 15/11/2024 | Summer 4 Delville |
| 265 | 4:15.22 | L | F | Willem Meyer | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 266 | 4:20.80 | L | F | Tumisho Koshane | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 267 | 4:21.55 | L | F | Connor Hartwig | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 268 | 4:21.59 | L | F | Vunene Shingange | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 |
| 269 | 4:46.49 | L | F | Petri Louw | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 270 | 4:54.63 | L | F | Percy Lawrence | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| Men 12-12 400 Free | | | | | | | | |
| 1 | 4:51.22 | L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 2 | 4:52.19 | L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 |
| 3 | 4:52.76 | L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 4 | 4:56.87 | L | F | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 5 | 4:59.06 | L | F | Aiden Green | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 6 | 4:59.48 | L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 7 | 4:59.82 | L | F | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 8 | 5:00.05 | L | F | Connor Smith | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 9 | 5:00.81 | L | F | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 10 | 5:03.02 | L | F | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 11 | 5:03.03 | L | F | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 12 | 5:03.30 | L | F | Mickayle Boshoff | 12 | KNYA EDD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 13 | 5:03.72 | L | F | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 14 | 5:04.47 | L | F | Troy Harding | FR | VASA EKU | 01/02/2025 | EGA Last Chance Gala |
| 15 | 5:04.89 | L | F | Noah Nice | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 16 | 5:05.05 | L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 17 | 5:06.49 | L | F | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 18 | 5:06.71 | L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 |
| 19 | 5:09.45 | L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 20 | 5:09.66 | L | F | Tristan van Rensburg | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 21 | 5:10.05 | L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 22 | 5:13.58 | L | F | Martin Rabie | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 23 | 5:15.67 | L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|---------|-------|------|-----------------------|----|-----------|------------|--------------------------------------|
| 24 | 5:16.04 | L | F | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 25 | 5:17.65 | L | F | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 26 | 5:17.90 | L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 |
| 27 | 5:18.42 | L | F | Adolph Jv Rensburg | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 28 | 5:18.73 | L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 29 | 5:19.97 | L | F | Rudolph Pansegrouw | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 30 | 5:21.29 | L | F | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 31 | 5:21.37 | L | F | Christiaan Stander | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 32 | 5:22.67 | L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 |
| 33 | 5:23.50 | L | F | Diego Carpinteiro | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 34 | 5:24.21 | L | F | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 35 | 5:24.23 | L | F | Anakin Henze | 12 | WSTV ETH | 25/01/2025 | uShaka Champs 2025 |
| 36 | 5:25.51 | L | F | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 37 | 5:25.72 | L | F | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 38 | 5:31.73 | L | F | Zachary Botha | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 39 | 5:32.42 | L | F | Daylen Kyster | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 40 | 5:35.81 | L | F | Cayden Carson | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 41 | 5:36.53 | L | F | Vaughn van Niekerk | 12 | MSC NGD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 |
| 42 | 5:37.62 | L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 43 | 5:37.78 | L | F | Theodore Opperman | 12 | KTS | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 44 | 5:39.11 | L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 45 | 5:41.03 | L | F | Leonidas Lazaridis | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 46 | 5:42.16 | L | F | Jordan Heath | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 47 | 5:42.26 | L | F | Dominique Maronko | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 |
| 48 | 5:43.02 | L | F | Mark Rosser | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 49 | 5:43.66 | L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 50 | 5:43.87 | L | F | Seth Jacobs | 12 | MANT CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 51 | 5:45.03 | L | F | Kai Cloete | 12 | RFA FSH | 01/02/2025 | EGA Last Chance Gala |
| 52 | 5:46.08 | L | F | Garrick Jahnel | 12 | SOUL EKU | 26/10/2024 | Summer 3 Delville |
| 53 | 5:46.86 | L S | F | Jack Fouche | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 54 | 5:49.69 | L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 55 | 5:50.25 | L S | F | Christopher Shipton | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 56 | 5:51.20 | L | F | Eli-Ray Milder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 57 | 5:52.30 | L | F | Cooper Goliath | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 |
| 58 | 5:53.09 | L | F | Evan Potgieter | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 59 | 5:53.23 | L | F | Cole Coetser | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 60 | 5:53.80 | L | F | Jean-Luc du Plessis | 12 | TRAZ FSH | 13/09/2024 | NTS September Age Group 2024 |
| 61 | 5:53.93 | L | F | Mason Webb | 12 | DRGN EKU | 29/11/2024 | CGA Championships 2024 |
| 62 | 5:54.43 | L | F | Dylan Snyders | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 63 | 5:54.54 | L | F | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 64 | 5:55.09 | L | F | Brendan Swarts | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 65 | 5:55.13 | L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 66 | 5:55.28 | L | F | Lizandro Nondumo | 12 | USHAK EKU | 05/12/2024 | EGA Summer Championships |
| 67 | 5:56.54 | L | F | Michael Seymore | 12 | AWIN FSH | 13/09/2024 | NTS September Age Group 2024 |
| 68 | 5:58.37 | L | F | Dawid Müller | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 69 | 5:59.21 | L | F | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 70 | 5:59.23 | L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 71 | 5:59.32 | L | F | Amaru Lewis | 12 | PAQU CED | 09/11/2024 | Winelands SL4 |
| 72 | 6:00.36 | L | F | Rhoderick Simpson | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 73 | 6:00.70 | L | F | Jacques Coetzer | 12 | BLOT MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 74 | 6:00.85 | L | F | Luke Opper | 12 | PSC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 75 | 6:01.07 | L | F | Ilia Papadopoulos | 12 | SCR MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 76 | 6:02.49 | L | F | Franco Ostojic | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 77* | 6:03.06 | L | F | Deante James | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 77* | 6:03.06 | L | F | Troy Liebenberg | 12 | JAQ EKU | 26/10/2024 | Summer 3 Delville |
| 79 | 6:05.06 | L | F | Kayden Steyl | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala |
| 80 | 6:08.94 | L | F | Cayleb Sutherland | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 81 | 6:10.06 | L | F | Kailan Aspden | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 82 | 6:10.87 | L S | F | Adriaan van der Colff | 12 | GREY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 83 | 6:11.30 | L | F | Christopher Newham | 12 | TYGE CPT | 09/11/2024 | Winelands SL4 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|---------------------------|--------------|-------|------------------------|--------|-----------|------------|--------------------------------------|
| 84 | 6:11.87 L | F | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 85 | 6:11.90 L | F | James Bredenkamp | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 86 | 6:11.94 L | F | Rigter Van Wyngaard | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 87 | 6:13.41 L | F | Connor Laufs | 12 | SAAW CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 88 | 6:14.80 L | F | Errol Harmse | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 89 | 6:15.04 L | F | Hiram Robertson | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 90 | 6:18.40 L | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 91 | 6:18.50 L | F | Cole Hawkins | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 92 | 6:20.65 L | F | Johannes Spangenberg | 12 | XCEL CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 93 | 6:25.35 L | F | Chase Anderson | 12 | BLMA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 94 | 6:31.51 L | F | Gabriel Witten | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 95 | 6:32.07 L | F | Khwakhanya Siziba | 12 | ESP EKU | 05/12/2024 | EGA Summer Championships |
| 96 | 6:34.37 L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 97 | 6:35.52 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 98 | 6:40.28 L | F | Izak Kotzé | 12 | BS LLD | 25/10/2024 | Neptunes Gala |
| 99 | 6:40.46 L | F | Juann Brits | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 100 | 6:40.93 L | F | Henro Beyers | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 101 | 6:41.55 L | F | Logan Ehrenreich | 12 | PAQU CED | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 102 | 6:44.85 L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 |
| 103 | 6:49.14 L | F | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 104 | 6:49.62 L | F | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 105 | 6:50.66 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 106 | 6:52.19 L | F | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 107 | 6:53.70 L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 108 | 6:56.08 L | F | Riko Odendaal | 12 | BARR CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 109 | 6:57.96 L | F | Marcus Dippenaar | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 110 | 6:59.80 L | F | Rolan Goss | 12 | LSPHA MP | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 111 | 7:03.45 L | F | Bonga Mathebula | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 |
| 112 | 7:07.51 L | F | Daniel Schoeman | 12 | BS LLD | 01/02/2025 | Heidedal & Sentraal Galal |
| 113 | 7:10.08 L | F | Xabiso Mtotoba | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 114 | 7:11.53 L | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 115 | 7:21.81 L | F | Matthew Jjuko | 12 | MAHD NMD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 116 | 7:25.45 L | F | Sebastian Van Biljon | 12 | CSA EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 117 | 7:48.60 L | F | Presciusstone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 |
| Men 12-12 500 Free | | | | | | | |
| 1 | 6:00.70 L | O | Gabriel Witten | 12 | AQDO CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 2 | 7:21.60 L | O | Eli Pontac | 12 | TYGE CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 3 | 13:02.78 L | O | Percy Lawrence | 12 | ANAX CPT | 18/01/2025 | WC OWS Champs / Aqua Azzurra |
| Men 12-12 800 Free | | | | | | | |
| 1 | 10:08.18 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 2 | 10:18.21 L | F | Kyle Hahn | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 3 | 10:19.18 L S | F | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 4 | 10:25.40 L | F | Shah Kannemeyer | 12 | BEST NMA | 16/11/2024 | 5th A League Gala 2024 |
| 5 | 10:27.66 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 6 | 10:28.79 L S | F | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 7 | 10:30.64 L | F | Michael Bright | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 8 | 10:34.42 L | F | Aiden Green | 12 | INFA NMA | 14/09/2024 | 3rd A League Gala 2024 |
| 9 | 10:35.38 L | F | Noah Nice | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 10 | 10:36.70 L | F | Connor Smith | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 11 | 10:42.61 L | F | Pieter Van Deventer | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 12 | 10:48.25 L | F | Tristan van Rensburg | 12 | CASC CPT | 09/11/2024 | Winelands SL4 |
| 13 | 10:53.74 L S | F | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 14 | 10:56.00 L | F | Andre Strydom | 12 | BEST NMA | 13/07/2024 | 1st A League Gala 2024 |
| 15 | 11:09.43 L | F | David Fernandes | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 16 | 11:30.26 L | F | Vaughn van Niekerk | 12 | MSC NGD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 17 | 11:45.31 L | F | Garrick Jahnel | 12 | SOUL EKU | 26/10/2024 | Summer 3 Delville |
| 18 | 11:53.54 L | F | Damian Le Breton | 12 | BULS MAN | 31/08/2024 | Seals Gala |
| 19 | 11:59.56 L | F | Gavin Burstein | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 20 | 12:05.84 L | F | Tylan Daniels | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----------------------------|--------------|-------|----------------------|--------|----------|------------|--------------------------------------|
| 21 | 12:09.41 L | F | Cooper Goliath | 12 | USC BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 22 | 12:24.88 L | F | Frano Ostoja | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 23 | 12:26.40 L | F | Connor Plint | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 24 | 12:35.81 L | F | Matthew Plint | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 25 | 13:11.77 L | F | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 26 | 13:18.94 L | F | Iliia Papadopoulos | 12 | HDAQ MP | 12/10/2024 | Limpopo Age Group 4 |
| 27 | 13:36.13 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 28 | 13:47.62 L | F | Eriqh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 29 | 13:49.32 L | F | Jandro Downey | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 30 | 14:02.42 L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 31 | 15:17.64 L | F | Matthew Jjuko | 12 | MAHD NMD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| Men 12-12 1500 Free | | | | | | | |
| 1 | 19:45.26 L | F | Kyle Hahn | 12 | FISH EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 2 | 19:48.46 L | F | Aiden Green | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 3 | 20:00.36 L | F | Connor Smith | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 4 | 21:17.00 L | O | Shah Kannemeyer | 12 | BEST NMA | 08/12/2024 | EC Swim Series OWS Round 2 2024 |
| 5 | 22:37.00 L | O | Andre Strydom | 12 | BEST NMA | 08/12/2024 | EC Swim Series OWS Round 2 2024 |
| 6 | 23:41.90 L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 15/11/2024 | Summer 4 Delville |
| 7 | 24:51.56 L | O | Tylan Daniels | 12 | AQDO CPT | 18/01/2025 | WC OWS Champs / Aqua Azzurra |
| 8 | 25:43.81 L | O | Connor Laufs | 12 | SAAW CPT | 18/01/2025 | WC OWS Champs / Aqua Azzurra |
| 9 | 25:49.32 L | F | Kaelo Mamabolo | 12 | HARB BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 10 | 27:49.92 L | O | Bo Vermaak | 12 | VINE CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 11 | 27:52.57 L | O | Chase Anderson | 12 | BLMA CPT | 18/01/2025 | WC OWS Champs / Aqua Azzurra |
| 12 | 29:08.21 L | O | Max Dockerill | 12 | TYGE CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 13 | 29:21.99 L | O | Mikael Lubbe | 12 | ASAC CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 14 | 30:41.57 L | O | Ethan Wenn | 12 | ASAC CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 15 | 31:40.00 L | O | Deante James | 12 | CRSC JHB | 20/10/2024 | Manyaka OW Sprint 2024 |
| 16 | 35:01.57 L | O | Lukas Moodie | 12 | BLMA CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| Men 12-12 3000 Free | | | | | | | |
| 1 | 48.57 L | F | Peter Koegelenberg | 12 | BLUO UGD | 24/11/2024 | Capital K 3km Open Water Swim |
| 2 | 49.02 L | F | Anakin Henze | 12 | WSTV ETH | 24/11/2024 | Capital K 3km Open Water Swim |
| 3 | 43:29.00 L | O | Shah Kannemeyer | 12 | BEST NMA | 08/12/2024 | EC Swim Series OWS Round 2 2024 |
| 4 | 43:45.00 L | O | Aiden Green | 12 | INFA NMA | 19/01/2025 | NMBA OWS Championships 2025 |
| 5 | 43:55.00 L | O | Andre Strydom | 12 | BEST NMA | 19/01/2025 | NMBA OWS Championships 2025 |
| 6 | 47:22.91 L | O | Vidar Bendixen | 12 | SAAW CPT | 23/11/2024 | Aqua Azzurra Foundation OWS - Series |
| 7 | 1:01:26.21 L | O | Oscar Van Vuuren | 12 | ANAX CPT | 18/01/2025 | WC OWS Champs / Aqua Azzurra |
| Men 12-12 50 Back | | | | | | | |
| 1 | 33.10 L | F | Martin Rabie | 12 | TUKS TSH | 13/12/2024 | NMBA Championships 2024 |
| 2 | 33.22 L | F | Kyle Hahn | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 3 | 33.72 L | F | Luca Bam | 12 | VRC TSH | 29/11/2024 | CGA Championships 2024 |
| 4 | 33.96 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 5 | 34.56 L | F | Aiden Green | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 6 | 34.92 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 7 | 35.01 L | P | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 8 | 35.04 L | F | Shah Kannemeyer | 12 | BEST NMA | 13/12/2024 | NMBA Championships 2024 |
| 9 | 35.07 L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 10 | 35.22 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 11 | 35.39 L | P | Damien de Wit | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 12 | 35.48 L | F | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 13 | 35.54 L | F | Earle Vd Watt | 12 | GREY CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 14 | 35.80 L | F | Andre Strydom | 12 | NMBA NM | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 15 | 35.86 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 16 | 35.89 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 17 | 35.99 L | P | Eli-Ray Mülder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 18 | 36.04 L | F | Theodorus Barnard | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 19* | 36.22 L | F | Zachary Botha | 12 | TUKS TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 19* | 36.22 L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 21 | 36.26 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 22 | 36.27 L | F | Luca Kneubuhler | 12 | AA JHB | 01/02/2025 | EGA Last Chance Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|-------|-------|------|-----------------------------|----|------|-----|---|
| 23 | 36.28 | L | P | Cayleb Sutherland | 12 | CA | EKU | 05/12/2024 EGA Summer Championships |
| 24 | 36.30 | L | F | Yu Yuan Yang | 12 | WATR | JHB | 31/01/2025 Infinity Gala 2025 |
| 25 | 36.32 | L | F | Tristan van Rensburg | 12 | CASC | GPT | 09/11/2024 Winelands SL4 |
| 26 | 36.48 | L | F | Jordan Heath | 12 | INFA | NMA | 31/01/2025 Infinity Gala 2025 |
| 27 | 36.62 | L | P | Ewan Bosch | 12 | TYGE | CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 28 | 36.73 | L | F | Daniel Schaefer | 12 | PLAY | GED | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 29 | 36.78 | L | F | Joshua Bekker | 12 | SS | MPD | 29/11/2024 Limpopo Champs 2024 |
| 30 | 36.93 | L | F | Kian Van Buren | 12 | RIVO | JHB | 29/11/2024 CGA Championships 2024 |
| 31 | 37.01 | L S | F | Seth Jacobs | 12 | MANT | GPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 32 | 37.03 | L | P | Cole Hawkins | 12 | MAKO | EKU | 05/12/2024 EGA Summer Championships |
| 33 | 37.08 | L | F | Luke Opper | 12 | PSC | TSH | 13/12/2024 NMBA Championships 2024 |
| 34 | 37.10 | L | F | Hayden Irving | 12 | RSA | | 04/10/2024 Curro AquaElite Gala |
| 35 | 37.19 | L S | F | Riandu Basson | 12 | RBOT | BPD | 07/12/2024 NWS Championships 2024 |
| 36 | 37.23 | L | F | Anakin Henze | 12 | WSTV | ETH | 25/01/2025 uShaka Champs 2025 |
| 37 | 37.26 | L | F | Adolph Jv Rensburg | 12 | TUKS | TSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 38 | 37.28 | L | F | Kian Snyman | 12 | SGUL | ETH | 13/12/2024 NMBA Championships 2024 |
| 39 | 37.50 | L | F | Quade Heitmuller | 12 | TRAZ | TSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 40 | 37.67 | L | F | Nicolas Coolen | 12 | STAQ | GED | 09/11/2024 Winelands SL4 |
| 41 | 37.72 | L | P | Benjamin Burger | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 42* | 37.79 | L S | F | Christopher Shipton | 12 | QUIC | GPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 42* | 37.79 | L | F | James Louw | 12 | VINE | GPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 44 | 37.81 | L | F | Brody Schemel | 12 | HARL | BUF | 22/11/2024 BCA Long Course Championships 2024 |
| 45 | 37.82 | L | F | Benjamin Uys | 12 | OHAN | ILD | 25/01/2025 uShaka Champs 2025 |
| 46 | 38.03 | L | F | Cayden Carson | 12 | FSA | FS | 25/01/2025 4+1 INTERPROVINCIAL GALA 2025 |
| 47 | 38.05 | L | P | Amaru Lewis | 12 | PAQU | GED | 05/12/2024 Western Cape LC-A Championship 2024 |
| 48 | 38.26 | L | F | Hunter Harty | 12 | UNI | EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 49 | 38.30 | L | F | Andrew Bruyns | 12 | CSA | EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 50 | 38.36 | L | F | Evan Potgieter | 12 | TKS | WBD | 12/10/2024 Limpopo Age Group 4 |
| 51 | 38.46 | L | P | Troy Harding | FR | VASA | EKU | 05/12/2024 EGA Summer Championships |
| 52 | 38.47 | L | F | Cole Snyders | 12 | LINR | JHB | 29/11/2024 CGA Championships 2024 |
| 53 | 38.50 | L S | F | Aidan King | 12 | CASC | GPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 54 | 38.71 | L | F | Levi Bouwer | 12 | WELA | LLD | 04/12/2024 Free State Champs 2024 |
| 55* | 38.79 | L S | F | Marthinus Le Roux | 12 | RBOT | BPD | 07/12/2024 NWS Championships 2024 |
| 55* | 38.79 | L | P | Eckhardt Van der Westhuizen | 12 | CRSC | JHB | 29/11/2024 CGA Championships 2024 |
| 57 | 38.80 | L | F | Daniel Glutz | 12 | SEAL | UMD | 25/01/2025 uShaka Champs 2025 |
| 58 | 38.81 | L | P | Connor Plint | 12 | MAKO | EKU | 05/12/2024 EGA Summer Championships |
| 59 | 38.82 | L | F | Theodore Opperman | 12 | KTS | | 19/10/2024 NCASA AGE GROUP 1 KATHU 2024 |
| 60 | 38.85 | L | F | Max Dockerill | 12 | TYGE | CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 61 | 38.87 | L | F | Damian Sher | 12 | WATR | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 62* | 38.89 | L | P | Diego Carpinteiro | 12 | CA | EKU | 05/12/2024 EGA Summer Championships |
| 62* | 38.89 | L | F | David Macaskill | 12 | ELEC | TSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 64 | 39.12 | L | F | Charl Wessels | 12 | BLSS | MAN | 25/10/2024 Neptunes Gala |
| 65 | 39.17 | L | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 Free State Champs 2024 |
| 66* | 39.20 | L | F | David Fernandes | 12 | CA | EKU | 26/10/2024 Summer 3 Delville |
| 66* | 39.20 | L | P | Cole Coetser | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 68 | 39.34 | L | P | Troy Liebenberg | 12 | JAQ | EKU | 05/12/2024 EGA Summer Championships |
| 69 | 39.35 | L | F | Shaun Teich | 12 | LSKP | WB | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 70 | 39.44 | L S | F | Izak Zwarts | 12 | TYGE | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 71 | 39.53 | L | F | Wanru Haasbroek | 12 | EDA | ED | 11/01/2025 EDEN INTER DISTRICT PRESTIGE |
| 72 | 39.56 | L | F | Lance Gray | 12 | MDOL | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 73 | 39.60 | L | P | Hanco van Zyl | 12 | BS | LLD | 04/12/2024 Free State Champs 2024 |
| 74 | 39.63 | L | F | Trent Emmanuel | 12 | SGUL | ETH | 13/12/2024 NMBA Championships 2024 |
| 75 | 39.78 | L | F | Blake Mather | 12 | INFA | NMA | 31/01/2025 Infinity Gala 2025 |
| 76* | 39.81 | L S | F | Kai Cloete | 12 | RFA | TSH | 07/12/2024 NWS Championships 2024 |
| 76* | 39.81 | L | F | Connor Smith | 12 | CA | EKU | 01/02/2025 EGA Last Chance Gala |
| 78 | 39.86 | L | P | Johannes Spangenberg | 12 | XCEL | GPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 79 | 39.90 | L | P | Connor Felton | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 80 | 39.92 | L | F | Zuriel Pakkiri | 12 | BLUO | UGD | 25/01/2025 uShaka Champs 2025 |
| 81 | 40.06 | L | P | Dryden Knoetze | 12 | JAQ | EKU | 05/12/2024 EGA Summer Championships |
| 82 | 40.07 | L | P | Reitumetse Ngomezwa | 12 | BAS | EKU | 05/12/2024 EGA Summer Championships |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-------|-------|------|-------------------------|----|-------|-----|---|
| 83 | 40.09 | L | F | Kian Van Der Kooij | 12 | DORE | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 84 | 40.13 | L | F | Iliia Papadopoulos | 12 | SCR | MPD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 85 | 40.21 | L | F | Louis Lategan | 12 | FAAC | | 19/10/2024 NCASA AGE GROUP 1 KBY 2024 |
| 86 | 40.23 | L | F | Ian Dreyer | 12 | TUKS | FSH | 13/09/2024 NTS September Age Group 2024 |
| 87 | 40.26 | L | F | Mark Rosser | 12 | INFA | NMA | 31/01/2025 Infinity Gala 2025 |
| 88 | 40.38 | L | P | Thomas Close | 12 | DORE | JHB | 29/11/2024 CGA Championships 2024 |
| 89 | 40.45 | L | P | Brody Titus | 12 | PAQU | GED | 05/12/2024 Western Cape LC-A Championship 2024 |
| 90 | 40.57 | L S | F | Riko Odendaal | 12 | BARR | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 91 | 40.58 | L | P | Daylen Kyster | 12 | MAKO | EKU | 05/12/2024 EGA Summer Championships |
| 92* | 40.60 | L S | F | Mikael Lubbe | 12 | ASAC | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 92* | 40.60 | L | F | Dominique Maronko | 12 | AZON | ETH | 25/01/2025 uShaka Champs 2025 |
| 94 | 40.61 | L | P | Zimangaliso Mbolekwa | 12 | SGUL | ETH | 02/07/2024 Prestige Tournament 2024 |
| 95 | 40.65 | L | P | James Bredenkamp | 12 | BS | LLD | 04/12/2024 Free State Champs 2024 |
| 96 | 40.66 | L | P | Michael Clarke | 12 | SOUL | EKU | 05/12/2024 EGA Summer Championships |
| 97 | 40.70 | L | P | Gabriel Cokayne | 12 | CRSC | JHB | 29/11/2024 CGA Championships 2024 |
| 98 | 40.72 | L | P | Kayden Steyl | 12 | BLSS | MAN | 02/07/2024 Prestige Tournament 2024 |
| 99* | 40.83 | L | P | Markus Steenkamp | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 99* | 40.83 | L | P | Damon Heide | 12 | H2O | EKU | 05/12/2024 EGA Summer Championships |
| 101 | 40.86 | L | P | Matthew Plint | 12 | MAKO | EKU | 05/12/2024 EGA Summer Championships |
| 102 | 40.94 | L | P | Khwakhanya Siziba | 12 | ESP | EKU | 05/12/2024 EGA Summer Championships |
| 103 | 41.09 | L | F | Gavin Burstein | 12 | TUKS | FSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 104 | 41.12 | L | P | Kailan Aspden | 12 | CA | EKU | 05/12/2024 EGA Summer Championships |
| 105 | 41.14 | L | P | Nikolay Kalvachev | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 106 | 41.15 | L | F | Mikyle Mapanka | 12 | KALA | | 19/10/2024 NCASA AGE GROUP 1 KATHU 2024 |
| 107 | 41.18 | L | F | Adriaan Naude | 12 | AGAQ | QBD | 09/11/2024 Swartland Prestige Gala 2024 |
| 108 | 41.19 | L | P | Sebastian Oberholzer | 12 | CSC | FSH | 05/12/2024 EGA Summer Championships |
| 109 | 41.27 | L | F | Brodie Roberts | 12 | ASA | ILD | 14/06/2024 AQZ Winter Warmer 2024 |
| 110 | 41.31 | L | F | Weirich Vorster | 12 | LSTZN | CCD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 111 | 41.37 | L | F | Michael Marais | 12 | LSJM | SKD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 112 | 41.50 | L | F | Chase Anderson | 12 | BLMA | CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 113 | 41.55 | L | F | Jordan Wiesner | 12 | WSS | LLD | 15/11/2024 Valsrivier Gala 2024 |
| 114 | 41.56 | L | F | Riaan Lategan | 12 | SWAR | WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 115 | 41.58 | L | F | Nathan McEwan | 12 | AA | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 116* | 41.61 | L | F | Jude Theunissen | 12 | BEST | NMA | 31/01/2025 Infinity Gala 2025 |
| 116* | 41.61 | L | F | Ruhan Buys | 12 | TUKS | FSH | 13/09/2024 NTS September Age Group 2024 |
| 118 | 41.67 | L | P | Kyle Dukoff - Gordon | 12 | CA | EKU | 05/12/2024 EGA Summer Championships |
| 119 | 41.77 | L | F | Ethan Smeyatsky | 12 | ORCA | EKU | 26/10/2024 Summer 3 Delville |
| 120 | 41.80 | L | F | Kaelo Mamabolo | 12 | HARB | BPD | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 121 | 41.84 | L | F | Connor Laufs | 12 | SAAW | CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 122 | 41.96 | L | P | Adam Herrmann | 12 | SWIFT | EKU | 05/12/2024 EGA Summer Championships |
| 123* | 42.02 | L | F | Rhoderick Simpson | 12 | ROA | EDD | 02/11/2024 EDEN 2nd A-League Gala 2024 Schools |
| 123* | 42.02 | L | P | Mason Webb | 12 | DRGN | EKU | 29/11/2024 CGA Championships 2024 |
| 125 | 42.09 | L | F | Brendan Swarts | 12 | CA | EKU | 26/10/2024 Summer 3 Delville |
| 126 | 42.12 | L | F | Kyran Goliath | 12 | PEAS | NMA | 31/01/2025 Infinity Gala 2025 |
| 127 | 42.20 | L | P | Logan Clark | 12 | WATR | JHB | 29/11/2024 CGA Championships 2024 |
| 128 | 42.30 | L | F | Sebastian Botha | 12 | TKS | WBD | 29/11/2024 Limpopo Champs 2024 |
| 129 | 42.31 | L | P | You-De Lee | 12 | PGAC | EKU | 05/12/2024 EGA Summer Championships |
| 130* | 42.33 | L | P | Cruz Kyriakides | 12 | SOUL | EKU | 05/12/2024 EGA Summer Championships |
| 130* | 42.33 | L | F | Ewaldt Hamman | 12 | AZON | ETH | 25/01/2025 uShaka Champs 2025 |
| 132 | 42.52 | L | P | Dakalo Nematikanga | 12 | AAS | JHB | 29/11/2024 CGA Championships 2024 |
| 133 | 42.63 | L | P | Jeandre Fourie | 12 | CSC | FSH | 05/12/2024 EGA Summer Championships |
| 134* | 42.69 | L | F | Lincoln Andrews | 12 | CA | EKU | 01/02/2025 EGA Last Chance Gala |
| 134* | 42.69 | L | P | Izak Kotzé | 12 | BS | LLD | 04/12/2024 Free State Champs 2024 |
| 136 | 42.70 | L | F | Rigter Van Wyngaard | 12 | TUKS | FSH | 11/10/2024 NTS Level 1+2 October Age Group 2024 |
| 137 | 42.72 | L | F | Omolemo Mogale-Mabusela | 12 | TUKS | FSH | 13/09/2024 NTS September Age Group 2024 |
| 138 | 42.73 | L S | F | Christiaan Liebenberg | 12 | POTC | KKD | 07/12/2024 NWS Championships 2024 |
| 139 | 42.74 | L | P | Adriaan Du Toit | 12 | WSS | LLD | 04/12/2024 Free State Champs 2024 |
| 140 | 42.75 | L | F | Willem Pienaar | 12 | STSC | KCD | 26/10/2024 Froggies Aquatics Championships 2024 |
| 141 | 42.88 | L | F | Samuel Marais | 12 | ELRAS | WBD | 29/11/2024 Limpopo Champs 2024 |
| 142 | 42.89 | L | F | Cooper Goliath | 12 | USC | BUF | 13/12/2024 NMBA Championships 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-------|-------|------|--------------------------|----|-----------|---|
| 143 | 42.97 | L | F | Luan Vd Schyff | 12 | LSBOS WB | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 144* | 43.00 | L | P | Leonidas Lazaridis | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 144* | 43.00 | L S | F | Hanroux Schellink | 12 | BEST NMA | 17/01/2025 6th A League Gala 2025 |
| 146 | 43.19 | L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 NMBA Championships 2024 |
| 147 | 43.26 | L | F | Bonga Mathebula | 12 | LSPN MP | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 148 | 43.33 | L | F | Liam Naude | 12 | CSC FSH | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 149 | 43.35 | L | F | Christian Mushonga | 12 | RIVO JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 150* | 43.36 | L S | F | Presciuousstone Raputsoa | 12 | HREF BPD | 07/12/2024 NWS Championships 2024 |
| 150* | 43.36 | L | F | Ulrich Goosen | 12 | LSTZN CCD | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 152 | 43.39 | L | P | Liam Muller | 12 | SWIM1 JHB | 29/11/2024 CGA Championships 2024 |
| 153 | 43.41 | L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 CGA Championships 2024 |
| 154* | 43.54 | L | P | Lian Botha | 12 | BS LLD | 04/12/2024 Free State Champs 2024 |
| 154* | 43.54 | L | F | Joshua Kapp | 12 | MAKO EKU | 26/10/2024 Summer 3 Delville |
| 156 | 43.57 | L | F | Benaiah Verster | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 157 | 43.70 | L | F | Martunis Lubbe | 12 | LSKP WB | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 158 | 43.75 | L | F | Noland Basson | 12 | BLSS MAN | 04/12/2024 Free State Champs 2024 |
| 159 | 43.80 | L | F | Logan Ehrenreich | 12 | PAQU CED | 09/11/2024 Winelands SL4 |
| 160 | 43.81 | L | F | Neil Oosthuizen | 12 | LSPHA MP | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 161 | 43.86 | L | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 Free State Champs 2024 |
| 162 | 43.88 | L | F | Ryan Walker | 12 | CRSC JHB | 20/11/2024 Crusaders Night Gala 1 |
| 163 | 43.95 | L | F | Ethan Wenn | 12 | ASAC CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 164 | 44.06 | L | F | Dylan Snyders | 12 | TGA WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 165 | 44.14 | L | F | Joshua Lloyd | 12 | SWIFT EKU | 12/10/2024 EGA Summer 2 |
| 166 | 44.20 | L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 167 | 44.22 | L | F | Lizandro Nondumo | 12 | USHAK EKU | 26/10/2024 Summer 3 Delville |
| 168 | 44.30 | L | F | Willem Strydom | 12 | H2O EKU | 12/10/2024 EGA Summer 2 |
| 169 | 44.33 | L | F | Simon Snyman | 12 | STAR BPD | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 170 | 44.41 | L | P | William Baard | 12 | OLDE JHB | 29/11/2024 CGA Championships 2024 |
| 171 | 44.42 | L | F | Chayden Gopalan | 12 | AFIN JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 172 | 44.44 | L | F | Eduan Naude | 12 | CSC FSH | 13/09/2024 NTS September Age Group 2024 |
| 173 | 44.47 | L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 Swartland Prestige Gala 2024 |
| 174 | 44.74 | L | P | Lumnko Masiko | 12 | RRSC JHB | 29/11/2024 CGA Championships 2024 |
| 175 | 44.77 | L | F | Rafael Durig | 12 | CRSC JHB | 20/11/2024 Crusaders Night Gala 1 |
| 176 | 44.80 | L | P | Jandro Downey | 12 | MAKO EKU | 05/12/2024 EGA Summer Championships |
| 177 | 44.89 | L | F | Tinenyasha Myotcha | 12 | FRA KCD | 26/10/2024 Froggies Aquatics Championships 2024 |
| 178 | 44.91 | L S | F | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 NWS Championships 2024 |
| 179 | 44.96 | L | F | Errol Harmse | 12 | TUKS FSH | 13/09/2024 NTS September Age Group 2024 |
| 180 | 45.00 | L | F | Marcus Dippenaar | 12 | ROA EDD | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 181 | 45.02 | L | F | Tylan Daniels | 12 | AQDO CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 182 | 45.12 | L | F | Christopher Newham | 12 | TYGE CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 183 | 45.14 | L | F | Uthando Zungu | 12 | BCA BUF | 11/01/2025 EDEN INTER DISTRICT PRESTIGE |
| 184 | 45.16 | L | F | Matthew Liebenberg | 12 | TYGE CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 185 | 45.20 | L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 186 | 45.24 | L | F | Mitchell Naude | 12 | TUKS FSH | 13/09/2024 NTS September Age Group 2024 |
| 187 | 45.26 | L | F | Chris Van Wyk | 12 | BLNE MAN | 01/02/2025 Heidedal & Sentraal Galal |
| 188 | 45.33 | L | F | Kushata Bitsang | 12 | NGU FSH | 11/10/2024 NTS Level 1+2 October Age Group 2024 |
| 189 | 45.39 | L | F | Nathan Coetzee | 12 | EXP FSH | 13/09/2024 NTS September Age Group 2024 |
| 190 | 45.41 | L S | F | Eriqh Egen | 12 | BARR CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 191 | 45.48 | L S | F | Enrique Mills | 12 | HARB BPD | 07/12/2024 NWS Championships 2024 |
| 192 | 45.49 | L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 CGA Championships 2024 |
| 193 | 45.51 | L | F | Luan Botha | 12 | TASC MPD | 29/11/2024 Limpopo Champs 2024 |
| 194 | 45.72 | L | F | Reece Africa | 12 | UWCA CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 195 | 45.73 | L | F | Nikolas Kotras | 12 | HPS FSH | 13/09/2024 NTS September Age Group 2024 |
| 196 | 45.78 | L | F | Vidar Bendixen | 12 | SAAW CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 197 | 45.82 | L | F | Zidaan Dollie | 12 | MANT CPT | 09/11/2024 Swartland Prestige Gala 2024 |
| 198 | 45.84 | L | F | Sebastian Van Biljon | 12 | CSA EZD | 11/10/2024 MP AGE GROUP 2 (11-12OCT'24) |
| 199 | 46.24 | L | F | Logan van der Nest | 12 | MAKO EKU | 01/02/2025 EGA Last Chance Gala |
| 200 | 46.25 | L | F | Connor Joubert | 12 | PELIC MAN | 04/12/2024 Free State Champs 2024 |
| 201 | 46.34 | L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 202 | 46.40 | L S | F | Alexander Kock | 12 | MATL KKD | 07/12/2024 NWS Championships 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-------|-------|------|-----------------------|----|-----------|------------|--------------------------------------|
| 203 | 46.41 | L | P | Ruan Van Tonder | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 204 | 46.66 | L | P | Yahin Marimuthu | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 205 | 46.86 | L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 206 | 46.94 | L S | F | Lihle Hlophe | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 207 | 47.01 | L S | F | Adriaan van der Colff | 12 | GREY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 208 | 47.08 | L | F | Vivan Jayaram | 12 | LINR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 209 | 47.22 | L | F | Burhan Coetzee | 12 | VALS FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 210* | 47.27 | L | F | Jacobus De Bruyn | 12 | VREDE FMD | 15/11/2024 | Valsrivier Gala 2024 |
| 210* | 47.27 | L | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 212 | 47.42 | L | F | Riyan Phalai | 12 | PSA ZLD | 25/01/2025 | uShaka Champs 2025 |
| 213 | 47.46 | L | F | Vuuren Steenkamp | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 214 | 47.49 | L | P | Tsebo Ntoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 215 | 47.60 | L | F | Daniel Vleggaar | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 216 | 47.63 | L | F | Jaden Mbhokota | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 217 | 47.71 | L | F | Alexander Van Niekerk | 12 | BLSS MAN | 13/09/2024 | Pelicans Age Group Gala |
| 218 | 47.97 | L | F | Vinicio De Oliveira | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 219 | 47.98 | L | F | Gabriel Spinks | 12 | DRGN EKU | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 220 | 48.05 | L | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships |
| 221 | 48.13 | L | F | Vlad Kopczynski | 12 | RFA TSH | 01/02/2025 | EGA Last Chance Gala |
| 222 | 48.36 | L | F | Wian Koekemoer | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 223 | 48.38 | L | F | Arnich Du Toit | 12 | LPTBO CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 |
| 224 | 48.54 | L | F | Cornelius Cockeran | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 225* | 48.64 | L | F | Kenzo Kelly | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 225* | 48.64 | L | F | Juann Brits | 12 | MATL KKD | 23/11/2024 | NWS Age Group 3 + 4 2024 |
| 227 | 48.76 | L | P | Petrus Laubscher | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 228 | 48.80 | L | F | Joshua Grobler | 12 | VRC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 229 | 48.85 | L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 230 | 49.04 | L | F | Russel Botha | 12 | VREDE FMD | 15/11/2024 | Valsrivier Gala 2024 |
| 231 | 49.09 | L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 232 | 49.17 | L | F | Xabiso Mtotoba | 12 | BLNE MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 233 | 49.39 | L | F | Tyler Peruman | 12 | H2O EKU | 01/02/2025 | EGA Last Chance Gala |
| 234 | 49.41 | L | P | Thoriso Ntjepela | 12 | BAS EKU | 05/12/2024 | EGA Summer Championships |
| 235* | 49.54 | L | F | Gabriel Witten | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 235* | 49.54 | L | F | Carel Wolhuter | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 237 | 49.69 | L | F | Rhenier Labuschagne | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 238* | 49.76 | L | F | Karlo Spies | 12 | SS MPD | 12/10/2024 | Limpopo Age Group 4 |
| 238* | 49.76 | L | F | Grant Henley | 12 | ESTR EKU | 12/10/2024 | EGA Summer 2 |
| 240 | 50.15 | L | F | Ejnar Joubert | 12 | UNIC CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 |
| 241 | 50.17 | L | F | Luay MCPatie | 12 | CPSC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 242 | 50.20 | L | P | Handre Viljoen | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 243 | 50.25 | L | F | Sameul Grobler | 12 | KTS | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 244 | 50.28 | L | F | Jacques Coetzer | 12 | BLOT MAN | 24/08/2024 | Kovsie Gala 2 |
| 245* | 50.47 | L | F | Lukas Moodie | 12 | BLMA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 245* | 50.47 | L | P | Adriaan Gouws | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 247 | 50.58 | L | F | Leander Le Roux | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 |
| 248 | 50.69 | L | F | Shafiek Samsodien | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 249 | 50.89 | L | F | Rolan Goss | 12 | LSPHA MP | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 250 | 50.96 | L | F | Henro Beyers | 12 | CA EKU | 26/10/2024 | Summer 3 Delville |
| 251 | 51.14 | L | F | Heinrich Vorster | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 252 | 51.19 | L | F | Hiram Robertson | 12 | INFA NMA | 12/08/2023 | Madibaz Swim Meet 2023 |
| 253 | 51.20 | L | P | Sivuyisiwe Adonisi | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 254 | 51.40 | L | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 255 | 51.45 | L | F | Reyansh Putrevu | 12 | SASE JHB | 20/11/2024 | Crusaders Night Gala 1 |
| 256 | 52.42 | L | F | Jared Rowe | 12 | CPSC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 257 | 52.69 | L | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 258 | 52.78 | L | F | Riekie Beyers | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 259 | 53.14 | L | F | Rorisang Mogale | 12 | H2O EKU | 26/10/2024 | Summer 3 Delville |
| 260 | 53.46 | L S | F | Charles Paul Nel | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 261 | 54.13 | L | F | Caleb Botha | 12 | EVO CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 262 | 55.10 | L | F | Joel Freeks | 12 | RETR CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|---------------------------|-------------|-------|-------------------------|--------|-----------|------------|--------------------------------------|
| 263 | 55.11 L | F | Jacobus Scheepers | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 264 | 55.16 L | F | Aiden Du Plessis | 12 | BULS MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 265 | 56.99 L | F | Christiaan Van Zyl | 12 | LPTBO CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 |
| 266 | 57.09 L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 267 | 57.21 L | F | Connor Hartwig | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 268 | 57.76 L | F | Ruan Fourie | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 269 | 57.96 L | P | Devon Jansen van Vuuren | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 270 | 58.34 L | P | Luthando Sisilana | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 271 | 59.71 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 272 | 59.77 L | F | Arno Voogt | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 273 | 59.90 L S | F | Zachary Kramm | 12 | KHAY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 274 | 1:00.23 L | F | Vunene Shingange | 12 | DOLFI MPD | 12/10/2024 | Limpopo Age Group 4 |
| 275 | 1:00.58 L | F | Willem Meyer | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 276 | 1:01.17 L | F | Benjamin Brynard | 12 | BS LLD | 15/11/2024 | Valsrivier Gala 2024 |
| 277 | 1:03.50 L | F | Neo Nong | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 278 | 1:05.38 L | F | Ewan Nortje | 12 | BASS VB | 09/11/2024 | Limpopo Age Group 5 |
| 279 | 1:07.19 L | F | Shivaan-Douglas Reitz | 12 | GAA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 280 | 1:13.87 L | F | Percy Lawrence | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 281 | 1:20.15 L | F | Petri Louw | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 282 | 1:23.90 L | F | Morena Masemolo | 12 | THOK EKU | 26/10/2024 | Summer 3 Delville |
| Men 12-12 100 Back | | | | | | | |
| 1 | 1:09.16 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 2 | 1:09.81 L | F | Martin Rabie | 12 | TUKS FSH | 13/12/2024 | NMBA Championships 2024 |
| 3 | 1:09.94 L | F | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 4 | 1:14.27 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 5 | 1:14.73 L | F | Aiden Green | 12 | INFA NMA | 16/11/2024 | 5th A League Gala 2024 |
| 6 | 1:14.76 L | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 7 | 1:15.18 L | F | Luca Bam | 12 | VRC FSH | 29/11/2024 | CGA Championships 2024 |
| 8 | 1:15.23 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 9 | 1:15.33 L | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 10 | 1:15.67 L | F | Nicholas Schoeman | 12 | PAC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 11 | 1:15.99 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 12 | 1:16.60 L | P | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 13 | 1:16.77 L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 14 | 1:16.96 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 15 | 1:17.04 L | F | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 16 | 1:17.22 L | P | Damien de Wit | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 17 | 1:17.66 L | F | Riandu Basson | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 18 | 1:17.86 L | F | Shah Kannemeyer | 12 | BEST NMA | 13/12/2024 | NMBA Championships 2024 |
| 19 | 1:18.23 L | F | Andre Strydom | 12 | BEST NMA | 13/12/2024 | NMBA Championships 2024 |
| 20 | 1:18.26 L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 |
| 21 | 1:18.47 L | F | Zachary Botha | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 22 | 1:18.54 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 23 | 1:18.69 L | F | Troy Harding | FR | VASA EKU | 15/11/2024 | Summer 4 Delville |
| 24 | 1:18.89 L | P | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 25 | 1:19.06 L | F | Noah Nice | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 26 | 1:19.31 L | F | Tristan van Rensburg | 12 | GREY CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 27 | 1:19.42 L S | P | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 28 | 1:19.46 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 29 | 1:19.59 L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 30 | 1:19.71 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 31 | 1:19.90 L | F | Luca Kneubuhler | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 |
| 32 | 1:20.11 L | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 33 | 1:20.30 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 34 | 1:20.66 L | F | Brody Schemel | 12 | BCA BUF | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 35 | 1:20.75 L | F | James Louw | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 36 | 1:20.99 L | F | Christopher Shipton | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 37* | 1:21.72 L | F | Quade Heitmuller | 12 | TRAZ FSH | 13/09/2024 | NTS September Age Group 2024 |
| 37* | 1:21.72 L | F | Benjamin Uys | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 39 | 1:21.80 L | F | Connor Plint | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|---------|-------|------|-----------------------------|----|-----------|------------|--------------------------------------|
| 40 | 1:21.81 | L | F | Connor Smith | 12 | CA EKU | 15/11/2024 | Summer 4 Delville |
| 41 | 1:21.90 | L | F | Seth Jacobs | 12 | MANT CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 42 | 1:21.93 | L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 43 | 1:22.05 | L | F | Anakin Henze | 12 | WSTV ETH | 25/01/2025 | uShaka Champs 2025 |
| 44 | 1:22.18 | L | F | Cole Hawkins | 12 | MAKO EKU | 15/11/2024 | Summer 4 Delville |
| 45 | 1:22.19 | L | F | Levi Bouwer | 12 | FSA FS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 46 | 1:22.27 | L | F | Caleb Duarte | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 47 | 1:22.37 | L | F | Daylen Kyster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 48 | 1:22.43 | L | F | Matthew Plint | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 49 | 1:22.67 | L | F | Hayden Irving | 12 | RSA | 04/10/2024 | Curro AquaElite Gala |
| 50 | 1:22.70 | L | P | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 51 | 1:22.75 | L | F | Amaru Lewis | 12 | PAQU CED | 07/09/2024 | CTA Qualifying Meet 4 (L3 & Above) |
| 52 | 1:22.96 | L | F | Eli-Ray Mülder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 53 | 1:23.25 | L | F | Garrick Jahnel | 12 | SOUL EKU | 01/02/2025 | EGA Last Chance Gala |
| 54 | 1:23.29 | L | F | Jordan Heath | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 55 | 1:23.51 | L | F | Cole Coetser | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 56 | 1:23.69 | L | F | Luke Opper | 12 | PSC TSH | 13/12/2024 | NMBA Championships 2024 |
| 57 | 1:23.70 | L S | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 58 | 1:23.82 | L | F | Cayden Carson | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 59 | 1:24.19 | L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 60 | 1:24.51 | L | F | Aidan King | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 61 | 1:24.60 | L | F | Cole Snyders | 12 | LINR JHB | 29/11/2024 | CGA Championships 2024 |
| 62 | 1:25.58 | L | F | Riko Odendaal | 12 | BARR CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 63 | 1:25.71 | L | F | Le Roux Roets | 12 | PAC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 64 | 1:25.97 | L | F | Theodore Opperman | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 65 | 1:26.07 | L | P | Hunter Harty | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 66 | 1:26.15 | L | F | Blake Mather | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 67 | 1:26.47 | L | F | Mark Rosser | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 68 | 1:26.48 | L | F | Adriaan Naude | 12 | AGAQ OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 69 | 1:26.51 | L | F | Shaun Teich | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 70 | 1:26.55 | L | P | Damian Sher | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 71 | 1:26.62 | L | F | Kayden Steyl | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 72 | 1:26.64 | L | F | Hannes Kahl | 12 | VRC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 73 | 1:26.71 | L | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 74 | 1:26.79 | L | F | Adam Herrmann | 12 | SWIFT EKU | 01/02/2025 | EGA Last Chance Gala |
| 75 | 1:26.86 | L | F | Ian Dreyer | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 76* | 1:26.89 | L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 76* | 1:26.89 | L | P | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 76* | 1:26.89 | L | F | Johannes Spangenberg | 12 | XCEL CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 79 | 1:26.91 | L | F | David Macaskill | 12 | ELEC TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 80 | 1:27.07 | L | P | Kai Cloete | 12 | RFA TSH | 07/12/2024 | NWS Championships 2024 |
| 81 | 1:27.13 | L | F | Nicolas Coolen | 12 | STAQ CED | 09/11/2024 | Winelands SL4 |
| 82 | 1:27.23 | L | F | Evan Potgieter | 12 | TKS WBD | 12/10/2024 | Limpopo Age Group 4 |
| 83 | 1:27.24 | L | F | Mickayle Boshoff | 12 | EDA ED | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 84 | 1:27.30 | L | F | Mikael Lubbe | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 85 | 1:27.61 | L | P | Kian Van Buren | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 86 | 1:27.63 | L S | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 87 | 1:27.67 | L | F | Max Dockerill | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 88 | 1:27.77 | L | P | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 89 | 1:27.90 | L | F | Riaan Lategan | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 90 | 1:28.16 | L S | P | Michael Clarke | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 91 | 1:28.20 | L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 92 | 1:28.23 | L | F | Brendan Swarts | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 93 | 1:28.24 | L | P | Brody Titus | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 94 | 1:28.32 | L | F | Rhoderick Simpson | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 95 | 1:28.56 | L | F | Dryden Knoetze | 12 | JAQ EKU | 12/10/2024 | EGA Summer 2 |
| 96 | 1:28.60 | L S | P | Reitumetse Ngomezza | 12 | BAS EKU | 05/12/2024 | EGA Summer Championships |
| 97* | 1:28.72 | L | P | Thomas Close | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 |
| 97* | 1:28.72 | L | F | Benaiah Verster | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 99 | 1:28.86 | L | F | Charl Wessels | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|------|---------|-------|------|-----------------------|----|-------|-----|------------|--------------------------------------|
| 100 | 1:29.15 | L | F | Jordan Wiesner | 12 | WSS | LLD | 04/12/2024 | Free State Champs 2024 |
| 101 | 1:29.75 | L | F | Chase Anderson | 12 | BLMA | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 102 | 1:29.94 | L | F | Vaughn van Niekerk | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 103 | 1:30.04 | L | F | Khwakhanya Siziba | 12 | ESP | EKU | 01/02/2025 | EGA Last Chance Gala |
| 104 | 1:30.08 | L S | P | Sebastien Oberholzer | 12 | CSC | FSH | 05/12/2024 | EGA Summer Championships |
| 105 | 1:30.21 | L | F | Daniel Glutz | 12 | SEAL | UMD | 25/01/2025 | uShaka Champs 2025 |
| 106 | 1:30.38 | L | P | Michael Meyer | 12 | RBOT | BPD | 07/12/2024 | NWS Championships 2024 |
| 107 | 1:30.54 | L | F | Damon Heide | 12 | H2O | EKU | 01/02/2025 | EGA Last Chance Gala |
| 108 | 1:30.61 | L | F | Izak Zwarts | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 109 | 1:30.65 | L | P | Gabriel Cokayne | 12 | CRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 110 | 1:30.77 | L | P | Nathan McEwan | 12 | AA | JHB | 29/11/2024 | CGA Championships 2024 |
| 111 | 1:30.90 | L | F | Daniel Gouveia | 12 | SOUL | EKU | 01/02/2025 | EGA Last Chance Gala |
| 112 | 1:30.96 | L | F | Connor Laufs | 12 | SAAW | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 113 | 1:31.14 | L | P | James Bredenkamp | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 114 | 1:31.39 | L | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 115 | 1:31.40 | L | P | Zimangaliso Mbolekwa | 12 | SGUL | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 116 | 1:31.51 | L | F | Jayden Petzer | 12 | USC | BUF | 13/12/2024 | NMBA Championships 2024 |
| 117 | 1:31.62 | L | F | Matthew Schäffler | 12 | ROA | EDD | 31/01/2025 | Infinity Gala 2025 |
| 118 | 1:31.64 | L | F | Michael Marais | 12 | LSJM | SKD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 119 | 1:32.13 | L | F | Diego Carpinteiro | 12 | CA | EKU | 12/10/2024 | EGA Summer 2 |
| 120 | 1:32.19 | L | P | Logan Clark | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 121 | 1:32.28 | L | F | Anrich Botha | 12 | UNI | EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER |
| 122 | 1:32.40 | L | F | Weirich Vorster | 12 | LSTZN | CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 123 | 1:32.96 | L | P | Noland Basson | 12 | BLSS | MAN | 04/12/2024 | Free State Champs 2024 |
| 124 | 1:33.30 | L | P | Deante James | 12 | CRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 125 | 1:33.46 | L S | P | Cruz Kyriakides | 12 | SOUL | EKU | 05/12/2024 | EGA Summer Championships |
| 126 | 1:33.47 | L | F | Dominique Maronko | 12 | RSA | | 04/10/2024 | Curro AquaElite Gala |
| 127 | 1:33.54 | L | P | Ruhan Buys | 12 | TUKS | FSH | 29/11/2024 | Mpumalanga Championships 2024 |
| 128 | 1:33.73 | L | P | Markus Steenkamp | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 129 | 1:33.82 | L | F | Kaelo Mamabolo | 12 | HARB | BPD | 10/01/2025 | 2024 Grand Prix Invitation Swimming |
| 130 | 1:33.92 | L | F | Tyrese Klink | 12 | CYBE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 131 | 1:34.02 | L | F | Izak Kotzé | 12 | BS | LLD | 11/10/2024 | Otters Prestige Gala 2024 |
| 132 | 1:34.26 | L | F | Jude Theunissen | 12 | BEST | NMA | 31/01/2025 | Infinity Gala 2025 |
| 133 | 1:34.53 | L | F | Ryan Walker | 12 | CRSC | JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 134 | 1:34.91 | L | F | Jacques Coetzer | 12 | BLOT | MAN | 11/10/2024 | Otters Prestige Gala 2024 |
| 135 | 1:34.98 | L | P | Richard Symms | 12 | DORE | JHB | 29/11/2024 | CGA Championships 2024 |
| 136 | 1:35.21 | L | F | Luniko Toyo | 12 | TUKS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 137* | 1:35.25 | L | F | Joshua Lloyd | 12 | SWIFT | EKU | 15/11/2024 | Summer 4 Delville |
| 137* | 1:35.25 | L | P | Nikolay Kalvachev | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 139* | 1:35.29 | L | F | You-De Lee | 12 | PGAC | EKU | 15/11/2024 | Summer 4 Delville |
| 139* | 1:35.29 | L | F | Moalosi Moalosi | 12 | PELIC | MAN | 04/12/2024 | Free State Champs 2024 |
| 141 | 1:35.72 | L | F | Luan Vd Schyff | 12 | LSBOS | WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 142 | 1:35.73 | L | F | Simon Snyman | 12 | STAR | BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 143 | 1:35.91 | L | F | Christopher Newham | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 144 | 1:36.13 | L | F | Sebastian Botha | 12 | TKS | WBD | 29/11/2024 | Limpopo Champs 2024 |
| 145 | 1:36.62 | L | F | Willem Pienaar | 12 | STSC | KCD | 07/12/2024 | Stingrays Champs 2024 |
| 146 | 1:36.66 | L | F | Sebastian Butler | 12 | ELEC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 147* | 1:36.71 | L | P | Dakalo Nematikanga | 12 | AAS | JHB | 29/11/2024 | CGA Championships 2024 |
| 147* | 1:36.71 | L | F | Neo Morabe | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 149 | 1:36.79 | L | P | Zia Ahmad Haye | 12 | ATLA | JHB | 29/11/2024 | CGA Championships 2024 |
| 150 | 1:36.81 | L S | P | Joshua Kapp | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 151 | 1:36.82 | L | F | Lourens Luttig | 12 | QUIC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 152 | 1:36.90 | L | F | Jandro Downey | 12 | MAKO | EKU | 12/10/2024 | EGA Summer 2 |
| 153* | 1:37.06 | L | F | Vidar Bendixen | 12 | SAAW | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 153* | 1:37.06 | L | F | Rijk Van Galen | 12 | STAQ | GED | 09/11/2024 | Winelands SL4 |
| 155 | 1:37.11 | L | F | Kailan Aspden | 12 | CA | EKU | 15/11/2024 | Summer 4 Delville |
| 156 | 1:37.12 | L S | P | Leonidas Lazaridis | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 157 | 1:37.20 | L | F | Rafael Durig | 12 | CRSC | JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 158 | 1:37.49 | L | F | Anotidasihe Nyamugama | 12 | WWOL | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 159 | 1:37.66 | L | F | Joel Craib | 12 | CUHE | OBD | 09/11/2024 | Swartland Prestige Gala 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-------------|-------|------------------------|--------|-----------|------------|--------------------------------------|--|
| 160 | 1:37.71 L | F | Marcus Dippenaar | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools | |
| 161 | 1:37.74 L S | P | Willem Strydom | 12 | H2O ECU | 05/12/2024 | EGA Summer Championships | |
| 162 | 1:37.84 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 163 | 1:37.92 L | F | Callum Van Reenen | 12 | TRAZ TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 164 | 1:38.19 L | F | Zian Smith | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 165 | 1:38.25 L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 | |
| 166 | 1:38.88 L | F | Matthew Liebenberg | 12 | TYGE CPT | 09/11/2024 | Winelands SL4 | |
| 167 | 1:39.03 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 168 | 1:39.33 L S | P | Liam Naude | 12 | CSC TSH | 05/12/2024 | EGA Summer Championships | |
| 169 | 1:39.47 L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 | |
| 170 | 1:39.64 L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 171* | 1:39.93 L | F | Petrus Laubscher | 12 | JAQ ECU | 01/02/2025 | EGA Last Chance Gala | |
| 171* | 1:39.93 L | P | Lian Botha | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 173 | 1:39.97 L | F | Logan Horn | 12 | BLMA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 174 | 1:40.76 L | F | Uthando Zungu | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 | |
| 175 | 1:40.89 L | F | Adriaan van der Colff | 12 | GREY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 176 | 1:40.95 L S | P | Ruan Van Tonder | 12 | CA ECU | 05/12/2024 | EGA Summer Championships | |
| 177 | 1:41.94 L | F | Nathan Coetzee | 12 | EXP TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 178 | 1:42.10 L | F | Bonga Mathebula | 12 | DOLFI MPD | 09/11/2024 | Limpopo Age Group 5 | |
| 179 | 1:42.35 L | F | Alexander Kock | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 | |
| 180 | 1:42.38 L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 181 | 1:42.96 L | F | Vinicio De Oliveira | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 182 | 1:43.13 L | F | Kushata Bitsang | 12 | NGU TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 183 | 1:43.32 L | F | Hanroux Schellink | 12 | BEST NMA | 03/08/2024 | 2nd A League Gala 2024 | |
| 184 | 1:43.49 L | F | Sebastian Van Biljon | 12 | CSA EZD | 10/01/2025 | 2024 Grand Prix Invitation Swimming | |
| 185 | 1:43.82 L | F | Gert Geldenhuys | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 186 | 1:43.83 L | P | Prescioustone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 | |
| 187 | 1:43.96 L | P | Yahin Marimuthu | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 188 | 1:44.03 L | F | Gabriel Witten | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 189 | 1:44.40 L | P | Tsebo Ntoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 190 | 1:44.53 L | F | Daniel Vleggaar | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 191 | 1:44.79 L | F | Heinrich Vorster | 12 | MAKO ECU | 01/02/2025 | EGA Last Chance Gala | |
| 192 | 1:45.46 L | P | William Baard | 12 | OLDE JHB | 29/11/2024 | CGA Championships 2024 | |
| 193 | 1:45.63 L | P | Vuuren Steenkamp | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 194 | 1:45.68 L S | P | Nathan Sauls | 12 | PGAC ECU | 05/12/2024 | EGA Summer Championships | |
| 195 | 1:46.10 L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 196 | 1:46.11 L | F | Chris Van Wyk | 12 | BLNE MAN | 31/08/2024 | Seals Gala | |
| 197 | 1:46.15 L | P | Gabriel Spinks | 12 | DRGN ECU | 29/11/2024 | CGA Championships 2024 | |
| 198 | 1:46.33 L | F | Eduan Naude | 12 | CSC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 199 | 1:46.57 L | F | Alexander Van Niekerk | 12 | BLSS MAN | 31/08/2024 | Seals Gala | |
| 200 | 1:46.58 L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 | |
| 201 | 1:46.63 L | F | Reece Africa | 12 | UWCA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 202 | 1:46.68 L | F | Tinenyasha Myotcha | 12 | FRA KCD | 07/12/2024 | Stingrays Champs 2024 | |
| 203 | 1:46.74 L | F | Daniel Schoeman | 12 | BS LLD | 15/11/2024 | Valsrivier Gala 2024 | |
| 204 | 1:47.33 L | P | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 205 | 1:47.39 L | F | Juann Brits | 12 | MATL KKD | 23/11/2024 | NWS Age Group 3 + 4 2024 | |
| 206 | 1:48.22 L | F | Reyansh Putrevu | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 207 | 1:48.85 L S | P | Tyler Peruman | 12 | H2O ECU | 05/12/2024 | EGA Summer Championships | |
| 208 | 1:48.88 L | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 209 | 1:49.06 L S | P | Drayden Erasmus | 12 | JAQ ECU | 05/12/2024 | EGA Summer Championships | |
| 210 | 1:49.32 L | F | Yandinjabulo Mahlangu | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 211 | 1:50.01 L | F | Grant Henley | 12 | ESTR ECU | 01/02/2025 | EGA Last Chance Gala | |
| 212 | 1:50.29 L | F | Riyan Phalai | 12 | PSA ZLD | 26/10/2024 | Froggies Aquatics Championships 2024 | |
| 213 | 1:51.03 L | F | Sivuyisiwe Adonisi | 12 | MAKO ECU | 01/02/2025 | EGA Last Chance Gala | |
| 214 | 1:51.08 L | F | Rolan Goss | 12 | LSPHA MP | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 215 | 1:51.34 L | F | Henro Beyers | 12 | CA ECU | 01/02/2025 | EGA Last Chance Gala | |
| 216 | 1:51.69 L | F | Cameron Cross | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 217 | 1:51.71 L | F | Connor Joubert | 12 | PELIC MAN | 25/10/2024 | Neptunes Gala | |
| 218 | 1:56.88 L S | P | Dihandre Kriel | 12 | JAQ ECU | 05/12/2024 | EGA Summer Championships | |
| 219 | 1:58.31 L | F | Jacobus De Bruyn | 12 | VREDE TMD | 19/10/2024 | Pelicans Gala 2 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|---------------------------|-------------|-------|------------------------|--------|----------|------------|--------------------------------------|--|
| 220 | 1:59.28 L | P | Xabiso Mtotoba | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 | |
| 221 | 2:00.19 L | F | Riekie Beyers | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 222 | 2:01.10 L | F | Aiden Du Plessis | 12 | BULS MAN | 06/09/2024 | Bull Sharks Annual Gala | |
| 223 | 2:03.53 L | F | Arno Voogt | 12 | MAKO EKU | 15/11/2024 | Summer 4 Delville | |
| 224 | 2:04.32 L S | P | Rorisang Mogale | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| 225 | 2:05.71 L | F | Connor Hartwig | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 226 | 2:07.03 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 15/11/2024 | Summer 4 Delville | |
| 227 | 2:13.04 L | F | Tumisho Koshane | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 228 | 2:16.37 L | P | Benjamin Brynard | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 229 | 2:21.04 L | F | Neo Nong | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| Men 12-12 200 Back | | | | | | | | |
| 1 | 2:26.73 L | F | Martin Rabie | 12 | TUKS TSH | 13/12/2024 | NMBA Championships 2024 | |
| 2 | 2:30.19 L S | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 3 | 2:33.29 L S | F | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 4 | 2:34.58 L | F | Pieter Van Deventer | 12 | TUKS TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 5 | 2:38.39 L | F | Aiden Green | 12 | INFA NMA | 16/11/2024 | 5th A League Gala 2024 | |
| 6 | 2:38.92 L S | F | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 7 | 2:40.30 L S | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 8 | 2:41.67 L S | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 9 | 2:41.69 L S | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 10 | 2:42.04 L S | P | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 11 | 2:43.14 L | F | Theodorus Barnard | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 12 | 2:43.20 L S | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 13 | 2:44.47 L S | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 14 | 2:45.54 L S | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 15 | 2:47.09 L S | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 16 | 2:47.30 L S | F | Andre Strydom | 12 | BEST NMA | 17/01/2025 | 6th A League Gala 2025 | |
| 17 | 2:47.58 L | F | Benjamin Burger | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 18 | 2:49.58 L | F | Troy Harding | FR | VASA EKU | 05/12/2024 | EGA Summer Championships | |
| 19 | 2:51.32 L | F | Luca Kneubuhler | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 20 | 2:51.33 L | F | Adolph Jv Rensburg | 12 | TUKS TSH | 07/12/2024 | NWS Championships 2024 | |
| 21 | 2:52.84 L | F | Anakin Henze | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 22 | 2:53.17 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 23 | 2:53.29 L S | F | Tristan van Rensburg | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 24 | 2:53.86 L | F | Levi Bouwer | 12 | WELA LLD | 25/10/2024 | Neptunes Gala | |
| 25 | 2:54.05 L | F | Luca Bam | 12 | VRC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 26 | 2:54.68 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 27 | 2:55.24 L | F | Brody Schemel | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 28 | 2:55.64 L | P | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 29 | 2:55.71 L | F | Amaru Lewis | 12 | PAQU CED | 09/11/2024 | Winelands SL4 | |
| 30 | 2:56.72 L | F | Kian Van Buren | 12 | RIVO JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 31 | 2:56.93 L S | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 32 | 2:57.39 L | F | Tiaan Wagener | 12 | ASAW CED | 05/10/2024 | CTA Qualifying Meet 5 - (L2 & above) | |
| 33 | 2:57.55 L | P | Eli-Ray Mulder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 | |
| 34 | 2:57.93 L | F | Quade Heitmuller | 12 | TRAZ TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 35 | 2:58.03 L S | F | James Louw | 12 | VINE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 36 | 2:58.16 L | F | Damian Sher | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 37 | 2:59.03 L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 38 | 2:59.21 L | F | Andrew Bruyns | 12 | CSA EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) | |
| 39 | 3:00.63 L | F | Luke Oppen | 12 | PSC TSH | 13/12/2024 | NMBA Championships 2024 | |
| 40 | 3:00.67 L S | P | Christopher Shipton | 12 | QUIC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 41 | 3:00.78 L | F | Theodore Opperman | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 42 | 3:00.99 L S | F | Seth Jacobs | 12 | MANT CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 43 | 3:01.75 L | F | Adriaan Naude | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 44 | 3:01.77 L S | F | Cayden Carson | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 45 | 3:01.87 L | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 46 | 3:02.00 L | F | Le Roux Roets | 12 | PAC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 47 | 3:02.15 L | F | Mark Rosser | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 | |
| 48 | 3:02.54 L | F | David Macaskill | 12 | ELEC TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 49 | 3:02.66 L S | P | Johannes Spangenberg | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-------------|-------|-------------------------|--------|-----------|------------|--------------------------------------|
| 50 | 3:02.82 L | F | Evan Potgieter | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 51 | 3:03.32 L | F | Dominique Maronko | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 |
| 52 | 3:04.24 L | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 53 | 3:04.34 L | F | Thomas Close | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 54 | 3:04.48 L S | F | Aidan King | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 55 | 3:04.75 L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 56 | 3:04.79 L S | F | Charl Wessels | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 57 | 3:04.96 L S | F | Kayden Steyl | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 58 | 3:05.66 L S | F | Jack Fouche | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 59 | 3:05.72 L | F | Brendan Swarts | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 60 | 3:05.90 L | F | Riko Odendaal | 12 | BARR CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 61 | 3:06.02 L | F | Matthew Plint | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 62 | 3:06.22 L | P | Jean-Luc du Plessis | 12 | TRAZ TSH | 29/11/2024 | CGA Championships 2024 |
| 63 | 3:06.63 L | P | Connor Felton | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 64 | 3:07.33 L | F | Reitumetse Ngomezwa | 12 | BAS EKU | 18/01/2025 | EGA Summer 5 |
| 65 | 3:07.58 L | F | Riaan Lategan | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 66 | 3:07.69 L | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 67 | 3:07.96 L S | P | Mikael Lubbe | 12 | ASAC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 68 | 3:08.32 L | F | Hunter Harty | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 69 | 3:08.52 L | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 70 | 3:08.80 L | F | Diego Carpinteiro | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 71 | 3:10.43 L | F | Adam Herrmann | 12 | SWIFT EKU | 01/02/2025 | EGA Last Chance Gala |
| 72 | 3:10.90 L | F | Kai Cloete | 12 | RFA TSH | 01/02/2025 | EGA Last Chance Gala |
| 73 | 3:12.87 L | F | Michael Meyer | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 74 | 3:13.18 L S | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 75 | 3:14.05 L | F | Cole Hawkins | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 76 | 3:14.64 L | F | Sebastien Oberholzer | 12 | CSC TSH | 01/02/2025 | EGA Last Chance Gala |
| 77 | 3:15.06 L S | F | Izak Zwarts | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 78 | 3:15.08 L | P | Cole Coetser | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 79 | 3:15.36 L | P | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 80 | 3:15.57 L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 81 | 3:15.68 L | F | Richard Symms | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 82 | 3:15.74 L | P | Michael Clarke | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 83 | 3:16.49 L | F | Jordan Wiesner | 12 | WSS LLD | 15/11/2024 | Valsrivier Gala 2024 |
| 84 | 3:16.83 L | F | Michael Marais | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 85 | 3:17.05 L | F | Marthinus Le Roux | 12 | RBOT BPD | 23/11/2024 | NWS Age Group 3 + 4 2024 |
| 86 | 3:17.12 L S | F | Chase Anderson | 12 | BLMA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 87 | 3:18.47 L | P | Deante James | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 88 | 3:18.55 L | P | Joshua Lloyd | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships |
| 89 | 3:18.76 L | P | Markus Steenkamp | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 90 | 3:19.10 L | F | Dawid Müller | 12 | TUKS TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 91 | 3:19.61 L | F | Izak Kotzé | 12 | BS LLD | 25/10/2024 | Neptunes Gala |
| 92 | 3:19.83 L S | F | James Bredenkamp | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 93 | 3:20.02 L | F | Adriel Chivandire | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 94 | 3:20.25 L | F | Luan Vd Schyff | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 95 | 3:20.69 L S | F | Tyrese Klink | 12 | CYBE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 96 | 3:20.74 L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 |
| 97 | 3:21.25 L S | F | Matthew Liebenberg | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 98 | 3:21.44 L | F | Damon Heide | 12 | H2O EKU | 18/01/2025 | EGA Summer 5 |
| 99 | 3:21.52 L | F | Omolemo Mogale-Mabusela | 12 | TUKS TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 100 | 3:21.65 L | P | Cruz Kyriakides | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 101 | 3:22.23 L | F | Daylen Kyster | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 102 | 3:22.25 L | P | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 103 | 3:22.40 L | F | Kailan Aspden | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 104 | 3:22.59 L | F | Khwakhanya Siziba | 12 | ESP EKU | 01/02/2025 | EGA Last Chance Gala |
| 105 | 3:23.00 L | F | Rigter Van Wyngaard | 12 | TUKS TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 106 | 3:23.30 L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 107 | 3:26.50 L | F | Gert Geldenhuis | 12 | AA JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 108 | 3:26.57 L S | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 109 | 3:26.80 L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|----------------------------|-------------|-------|-----------------------------|--------|-----------|------------|--------------------------------------|-----------------|
| 110 | 3:26.88 L | F | Errol Harmse | 12 | TUKS TSH | 25/01/2025 | CGA Summer Gala #4 | Level 2+ 25 Jan |
| 111 | 3:26.92 L S | F | Lourens Luttig | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 112 | 3:28.99 L | P | Rafael Durig | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 113 | 3:29.39 L | P | Jandro Downey | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 114 | 3:32.65 L | F | Christopher Newham | 12 | TYGE CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 115 | 3:33.62 L | F | Willem Strydom | 12 | H2O EKU | 12/10/2024 | EGA Summer 2 | |
| 116 | 3:33.68 L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 | CGA Championships 2024 | |
| 117 | 3:34.65 L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 | |
| 118 | 3:34.99 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 119 | 3:35.23 L S | F | Adriaan van der Colff | 12 | GREY CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 120 | 3:35.57 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 121 | 3:36.75 L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 122 | 3:37.33 L | F | Alexander Kock | 12 | MATL KKD | 23/11/2024 | NWS Age Group 3 + 4 2024 | |
| 123 | 3:39.28 L S | F | Daniel Vleggaar | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 124 | 3:39.32 L | F | Rolan Goss | 12 | DOLFI MPD | 09/11/2024 | Limpopo Age Group 5 | |
| 125 | 3:40.14 L | F | Zian Smith | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 126 | 3:41.13 L | F | Juann Brits | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 127 | 3:41.34 L | F | Joel Craib | 12 | CUHE OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 128 | 3:41.61 L | F | Zidaan Dollie | 12 | MANT CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 129 | 3:44.59 L | F | Daniel Schoeman | 12 | BS LLD | 01/02/2025 | Heidedal & Sentraal Galal | |
| 130 | 3:48.62 L | F | Bonga Mathebula | 12 | DOLFI MPD | 12/10/2024 | Limpopo Age Group 4 | |
| 131 | 3:50.13 L | P | Petrus Laubscher | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 132 | 3:51.06 L | F | Anotidasihe Nyamugama | 12 | WWOL TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 133 | 3:54.17 L | F | Henro Beyers | 12 | CA EKU | 18/01/2025 | EGA Summer 5 | |
| 134 | 3:57.55 L | F | Tyler Peruman | 12 | H2O EKU | 18/01/2025 | EGA Summer 5 | |
| 135 | 4:00.90 L | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships | |
| 136 | 4:06.15 L | F | Sebastian Van Biljon | 12 | CSA EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) | |
| 137 | 4:06.43 L | F | Sivuyisiwe Adonisi | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 | |
| 138 | 4:11.97 L | F | Rorisang Mogale | 12 | H2O EKU | 18/01/2025 | EGA Summer 5 | |
| 139 | 4:19.66 L | F | Dihandre Kriel | 12 | JAQ EKU | 18/01/2025 | EGA Summer 5 | |
| 140 | 4:26.71 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 | |
| Men 12-12 50 Breast | | | | | | | | |
| 1 | 34.48 L | P | Noah Nice | 12 | TUKS TSH | 07/12/2024 | NWS Championships 2024 | |
| 2 | 35.16 L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 | |
| 3 | 36.42 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 4 | 37.21 L S | F | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 5 | 37.51 L S | F | Troy Harding | FR | VASA EKU | 05/12/2024 | EGA Summer Championships | |
| 6 | 37.89 L | F | Stian Mostert | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 7 | 38.14 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 8 | 38.35 L | P | Tristan van Rensburg | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 9 | 38.65 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 10 | 38.77 L | F | Andre Strydom | 12 | NMBA NM | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 11 | 38.90 L | F | Tatenda Mujati | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 12 | 39.02 L S | F | Cole Hawkins | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 13 | 39.53 L | F | Ethan Smeyatsky | 12 | ORCA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 14 | 39.55 L | F | Shah Kannemeyer | 12 | BEST NMA | 17/08/2024 | Madibaz Swim Meet 2024 | |
| 15 | 39.83 L | F | Patrick Maughan | 12 | ASAC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 16 | 40.01 L | F | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 17 | 40.08 L | F | Matthew Jjuko | 12 | NWS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 18 | 40.18 L | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 | |
| 19 | 40.20 L | F | Marthinus Le Roux | 12 | NWS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 20 | 40.26 L | F | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 21 | 40.31 L | F | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 22 | 40.38 L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 23 | 40.40 L | F | Rebaone Moleko | 12 | TUKS TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 24 | 40.51 L | F | Caleb Muller | 12 | VRC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 25 | 40.53 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 26 | 40.57 L | F | Haoran Hu | 12 | CA EKU | 12/10/2024 | EGA Summer 2 | |
| 27 | 40.68 L | F | Daniel Schaefer | 12 | PLAY CED | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 28 | 40.78 L | F | Adolph Jv Rensburg | 12 | TUKS TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|-------|-------|------|-----------------------|----|-----------|------------|--------------------------------------|
| 29 | 40.93 | L | P | Connor Felton | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 30 | 41.36 | L | F | Connor Smith | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 31 | 41.46 | L | F | Hallett Swanepoel | 12 | EDA ED | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 32 | 41.55 | L | F | Benjamin Pautz | 12 | BLMA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 33 | 41.81 | L | F | Le Roux Heunis | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 34 | 41.82 | L | F | Cayden Carson | 12 | BULS MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 35 | 41.91 | L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 36 | 41.92 | L | F | Jean-Luc du Plessis | 12 | TRAZ FSH | 29/11/2024 | CGA Championships 2024 |
| 37 | 41.99 | L S | P | Ronin Houghton | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 38 | 42.12 | L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 39 | 42.20 | L | F | You-De Lee | 12 | PGAC EKU | 01/02/2025 | EGA Last Chance Gala |
| 40 | 42.33 | L | F | Burhan Coetzee | 12 | VALS FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 41 | 42.38 | L | P | Callum Van Reenen | 12 | TRAZ FSH | 29/11/2024 | CGA Championships 2024 |
| 42 | 42.43 | L | F | Barend Van Der Merwe | 12 | VALS FDD | 04/12/2024 | Free State Champs 2024 |
| 43* | 42.70 | L | P | Seth Jacobs | 12 | MANT CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 43* | 42.70 | L | F | Ewan Bosch | 12 | TYGE CPT | 09/11/2024 | Winelands SL4 |
| 45 | 42.74 | L | F | Zuriel Pakkiri | 12 | BLUO UGD | 25/01/2025 | uShaka Champs 2025 |
| 46 | 42.75 | L | F | Ruhan Buys | 12 | TUKS FSH | 29/11/2024 | Mpumalanga Championships 2024 |
| 47 | 42.77 | L S | P | Liam Naude | 12 | CSC FSH | 05/12/2024 | EGA Summer Championships |
| 48 | 42.82 | L | F | Ethan Kenmuir | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 49 | 42.96 | L | P | Noland Basson | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 50 | 42.98 | L | F | Christiaan Stander | 12 | ASAW CED | 09/11/2024 | Winelands SL4 |
| 51 | 42.99 | L | F | Ilia Papadopoulos | 12 | SCR MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 52* | 43.00 | L | P | Logan Clark | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 52* | 43.00 | L | P | Connor De Amorim | 12 | PER JHB | 29/11/2024 | CGA Championships 2024 |
| 52* | 43.00 | L | F | Aiden Green | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 55 | 43.01 | L | F | Teegan Mc Donald | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 |
| 56 | 43.23 | L | F | Alec Ellis | 12 | LALE CED | 09/11/2024 | Winelands SL4 |
| 57 | 43.27 | L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 58 | 43.31 | L | F | Charl Wessels | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala |
| 59 | 43.35 | L S | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 60 | 43.69 | L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 61 | 43.93 | L | F | Levi Bouwer | 12 | WELA LLD | 09/11/2024 | Bull Sharks Gala |
| 62 | 43.98 | L | F | Kai Cloete | 12 | RFA FSH | 01/02/2025 | EGA Last Chance Gala |
| 63 | 44.02 | L | F | Alexander Van Niekerk | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 64 | 44.07 | L | F | Reece Van Heusden | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 65 | 44.16 | L S | P | Diego Carpinteiro | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 66 | 44.19 | L | F | Riaan Lategan | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 67 | 44.28 | L S | P | Daylen Kyster | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 68 | 44.30 | L | F | Brody Schemel | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 69 | 44.38 | L | F | Deante James | 12 | CRSC JHB | 27/09/2024 | Seals Gala 2 |
| 70* | 44.42 | L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 70* | 44.42 | L | F | Khwakhanya Siziba | 12 | ESP EKU | 12/10/2024 | EGA Summer 2 |
| 72 | 44.44 | L | F | Quade Heitmuller | 12 | TRAZ FSH | 13/09/2024 | NTS September Age Group 2024 |
| 73 | 44.45 | L | F | Johannes Bester | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 74 | 44.54 | L | P | Mason Webb | 12 | DRGN EKU | 29/11/2024 | CGA Championships 2024 |
| 75 | 44.64 | L | P | Brody Titus | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 76 | 44.66 | L | P | Lumnko Masiko | 12 | RRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 77* | 44.69 | L | P | Markus Steenkamp | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 77* | 44.69 | L | P | Lian Botha | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 79 | 44.72 | L S | F | Jordan Heath | 12 | INFA NMA | 17/01/2025 | 6th A League Gala 2025 |
| 80 | 44.80 | L S | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 81 | 44.83 | L S | F | Max Dockerill | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 82 | 44.85 | L | F | Evan Potgieter | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 83 | 44.89 | L | P | Eli-Ray Milder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 84 | 44.95 | L | F | Mitchell Naude | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 85 | 45.06 | L S | P | Garrick Jahnel | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 86 | 45.07 | L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 87 | 45.23 | L | F | Daniel Vleggaar | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 88 | 45.33 | L | F | Connor Laufs | 12 | SAAW CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-------|-------|------|----------------------|----|-----------|---|
| 89 | 45.37 | L | P | Adriaan Du Toit | 12 | WSS LLD | 04/12/2024 Free State Champs 2024 |
| 90 | 45.44 | L | F | Brodie Roberts | 12 | ASA ILD | 14/06/2024 AQZ Winter Warmer 2024 |
| 91 | 45.53 | L | F | Leonidas Lazaridis | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 92 | 45.61 | L | F | Benaiah Verster | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 93 | 45.68 | L | F | Ethan Wenn | 12 | ASAC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 94 | 45.85 | L | P | Lance Gray | 12 | MDOL JHB | 29/11/2024 CGA Championships 2024 |
| 95 | 45.90 | L | P | Liam Muller | 12 | SWIM1 JHB | 29/11/2024 CGA Championships 2024 |
| 96* | 45.91 | L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 AQZ Winter Warmer 2024 |
| 96* | 45.91 | L | F | Ross Ferguson | 12 | PEAS NMA | 15/06/2024 PEA Winter Gala 2024 |
| 98 | 45.92 | L | P | Nikolay Kalvachev | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 99 | 46.05 | L | F | Hunter Harty | 12 | UNI EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 100 | 46.17 | L | F | Lourens Luttig | 12 | QUIC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 101 | 46.26 | L | F | Weirich Vorster | 12 | LSTZN CCD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 102* | 46.57 | L S | P | Lincoln Andrews | 12 | CA EKU | 05/12/2024 EGA Summer Championships |
| 102* | 46.57 | L | F | Riko Odendaal | 12 | CTA CPT | 11/01/2025 EDEN INTER DISTRICT PRESTIGE |
| 104 | 46.59 | L | P | Gabriel Spinks | 12 | DRGN EKU | 29/11/2024 CGA Championships 2024 |
| 105 | 46.64 | L | F | Liam Sharp | 12 | OHAN ILD | 25/01/2025 uShaka Champs 2025 |
| 106 | 46.67 | L | P | Grant Felix | 12 | SUPE JHB | 29/11/2024 CGA Championships 2024 |
| 107 | 46.81 | L | F | Nicolas Coolen | 12 | STAQ CED | 09/11/2024 Winelands SL4 |
| 108 | 46.83 | L | F | Hiram Robertson | 12 | INFA NMA | 17/08/2024 Madibaz Swim Meet 2024 |
| 109* | 46.92 | L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 109* | 46.92 | L | F | Vlad Kopczynski | 12 | RFA TSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 111 | 46.99 | L | F | James Louw | 12 | VINE CPT | 05/10/2024 CTA Qualifying Meet 5 - (L2 & above) |
| 112 | 47.03 | L | F | Johannes Spangenberg | 12 | XCEL CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 113* | 47.04 | L | F | Louis Lategan | 12 | FAAC | 19/10/2024 NCASA AGE GROUP 1 KBY 2024 |
| 113* | 47.04 | L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 CGA Championships 2024 |
| 115 | 47.48 | L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 Limpopo Champs 2024 |
| 116 | 47.49 | L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 PEA Winter Gala 2024 |
| 117 | 47.54 | L | F | Sameul Grobler | 12 | KTS | 15/11/2024 AGE GROUP 2 KATHU 2024 |
| 118 | 47.55 | L | F | Theodore Opperman | 12 | KTS | 15/11/2024 AGE GROUP 2 KATHU 2024 |
| 119 | 47.63 | L | F | Chase Anderson | 12 | BLMA CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 120 | 47.68 | L | F | Aidan King | 12 | CASC CPT | 05/10/2024 CTA Qualifying Meet 5 - (L2 & above) |
| 121 | 47.76 | L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 uShaka Champs 2025 |
| 122 | 47.80 | L | P | Gabriel Cokayne | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 123 | 47.91 | L | P | Kian Van Buren | 12 | RIVO JHB | 29/11/2024 CGA Championships 2024 |
| 124 | 47.98 | L | F | Ryan Walker | 12 | CRSC JHB | 20/11/2024 Crusaders Night Gala 1 |
| 125 | 48.02 | L | F | Carel Wolhuter | 12 | BLOT MAN | 06/09/2024 Bull Sharks Annual Gala |
| 126 | 48.07 | L | F | Mikyle Mapanka | 12 | KALA | 19/10/2024 NCASA AGE GROUP 1 KATHU 2024 |
| 127 | 48.11 | L | F | Mikael Lubbe | 12 | ASAC CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 128 | 48.18 | L S | P | Kenzo Kelly | 12 | MAKO EKU | 05/12/2024 EGA Summer Championships |
| 129 | 48.33 | L | F | Anakin Henze | 12 | WSTV ETH | 02/07/2024 Prestige Tournament 2024 |
| 130* | 48.47 | L | F | Mark Rosser | 12 | INFA NMA | 12/08/2023 Madibaz Swim Meet 2023 |
| 130* | 48.47 | L | F | Akwande Yende | 12 | KLOO ETH | 02/07/2024 Prestige Tournament 2024 |
| 132 | 48.48 | L | F | Simon Snyman | 12 | STAR BPD | 09/11/2024 NWS Age Group 1 & 2 2024 |
| 133 | 48.56 | L S | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 EGA Summer Championships |
| 134 | 48.59 | L | P | Izak Kotzé | 12 | BS LLD | 04/12/2024 Free State Champs 2024 |
| 135 | 48.84 | L | F | Damon Heide | 12 | H2O EKU | 01/02/2025 EGA Last Chance Gala |
| 136 | 48.87 | L | P | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 NWS Championships 2024 |
| 137 | 48.89 | L | F | Bo Vermaak | 12 | VINE CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 138 | 48.92 | L | F | Rauch Burger | 12 | SWAR WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 139 | 49.00 | L | P | Kayden Steyl | 12 | BLSS MAN | 02/07/2024 Prestige Tournament 2024 |
| 140 | 49.02 | L | F | Kailan Aspden | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 141 | 49.08 | L S | P | Reitumetse Ngomezwa | 12 | BAS EKU | 05/12/2024 EGA Summer Championships |
| 142 | 49.09 | L | F | Luniko Toyo | 12 | TUKS TSH | 11/10/2024 NTS Level 1+2 October Age Group 2024 |
| 143 | 49.19 | L | P | Yahin Marimuthu | 12 | AWSC JHB | 29/11/2024 CGA Championships 2024 |
| 144 | 49.28 | L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 145 | 49.31 | L | F | Arnich Du Toit | 12 | ACAQ CCD | 12/10/2024 Limpopo Age Group 4 |
| 146 | 49.41 | L | F | Michael Meyer | 12 | RBOT BPD | 07/12/2024 NWS Championships 2024 |
| 147 | 49.52 | L | F | Siphesihle Mawelela | 12 | SOSH TSH | 11/10/2024 NTS Level 1+2 October Age Group 2024 |
| 148 | 49.56 | L S | P | Willem Strydom | 12 | H2O EKU | 05/12/2024 EGA Summer Championships |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-----------|-------|---------------------|--------|-----------|------------|--------------------------------------|--|
| 149 | 49.57 L S | P | Joshua Lloyd | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships | |
| 150 | 49.74 L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 | |
| 151 | 49.79 L | F | Xabiso Mtotoba | 12 | BLNE MAN | 01/02/2025 | Heidedal & Sentraal Galal | |
| 152 | 49.84 L | P | Amaru Lewis | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 153 | 49.98 L | F | Luan Botha | 12 | TASC MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 154 | 49.99 L | F | Enrique Mills | 12 | HARB BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 155 | 50.05 L | F | Uthando Zungu | 12 | VIKI BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 156* | 50.17 L | F | Kent Craft | 12 | ELEC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 156* | 50.17 L | F | Anrich Botha | 12 | UNI EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER | |
| 158 | 50.19 L | F | Nathan Coetzee | 12 | EXP TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 159 | 50.21 L | F | Daniel Glutz | 12 | SEAL UMD | 25/01/2025 | uShaka Champs 2025 | |
| 160 | 50.25 L | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 | |
| 161 | 50.28 L | F | Kyran Goliath | 12 | PEAS NMA | 03/08/2024 | 2nd A League Gala 2024 | |
| 162 | 50.33 L | P | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 163 | 50.39 L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 164 | 50.42 L | F | Logan van der Nest | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 165 | 50.45 L | F | Daniel Schoeman | 12 | BS LLD | 25/10/2024 | Neptunes Gala | |
| 166 | 50.48 L | F | Adriaan Naude | 12 | AGAQ OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 167 | 50.59 L | F | Samuel Marais | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 168 | 50.81 L | F | Marcus Dippenaar | 12 | ROA EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 169* | 51.04 L | P | James Bredenkamp | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 169* | 51.04 L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 171 | 51.08 L S | P | Jeandre Fourie | 12 | CSC TSH | 05/12/2024 | EGA Summer Championships | |
| 172 | 51.16 L S | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 173 | 51.21 L | F | Alexander Kock | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 174 | 51.24 L S | F | Matthew Liebenberg | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 175 | 51.28 L | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 | |
| 176 | 51.32 L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 | |
| 177 | 51.42 L | F | Enzokuhle Dlamini | 12 | FSE KCD | 23/11/2024 | KCDA Age Group Gala 3 | |
| 178 | 51.48 L | F | Ernest vd Berg | 12 | LSBOS WB | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 179 | 51.51 L | F | Petrus Laubscher | 12 | JAQ EKU | 01/02/2025 | EGA Last Chance Gala | |
| 180 | 51.58 L | F | Thoriso Ntjepela | 12 | BAS EKU | 12/10/2024 | EGA Summer 2 | |
| 181 | 51.68 L | F | Kaelo Mamabolo | 12 | HARB BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 182 | 51.72 L | F | Bonga Mathebula | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 183 | 51.74 L | F | Cornelius Cockeran | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 | |
| 184 | 51.79 L S | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| 185 | 51.82 L | F | Ryan O'Reilly | 12 | LPTBO CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 186 | 51.90 L | P | Rfael Durig | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 187 | 51.96 L | F | Eduan Naude | 12 | CSC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 188 | 52.32 L | F | Taiming Li | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 189 | 52.38 L S | P | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 190 | 52.43 L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 191 | 52.49 L | P | Brett Laing | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 192 | 52.53 L | F | Sibusiso Shezi | 12 | ATTE TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 193 | 52.61 L | F | Amokelani Mashimbye | 12 | SOSH TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 194 | 52.72 L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 | CGA Championships 2024 | |
| 195 | 52.88 L | P | Connor Joubert | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 | |
| 196 | 53.02 L | F | Christiaan Van Zyl | 12 | LPTBO CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 197 | 53.07 L | F | Riyan Phalai | 12 | PSA ZLD | 07/12/2024 | Stingrays Champs 2024 | |
| 198 | 53.18 L | P | Vuuren Steenkamp | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 199 | 53.25 L | F | Michael Marais | 12 | LSJM SKD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 200 | 53.35 L | F | Gabriel Witten | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 201 | 53.37 L | F | Jude Theunissen | 12 | BEST NMA | 13/07/2024 | 1st A League Gala 2024 | |
| 202 | 53.40 L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 203 | 53.50 L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 | |
| 204 | 53.59 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 205 | 53.64 L S | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 206 | 53.74 L | F | Willem Pienaar | 12 | STSC KCD | 23/11/2024 | KCDA Age Group Gala 3 | |
| 207 | 53.79 L | F | Tinenyasha Myotcha | 12 | FRA KCD | 26/10/2024 | Froggies Aquatics Championships 2024 | |
| 208 | 53.99 L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-------------|-------|-------------------------|--------|-----------|------------|--------------------------------------|--|
| 209* | 54.05 L | F | Presciusstone Raputsoa | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 209* | 54.05 L | F | Kushata Bitsang | 12 | NGU FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 211 | 54.27 L S | F | Lukas Moodie | 12 | BLMA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 212* | 54.33 L | F | Malwande Mtolo | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 212* | 54.33 L | P | Sebastian Van Biljon | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 212* | 54.33 L | P | Thomas Close | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 | |
| 215 | 54.37 L S | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 216 | 54.45 L | P | Tsebo Ntsoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 217 | 54.48 L S | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 218 | 54.52 L | F | Martunis Lubbe | 12 | LSKP WB | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 219 | 54.81 L | F | Vaughn van Niekerk | 12 | MSC NGD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 | |
| 220 | 54.91 L | F | Matthew Schäffler | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools | |
| 221 | 54.92 L | F | Russel Botha | 12 | VREDE FMD | 19/10/2024 | Pelicans Gala 2 | |
| 222 | 54.99 L S | P | Jandro Downey | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 223 | 55.00 L | F | Lizandro Nondumo | 12 | USHAK EKU | 12/10/2024 | EGA Summer 2 | |
| 224 | 55.21 L | F | Wian Vermeulen | 12 | BETH FDD | 15/11/2024 | Valsrivier Gala 2024 | |
| 225 | 55.37 L | F | Neil Oosthuizen | 12 | SS MPD | 12/10/2024 | Limpopo Age Group 4 | |
| 226 | 55.52 L | F | Wian Koekemoer | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 227 | 55.68 L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 228 | 55.71 L | F | Arno Voogt | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 229 | 55.95 L | F | William Tasker | 12 | UNIC CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 230 | 56.07 L | F | Rolan Goss | 12 | LSPHA MP | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 231 | 56.29 L S | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships | |
| 232 | 56.69 L | F | Riekie Beyers | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 233 | 57.08 L S | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 234 | 57.48 L S | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 235 | 57.53 L | F | Joshua Grobler | 12 | VRC FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 236 | 57.61 L S | P | Henro Beyers | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 237 | 57.66 L | F | Dominique Maronko | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 | |
| 238 | 57.85 L | F | Sivuyisiwe Adonisi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 239 | 57.90 L | F | Hanroux Schellink | 12 | BEST NMA | 05/10/2024 | 4th A League Gala 2024 | |
| 240 | 57.98 L | F | Reyansh Putrevu | 12 | SASE JHB | 20/11/2024 | Crusaders Night Gala 1 | |
| 241 | 58.00 L | F | Juann Brits | 12 | MATL KKD | 23/11/2024 | NWS Age Group 3 + 4 2024 | |
| 242 | 58.01 L | F | Karlo Spies | 12 | SS MPD | 12/10/2024 | Limpopo Age Group 4 | |
| 243 | 58.24 L S | P | Grant Henley | 12 | ESTR EKU | 05/12/2024 | EGA Summer Championships | |
| 244 | 58.26 L | P | Yandinjabulo Mahlangu | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 245 | 58.28 L | F | Charles Paul Nel | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 246 | 58.71 L | F | Devon Jansen van Vuuren | 12 | CSA EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER | |
| 247 | 59.19 L | F | Shivaan-Douglas Reitz | 12 | GAA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 248 | 59.54 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 249 | 1:00.62 L | F | Mpandenhle Zungu | 12 | LAD UTD | 11/01/2025 | Uthukela District Age Group Gala | |
| 250 | 1:00.70 L | F | Aiden Du Plessis | 12 | BULS MAN | 06/09/2024 | Bull Sharks Annual Gala | |
| 251 | 1:00.98 L S | P | Rorisang Mogale | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| 252 | 1:01.16 L | F | Jacobus De Bruyn | 12 | VREDE FMD | 19/10/2024 | Pelicans Gala 2 | |
| 253 | 1:01.60 L | P | Luthando Sisilana | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 254 | 1:01.64 L | F | Oscar Van Vuuren | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 255 | 1:01.68 L | F | Morne Botha | 12 | FRA KCD | 07/12/2024 | Stingrays Champs 2024 | |
| 256 | 1:02.06 L | F | Luan Vd Schyff | 12 | LSBOS WB | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 257 | 1:02.21 L | F | Blake Mather | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 | |
| 258 | 1:02.38 L | F | Vunene Shingange | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 259 | 1:03.02 L | P | Adriaan Gouws | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 260 | 1:03.27 L | F | Olwethu Ndlala | 12 | NSAD EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) | |
| 261 | 1:03.91 L | F | Ruan Fourie | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 262 | 1:04.05 L | F | Handre Viljoen | 12 | AASC EZD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 | |
| 263 | 1:04.49 L | F | Tumisho Koshane | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 264 | 1:04.59 L | F | Ewan Nortje | 12 | BASS VB | 09/11/2024 | Limpopo Age Group 5 | |
| 265 | 1:07.86 L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 266 | 1:08.56 L | P | Benjamin Brynard | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 267 | 1:08.96 L | F | Jacobus Scheepers | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 268 | 1:09.66 L | F | Caleb Botha | 12 | EVO CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----------------------------|-------------|-------|-----------------------------|--------|-----------|------------|--------------------------------------|---------|
| 269 | 1:11.23 L | F | Willem Meyer | 12 | FISH EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 | Schools |
| 270 | 1:14.77 L | F | Neo Nong | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 271 | 1:16.23 L | F | Petri Louw | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 | |
| 272 | 1:25.83 L S | F | Joel Freetks | 12 | RETR CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| Men 12-12 100 Breast | | | | | | | | |
| 1 | 1:16.76 L | F | Noah Nice | 12 | TUKS TSH | 07/12/2024 | NWS Championships 2024 | |
| 2 | 1:17.37 L | F | Yu Yuan Yang | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 3 | 1:17.60 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 4 | 1:22.58 L | F | Ian Dreyer | 12 | TUKS TSH | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 5 | 1:24.01 L | F | Troy Harding | FR | VASA EKU | 05/12/2024 | EGA Summer Championships | |
| 6 | 1:24.56 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 7 | 1:26.01 L | F | Tatenda Mujati | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 8 | 1:26.03 L S | F | Tristan van Rensburg | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 9 | 1:26.47 L | F | Stian Mostert | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 10 | 1:26.49 L | F | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 11 | 1:26.65 L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 12 | 1:27.22 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 13 | 1:27.23 L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 14* | 1:27.71 L | F | Michael Bright | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 14* | 1:27.71 L | F | Nicholas Schoeman | 12 | PAC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 16 | 1:28.26 L | F | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 17 | 1:28.32 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 18 | 1:28.37 L | F | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 19 | 1:28.51 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 20 | 1:28.70 L | F | Caleb Muller | 12 | VRC TSH | 13/09/2024 | NTS September Age Group 2024 | |
| 21 | 1:28.86 L | F | Cole Hawkins | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 22 | 1:29.37 L | F | Damian Le Breton | 12 | BULS MAN | 25/10/2024 | Neptunes Gala | |
| 23 | 1:29.39 L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 24 | 1:29.83 L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 | |
| 25 | 1:29.84 L | F | Connor Felton | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 26 | 1:29.88 L | F | Haoran Hu | 12 | CA EKU | 12/10/2024 | EGA Summer 2 | |
| 27 | 1:30.44 L | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 | |
| 28 | 1:30.50 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 29 | 1:31.15 L | P | Damien de Wit | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 30 | 1:31.78 L | F | Adolph Jv Rensburg | 12 | TUKS TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 31 | 1:32.35 L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 18/01/2025 | EGA Summer 5 | |
| 32 | 1:32.38 L | F | Kian Snyman | 12 | RSA | 04/10/2024 | Curro AquaElite Gala | |
| 33 | 1:32.49 L | F | Ruhan Buys | 12 | TUKS TSH | 29/11/2024 | Mpumalanga Championships 2024 | |
| 34 | 1:32.60 L | P | Connor Smith | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 35 | 1:32.67 L | F | Benjamin Pautz | 12 | BLMA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 36 | 1:32.71 L | P | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 37 | 1:32.74 L | F | Hallett Swanepoel | 12 | EDA ED | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 38 | 1:32.99 L | F | Patrick Maughan | 12 | ASAC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 39 | 1:33.01 L | P | Jean-Luc du Plessis | 12 | TRAZ TSH | 29/11/2024 | CGA Championships 2024 | |
| 40 | 1:33.10 L | F | Matthew Jjuko | 12 | NWS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 41 | 1:33.40 L | F | Burhan Coetzee | 12 | VALS FDD | 02/11/2024 | Heidedal | |
| 42 | 1:33.70 L | F | Dandre Van der Merwe | 12 | STAQ CED | 09/11/2024 | Winelands SL4 | |
| 43 | 1:33.80 L | P | Garrick Jahnel | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships | |
| 44 | 1:33.92 L | F | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 45 | 1:33.97 L | F | Teegan Mc Donald | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 46 | 1:34.02 L | F | Damian Sher | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 47 | 1:34.10 L | F | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 | |
| 48 | 1:34.21 L | F | Noland Basson | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 | |
| 49 | 1:34.59 L | F | Aiden Green | 12 | INFA NMA | 16/11/2024 | 5th A League Gala 2024 | |
| 50 | 1:34.84 L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 | |
| 51 | 1:34.92 L | P | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 52 | 1:34.98 L | P | Ethan Kenmuir | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 53 | 1:35.05 L | F | Barend Van Der Merwe | 12 | VALS FDD | 04/12/2024 | Free State Champs 2024 | |
| 54 | 1:35.08 L | F | Riaan Lategan | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 55 | 1:35.25 L | F | Cayden Carson | 12 | BULS MAN | 25/10/2024 | Neptunes Gala | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-------------|-------|-----------------------|--------|-----------|------------|-------------------------------------|
| 56 | 1:35.31 L | F | Dian Visagie | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 57 | 1:35.34 L | P | Ronin Houghton | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 58 | 1:35.37 L S | F | Yonatan Melnik | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 59* | 1:35.44 L | F | Kian Van Der Kooij | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 59* | 1:35.44 L | F | Daylen Kyster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 61 | 1:35.54 L | P | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 62* | 1:35.59 L | F | Charl Wessels | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala |
| 62* | 1:35.59 L | F | Zuriel Pakkiri | 12 | BLUO UGD | 25/01/2025 | uShaka Champs 2025 |
| 64 | 1:35.81 L | F | You-De Lee | 12 | PGAC EKU | 18/01/2025 | EGA Summer 5 |
| 65 | 1:35.89 L | F | Mason Webb | 12 | DRGN EKU | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 66 | 1:35.94 L | F | Iliia Papadopoulos | 12 | SCR MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 67 | 1:35.98 L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 68 | 1:36.12 L | P | Connor De Amorim | 12 | PER JHB | 29/11/2024 | CGA Championships 2024 |
| 69 | 1:36.63 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 70 | 1:37.03 L | P | Lian Botha | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 71 | 1:37.07 L | F | Evan Potgieter | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 72 | 1:37.11 L | F | Benjamin Uys | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 73 | 1:37.21 L | F | Brodie Roberts | 12 | ASA ILD | 14/06/2024 | AQZ Winter Warmer 2024 |
| 74 | 1:37.53 L | P | Brody Titus | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 75* | 1:37.56 L | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 75* | 1:37.56 L | P | Logan Clark | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 77 | 1:37.70 L | F | Alec Ellis | 12 | LALE CED | 09/11/2024 | Winelands SL4 |
| 78 | 1:37.91 L | F | Liam Muller | 12 | SWIM1 JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 79 | 1:38.06 L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 |
| 80 | 1:38.19 L | F | Liam Naude | 12 | CSC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 81 | 1:38.76 L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 82 | 1:38.91 L | F | Conor Smuts | 12 | RSA | 04/10/2024 | Curro AquaElite Gala |
| 83 | 1:38.93 L | F | Khwakhanya Siziba | 12 | ESP EKU | 01/02/2025 | EGA Last Chance Gala |
| 84 | 1:38.96 L | F | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 |
| 85 | 1:39.09 L | P | Christiaan Stander | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 86 | 1:39.11 L | P | Leonidas Lazaridis | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 87 | 1:39.26 L | F | Weirich Vorster | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 88 | 1:39.46 L | F | Reece Van Heusden | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 89 | 1:39.59 L | F | Jordan Heath | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 90 | 1:39.65 L | F | Luca Kneubuhler | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 91 | 1:40.67 L S | F | Max Dockerill | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 92 | 1:40.77 L S | F | Ethan Wenn | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 93 | 1:41.11 L | F | Akwande Yende | 12 | KLOO ETH | 02/07/2024 | Prestige Tournament 2024 |
| 94 | 1:41.27 L | P | Richard Symms | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 |
| 95 | 1:41.36 L S | F | Connor Laufs | 12 | SAAW CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 96 | 1:41.48 L | F | Gabriel Spinks | 12 | DRGN EKU | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 97 | 1:41.57 L S | F | Lourens Luttig | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 98 | 1:41.73 L | P | Callum Van Reenen | 12 | TRAZ FSH | 29/11/2024 | CGA Championships 2024 |
| 99 | 1:41.82 L | F | Martin Rabie | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 100 | 1:42.00 L S | F | Dylan Snyders | 12 | TGA WCD | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 101 | 1:42.04 L | F | Diego Carpinteiro | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 102 | 1:42.14 L | F | Luniko Toyo | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 103 | 1:42.19 L | F | Uthando Zungu | 12 | BCA BUF | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 104 | 1:42.22 L | F | Daniel Gouveia | 12 | SOUL EKU | 26/10/2024 | Summer 3 Delville |
| 105 | 1:42.34 L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 106 | 1:42.49 L | P | Nikolay Kalvachev | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 107 | 1:42.52 L | F | Louis Lategan | 12 | FAAC | 19/10/2024 | NCASA AGE GROUP 1 KBY 2024 |
| 108 | 1:42.53 L S | F | Hiram Robertson | 12 | INFA NMA | 17/01/2025 | 6th A League Gala 2025 |
| 109 | 1:42.57 L | F | Nicolas Coolen | 12 | STAQ CED | 09/11/2024 | Winelands SL4 |
| 110 | 1:42.58 L | F | Alexander Lurie | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 111 | 1:42.75 L S | F | Logan Ehrenreich | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 112 | 1:42.76 L | P | Lincoln Andrews | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 113 | 1:42.79 L | F | Vlad Kopczynski | 12 | RFA FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 114 | 1:42.96 L | F | Deante James | 12 | CRSC JHB | 27/09/2024 | Seals Gala 2 |
| 115 | 1:43.04 L | P | Alexander Van Niekerk | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-------------|-------|----------------------|--------|-----------|------------|--------------------------------------|
| 116 | 1:43.34 L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 117 | 1:43.70 L S | F | Bo Vermaak | 12 | VINE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 118 | 1:43.94 L | P | Markus Steenkamp | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 119 | 1:44.32 L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 120 | 1:44.50 L | F | Hunter Harty | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 121 | 1:44.95 L | P | Izak Kotzé | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 122 | 1:45.11 L | F | Nikolas Kotras | 12 | HPS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 123 | 1:45.17 L | F | Johannes Spangenberg | 12 | XCEL CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 124 | 1:45.27 L | F | Thomas De Vos | 12 | TINC TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 125 | 1:45.49 L | F | Rhenier Labuschagne | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 126 | 1:45.57 L | F | Riko Odendaal | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 127 | 1:45.95 L | F | Johannes Bester | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 128 | 1:45.97 L S | F | Mikael Lubbe | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 129 | 1:46.00 L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 130 | 1:46.11 L | F | Mark Rosser | 12 | INFA NMA | 12/08/2023 | Madibaz Swim Meet 2023 |
| 131* | 1:46.13 L S | F | Chase Anderson | 12 | BLMA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 131* | 1:46.13 L | F | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 133 | 1:46.48 L | P | Kenzo Kelly | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 134 | 1:46.51 L | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 135 | 1:46.72 L | F | Rafael Durig | 12 | CRSC JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 136 | 1:46.79 L | F | Adriaan Naude | 12 | AGAQ OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 137 | 1:46.82 L | F | Adriel Chivandire | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 138 | 1:47.04 L | F | Michael Meyer | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 139 | 1:47.19 L | F | Rauch Burger | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 140 | 1:47.31 L | F | Mikyle Mapanka | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 141 | 1:47.66 L | F | Sameul Grobler | 12 | KTS | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 142 | 1:47.69 L | F | Sebastian Butler | 12 | ELEC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 143 | 1:47.74 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 144 | 1:47.95 L | P | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 145* | 1:48.07 L | F | Kyran Goliath | 12 | PEAS NMA | 13/12/2024 | NMBA Championships 2024 |
| 145* | 1:48.07 L | P | Dakalo Nematikanga | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 147 | 1:48.16 L | P | Zimangaliso Mbolekwa | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 148 | 1:48.17 L S | F | Matthew Liebenberg | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 149 | 1:48.22 L | F | Luan Botha | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 150 | 1:48.40 L | F | Kian Van Buren | 12 | RIVO JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 151 | 1:48.48 L | F | Zander Vd Merwe | 12 | QUIC CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 152 | 1:48.49 L | F | Vivan Jayaram | 12 | LINR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 153 | 1:48.66 L | F | Arnich Du Toit | 12 | ACAQ CCD | 29/11/2024 | Limpopo Champs 2024 |
| 154 | 1:48.77 L | F | Hein Van der Walt | 12 | DDA TSH | 01/02/2025 | EGA Last Chance Gala |
| 155 | 1:48.78 L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 156 | 1:48.88 L | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships |
| 157 | 1:49.02 L | F | Cooper Goliath | 12 | USC BUF | 13/07/2024 | 1st A League Gala 2024 |
| 158 | 1:49.30 L | F | Jandro Downey | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 159 | 1:49.46 L | F | Gabriel Cokayne | 12 | CRSC JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 160* | 1:49.84 L | F | Yahin Marimuthu | 12 | AWSC JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 160* | 1:49.84 L | F | Anrich Botha | 12 | UNI EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER |
| 162 | 1:49.86 L | F | Kayden Steyl | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 163 | 1:49.88 L | F | Adriaan Du Toit | 12 | WSS LLD | 15/11/2024 | Valsrivier Gala 2024 |
| 164 | 1:50.09 L | P | Reitumetse Ngomezwa | 12 | BAS EKU | 05/12/2024 | EGA Summer Championships |
| 165 | 1:50.63 L | F | Carel Wolhuter | 12 | BLOT MAN | 11/10/2024 | Otters Prestige Gala 2024 |
| 166 | 1:50.65 L | P | Anakin Henze | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 167 | 1:50.68 L | F | Errol Harmse | 12 | TUKS TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 168 | 1:50.94 L | F | Neo Morabe | 12 | UNI EZD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 |
| 169 | 1:51.13 L | F | Damon Heide | 12 | H2O EKU | 01/02/2025 | EGA Last Chance Gala |
| 170 | 1:51.48 L | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 171 | 1:51.61 L | F | Joshua Lloyd | 12 | SWIFT EKU | 12/10/2024 | EGA Summer 2 |
| 172 | 1:51.96 L | F | Ewaldt Hamman | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 |
| 173 | 1:52.28 L | F | Theodore Opperman | 12 | KTS | 05/10/2024 | FLAMINGO GALA OCT 2024 |
| 174 | 1:52.64 L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 175 | 1:52.89 L | F | Vuuren Steenkamp | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|---------|-------|------|-------------------------|----|-----------|------------|--------------------------------------|
| 176 | 1:53.05 | L | P | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 177 | 1:53.30 | L | F | Kaelo Mamabolo | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan |
| 178 | 1:53.51 | L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 |
| 179 | 1:53.80 | L | F | Xabiso Mtotoba | 12 | BLNE MAN | 25/10/2024 | Neptunes Gala |
| 180 | 1:53.86 | L | P | Thomas Close | 12 | DORE JHB | 29/11/2024 | CGA Championships 2024 |
| 181 | 1:54.03 | L | F | Zander Smith | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 182 | 1:54.15 | L | F | James Bredenkamp | 12 | BS LLD | 25/10/2024 | Neptunes Gala |
| 183 | 1:54.30 | L | F | Amaru Lewis | 12 | PAQU CED | 09/11/2024 | Winelands SL4 |
| 184 | 1:54.64 | L | F | Trent Emmanuel | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 185 | 1:54.82 | L | F | Sebastian Van Biljon | 12 | CSA EZD | 10/01/2025 | 2024 Grand Prix Invitation Swimming |
| 186 | 1:55.18 | L | F | Jaden Mbhokota | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 187 | 1:55.80 | L | F | Kailan Aspden | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala |
| 188 | 1:55.94 | L | F | Enzokuhle Dlamini | 12 | FSE KCD | 07/12/2024 | Stingrays Champs 2024 |
| 189 | 1:56.03 | L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 190 | 1:56.04 | L | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 191 | 1:56.16 | L | F | Alexander Kock | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 192 | 1:56.36 | L | F | Logan van der Nest | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 193 | 1:56.48 | L | F | Siphehile Mawelela | 12 | SOSH FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 194 | 1:56.85 | L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 | CGA Championships 2024 |
| 195 | 1:56.87 | L | F | Cornelius Cockeran | 12 | KALA | 19/10/2024 | NCASA AGE GROUP 1 KATHU 2024 |
| 196 | 1:56.91 | L | F | Cameron Cross | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 197 | 1:56.97 | L | F | Joshua Kapp | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 198 | 1:57.00 | L | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 199 | 1:57.23 | L | P | Connor Joubert | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 200 | 1:57.53 | L | F | Chris Van Wyk | 12 | BLNE MAN | 24/08/2024 | Kovsie Gala 2 |
| 201 | 1:58.02 | L | F | Marcus Dippenaar | 12 | ROA EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 202 | 1:58.28 | L | P | Tinasha Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 203 | 1:58.44 | L | F | Joshua Lenhard | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 204 | 1:59.12 | L | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships |
| 205 | 1:59.16 | L | F | Petrus Laubscher | 12 | JAQ EKU | 18/01/2025 | EGA Summer 5 |
| 206 | 1:59.33 | L | F | Joel Craib | 12 | CUHE OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 207 | 2:00.21 | L | P | Wian Koekemoer | 12 | AASC EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 208 | 2:00.24 | L | F | Wian Vermeulen | 12 | BETH FDD | 15/11/2024 | Valsrivier Gala 2024 |
| 209 | 2:00.62 | L | P | Tsebo Ntsoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 210 | 2:00.72 | L | F | Rolan Goss | 12 | DOLFI MPD | 09/11/2024 | Limpopo Age Group 5 |
| 211 | 2:00.83 | L S | F | Gabriel Witten | 12 | AQDO CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 212 | 2:01.23 | L | F | Bonga Mathebula | 12 | LSPN MP | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 213 | 2:01.58 | L | F | Moalosi Moalosi | 12 | PELIC MAN | 19/10/2024 | Pelicans Gala 2 |
| 214 | 2:01.81 | L | F | Nathan Sauls | 12 | PGAC EKU | 18/01/2025 | EGA Summer 5 |
| 215 | 2:01.88 | L | F | Amokelani Mashimbye | 12 | SOSH FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 216 | 2:01.95 | L | P | William Baard | 12 | OLDE JHB | 29/11/2024 | CGA Championships 2024 |
| 217 | 2:02.11 | L | F | Riekie Beyers | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 218 | 2:02.42 | L | F | Erih Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 219 | 2:02.97 | L | F | Reyansh Putrevu | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 220 | 2:03.02 | L | P | Malwande Mtolo | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 |
| 221 | 2:03.77 | L S | F | Eli Pontac | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 222 | 2:05.30 | L | F | Omolemo Mogale-Mabusela | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 223 | 2:05.43 | L | F | Jared Rowe | 12 | CPSC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 224 | 2:06.91 | L | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 225 | 2:08.26 | L | F | Matthew Schäffler | 12 | ROA EDD | 31/01/2025 | Infinity Gala 2025 |
| 226 | 2:08.74 | L | F | Karlo Spies | 12 | SS MPD | 12/10/2024 | Limpopo Age Group 4 |
| 227 | 2:09.16 | L | F | Kushata Bitsang | 12 | NGU FSH | 13/09/2024 | NTS September Age Group 2024 |
| 228 | 2:09.33 | L | F | Tinenyasha Myotcha | 12 | FRA KCD | 26/10/2024 | Froggies Aquatics Championships 2024 |
| 229 | 2:09.43 | L | F | Henro Beyers | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 230 | 2:09.44 | L | F | Devon Jansen van Vuuren | 12 | CSA EZD | 14/09/2024 | MP SPRINT GALA 14 SEPTEMBER |
| 231 | 2:09.73 | L | F | Shivaan-Douglas Reitz | 12 | GAA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 232 | 2:09.87 | L | F | Sivuyisiwe Adonisi | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 233 | 2:10.07 | L S | F | Charles Paul Nel | 12 | QUIC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 234 | 2:10.24 | L | F | Riyan Phalai | 12 | PSA ZLD | 07/12/2024 | Stingrays Champs 2024 |
| 235 | 2:10.25 | L | F | Leander Le Roux | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----------------------------|-------------|-------|------------------------|--------|-----------|------------|--------------------------------------|--|
| 236 | 2:10.62 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 | |
| 237 | 2:12.67 L | F | Juann Brits | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 238 | 2:14.12 L | F | Luan Vd Schyff | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 239 | 2:14.38 L | P | Prescioustone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 | |
| 240 | 2:14.84 L | F | Aiden Du Plessis | 12 | BULS MAN | 06/09/2024 | Bull Sharks Annual Gala | |
| 241 | 2:15.06 L | F | Morne Botha | 12 | FRA KCD | 25/01/2025 | uShaka Champs 2025 | |
| 242 | 2:16.29 L | F | Grant Henley | 12 | ESTR EKU | 12/10/2024 | EGA Summer 2 | |
| 243 | 2:16.85 L | F | Mpandenhle Zungu | 12 | LAD UTD | 11/01/2025 | Uthukela District Age Group Gala | |
| 244 | 2:17.40 L | P | Rorisang Mogale | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| 245 | 2:20.62 L | F | Vunene Shingange | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 246 | 2:26.67 L | F | Ruan Fourie | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 247 | 2:32.26 L | F | Caleb Botha | 12 | EVO CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 248 | 2:36.08 L | P | Benjamin Brynard | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| Men 12-12 200 Breast | | | | | | | | |
| 1 | 2:45.63 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 2 | 2:51.55 L | F | Yu Yuan Yang | 12 | WATR JHB | 31/01/2025 | Infinity Gala 2025 | |
| 3 | 2:59.62 L | F | Troy Harding | FR | VASA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 4 | 2:59.88 L | F | Noah Nice | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 5 | 3:05.23 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 6 | 3:05.26 L | F | Nicholas Schoeman | 12 | PAC FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 7 | 3:05.54 L | P | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 8 | 3:05.87 L | F | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 9 | 3:06.03 L | F | Tristan van Rensburg | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 10 | 3:06.41 L | F | Stian Mostert | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 11 | 3:06.60 L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 12 | 3:06.90 L | F | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 13 | 3:07.62 L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 14 | 3:08.67 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 15 | 3:12.92 L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 | |
| 16 | 3:15.69 L | P | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 17 | 3:16.36 L | P | Cole Hawkins | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 18 | 3:16.46 L | P | Tatenda Mujati | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 19 | 3:16.84 L | F | Tinus Kirstein | 12 | PAC FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 20 | 3:17.22 L S | F | Adolph Jv Rensburg | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 | |
| 21 | 3:17.31 L | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 22 | 3:17.50 L | F | Michael Bright | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 23 | 3:17.97 L | F | Dandre Van der Merwe | 12 | STAQ CED | 09/11/2024 | Winelands SL4 | |
| 24 | 3:19.43 L | F | Benjamin Pautz | 12 | BLMA CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 25 | 3:20.09 L | F | Burhan Coetzee | 12 | VALS FDD | 02/11/2024 | Heidedal | |
| 26 | 3:20.27 L | F | Yonatan Melnik | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 27 | 3:20.60 L S | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 | |
| 28 | 3:21.15 L S | F | Noland Basson | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 | |
| 29 | 3:22.09 L | F | Evan Potgieter | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 30 | 3:22.90 L | P | Garrick Jahnel | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships | |
| 31 | 3:22.94 L | F | Shaun Teich | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 32 | 3:23.00 L S | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 | |
| 33 | 3:23.55 L | F | Daylen Kyster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 34 | 3:24.20 L S | F | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 | |
| 35 | 3:25.09 L | F | Ruhan Buys | 12 | TUKS FSH | 29/11/2024 | Mpumalanga Championships 2024 | |
| 36 | 3:25.88 L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 | |
| 37 | 3:25.94 L | F | Daniël Barnard | 12 | XCEL CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 38 | 3:26.34 L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 39 | 3:26.42 L S | F | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 | |
| 40 | 3:27.14 L | F | Brody Titus | 12 | PAQU CED | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 41 | 3:27.20 L | F | Aiden Green | 12 | INFA NMA | 15/06/2024 | PEA Winter Gala 2024 | |
| 42 | 3:27.60 L | F | Cayleb Sutherland | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 43 | 3:27.65 L | F | Connor Smith | 12 | CA EKU | 15/11/2024 | Summer 4 Delville | |
| 44 | 3:27.80 L | F | Ivan Pretorius | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 45 | 3:27.98 L | P | Ronin Houghton | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships | |
| 46 | 3:29.29 L | F | Ethan Kenmuir | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|-----|---------|-------|------|-----------------------|----|-------|-----|------------|--------------------------------------|
| 47 | 3:29.35 | L | F | You-De Lee | 12 | PGAC | EKU | 01/02/2025 | EGA Last Chance Gala |
| 48 | 3:29.46 | L S | F | Lian Botha | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 49 | 3:29.49 | L | F | Luca Kneubuhler | 12 | AA | JHB | 01/02/2025 | EGA Last Chance Gala |
| 50 | 3:29.61 | L | F | Andrew Bruyns | 12 | CSA | EZD | 10/01/2025 | 2024 Grand Prix Invitation Swimming |
| 51 | 3:29.62 | L | F | Riaan Lategan | 12 | SWAR | WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 52 | 3:30.09 | L S | F | Christiaan Liebenberg | 12 | POTC | KKD | 07/12/2024 | NWS Championships 2024 |
| 53 | 3:30.44 | L S | F | Damian Le Breton | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 54 | 3:30.57 | L | P | Logan Clark | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 55 | 3:30.76 | L | F | Ewan Bosch | 12 | TYGE | CPT | 05/10/2024 | CTA Qualifying Meet 5 - (L2 & above) |
| 56 | 3:31.05 | L S | F | Barend Van Der Merwe | 12 | VALS | FDD | 04/12/2024 | Free State Champs 2024 |
| 57 | 3:31.33 | L | F | Vlad Kopczynski | 12 | RFA | FSH | 01/02/2025 | EGA Last Chance Gala |
| 58 | 3:31.71 | L S | P | Brodie Roberts | 12 | ASA | ILD | 02/07/2024 | Prestige Tournament 2024 |
| 59 | 3:32.51 | L | F | Ethan Wenn | 12 | ASAC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 60 | 3:32.76 | L | P | Mason Webb | 12 | DRGN | EKU | 29/11/2024 | CGA Championships 2024 |
| 61* | 3:32.80 | L | F | Liam Naude | 12 | CSC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 61* | 3:32.80 | L | P | Eli-Ray Mulder | 12 | MDOL | JHB | 29/11/2024 | CGA Championships 2024 |
| 63 | 3:32.81 | L | F | Diego Carpinteiro | 12 | CA | EKU | 15/11/2024 | Summer 4 Delville |
| 64 | 3:32.98 | L | F | Matthew Jjuko | 12 | NWS | | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 65 | 3:33.00 | L | F | Deante James | 12 | CRSC | JHB | 27/09/2024 | Seals Gala 2 |
| 66 | 3:33.16 | L | F | Mitchell Naude | 12 | TUKS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 67 | 3:34.98 | L | F | Cayden Carson | 12 | BULS | MAN | 31/08/2024 | Seals Gala |
| 68 | 3:35.23 | L | F | Dawid Müller | 12 | TUKS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 69 | 3:35.35 | L | P | Markus Steenkamp | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 70 | 3:35.71 | L | F | Connor Laufs | 12 | SAAW | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 71 | 3:36.37 | L | F | Martin Rabie | 12 | TUKS | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 72 | 3:36.73 | L | P | Connor De Amorim | 12 | PER | JHB | 29/11/2024 | CGA Championships 2024 |
| 73 | 3:36.93 | L | F | Hiram Robertson | 12 | INFA | NMA | 17/08/2024 | Madibaz Swim Meet 2024 |
| 74 | 3:37.38 | L | P | Richard Symms | 12 | DORE | JHB | 29/11/2024 | CGA Championships 2024 |
| 75 | 3:37.95 | L | F | Lincoln Andrews | 12 | CA | EKU | 01/02/2025 | EGA Last Chance Gala |
| 76 | 3:38.14 | L | F | Dylan Snyders | 12 | TGA | WCD | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 77 | 3:38.43 | L | F | Mark Rosser | 12 | INFA | NMA | 12/08/2023 | Madibaz Swim Meet 2023 |
| 78 | 3:38.82 | L | P | Liam Muller | 12 | SWIM1 | JHB | 29/11/2024 | CGA Championships 2024 |
| 79 | 3:39.24 | L | P | Callum Van Reenen | 12 | TRAZ | FSH | 29/11/2024 | CGA Championships 2024 |
| 80 | 3:39.37 | L | F | Sebastian Botha | 12 | TKS | WBD | 29/11/2024 | Limpopo Champs 2024 |
| 81 | 3:39.96 | L | F | Weirich Vorster | 12 | LSTZN | CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 82 | 3:40.44 | L | F | Bo Vermaak | 12 | VINE | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 83 | 3:41.94 | L | P | Nikolay Kalvachev | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 84 | 3:42.67 | L | F | Daniel Vleggaar | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 85 | 3:43.08 | L | F | Lourens Luttig | 12 | QUIC | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 86 | 3:43.21 | L | F | Logan Ehrenreich | 12 | PAQU | GED | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 87 | 3:44.33 | L | P | Lance Gray | 12 | MDOL | JHB | 29/11/2024 | CGA Championships 2024 |
| 88 | 3:44.37 | L | F | Khwakhanya Siziba | 12 | ESP | EKU | 15/11/2024 | Summer 4 Delville |
| 89 | 3:44.48 | L | F | Hein Van der Walt | 12 | DDA | FSH | 01/02/2025 | EGA Last Chance Gala |
| 90 | 3:44.83 | L S | P | Charl Wessels | 12 | BLSS | MAN | 02/07/2024 | Prestige Tournament 2024 |
| 91 | 3:45.82 | L S | F | Michael Meyer | 12 | RBOT | BPD | 07/12/2024 | NWS Championships 2024 |
| 92 | 3:46.28 | L | F | Mikyle Mapanka | 12 | NC | FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 93 | 3:46.37 | L | P | Jandro Downey | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 94 | 3:46.81 | L S | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 95 | 3:47.18 | L | F | Alexander Lurie | 12 | OHAN | ILD | 25/01/2025 | uShaka Champs 2025 |
| 96 | 3:47.23 | L | F | Chase Anderson | 12 | BLMA | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 97 | 3:47.24 | L | P | Joshua Lloyd | 12 | SWIFT | EKU | 05/12/2024 | EGA Summer Championships |
| 98 | 3:47.68 | L S | F | Rhenier Labuschagne | 12 | HARB | BPD | 07/12/2024 | NWS Championships 2024 |
| 99 | 3:48.05 | L | F | Christiaan Stander | 12 | ASAW | GED | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 100 | 3:48.81 | L | F | Matthew Liebenberg | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 101 | 3:49.83 | L | F | Samual Booth | 12 | VIKI | BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 102 | 3:50.02 | L | F | Adriaan Naude | 12 | AGAQ | QBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 103 | 3:50.04 | L | F | Kenzo Kelly | 12 | MAKO | EKU | 15/11/2024 | Summer 4 Delville |
| 104 | 3:50.07 | L | F | Nikolas Kotras | 12 | HPS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 105 | 3:50.37 | L | F | Umar Parker | 12 | UWCA | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 106 | 3:50.43 | L | F | Leonidas Lazaridis | 12 | CA | EKU | 01/02/2025 | EGA Last Chance Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-------------------------|-------------|-------|-------------------------|--------|-----------|------------|--------------------------------------|
| 107 | 3:50.64 L | F | Johannes Spangenberg | 12 | XCEL CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 108 | 3:51.54 L | F | Adam Herrmann | 12 | SWIFT EKU | 15/11/2024 | Summer 4 Delville |
| 109 | 3:52.41 L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 110 | 3:52.50 L | F | Theodore Opperman | 12 | KTS | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 111 | 3:52.65 L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 112 | 3:52.96 L | F | Arnich Du Toit | 12 | ACAO CCD | 29/11/2024 | Limpopo Champs 2024 |
| 113 | 3:53.19 L | F | Zian Smith | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 114 | 3:53.55 L | F | Izak Kotzé | 12 | BS LLD | 13/09/2024 | Pelicans Age Group Gala |
| 115 | 3:53.93 L | F | Damon Heide | 12 | H2O EKU | 01/02/2025 | EGA Last Chance Gala |
| 116 | 3:54.28 L | F | Rigter Van Wyngaard | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 117 | 3:54.31 L | F | Zander Vd Merwe | 12 | QUIC CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 118 | 3:54.64 L | F | Errol Harmse | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 119 | 3:56.44 L | P | Reitumetse Ngomezwa | 12 | BAS EKU | 05/12/2024 | EGA Summer Championships |
| 120 | 3:57.09 L | F | Alexander Van Niekerk | 12 | BLSS MAN | 31/08/2024 | Seals Gala |
| 121 | 3:57.46 L S | F | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 122 | 3:57.67 L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 |
| 123 | 3:58.97 L | F | Kayden Steyl | 12 | BLSS MAN | 25/10/2024 | Neptunes Gala |
| 124 | 3:58.98 L | F | Willem Strydom | 12 | H2O EKU | 15/11/2024 | Summer 4 Delville |
| 125 | 3:59.07 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 126 | 3:59.99 L | F | Daniel Schoeman | 12 | BS LLD | 01/02/2025 | Heidedal & Sentraal Galal |
| 127 | 4:00.90 L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 128 | 4:01.80 L | F | Cornelius Cockeran | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 |
| 129 | 4:02.16 L | P | Yahin Marimuthu | 12 | AWSC JHB | 29/11/2024 | CGA Championships 2024 |
| 130 | 4:02.65 L | F | Enzokuhle Dlamini | 12 | FSE KCD | 07/12/2024 | Stingrays Champs 2024 |
| 131 | 4:04.45 L S | F | Carel Wolhuter | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 132 | 4:04.59 L S | F | Vuuren Steenkamp | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 133 | 4:05.46 L S | F | Alexander Kock | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 134 | 4:05.66 L | P | Michael Clarke | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 135 | 4:06.13 L | F | Logan Horn | 12 | BLMA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 136 | 4:06.46 L | F | Jeandre Fourie | 12 | CSC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 137 | 4:07.26 L | F | Uthando Zungu | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 138 | 4:07.99 L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 139 | 4:08.49 L | P | Petrus Laubscher | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 140 | 4:09.37 L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 141 | 4:09.50 L S | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 142 | 4:10.08 L | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 143 | 4:10.48 L | F | Ty Lombard | 12 | COMS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 144 | 4:10.86 L | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships |
| 145 | 4:10.89 L | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 146 | 4:13.15 L | F | Gabriel Witten | 12 | AQDO CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 147 | 4:14.40 L | F | Lukas Moodie | 12 | BLMA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 148 | 4:17.24 L | F | Wian Vermeulen | 12 | BETH FDD | 27/09/2024 | Seals Gala 2 |
| 149 | 4:17.85 L S | F | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 150 | 4:22.91 L | F | Rolan Goss | 12 | DOLFI MPD | 09/11/2024 | Limpopo Age Group 5 |
| 151 | 4:23.83 L | F | Moalosi Moalosi | 12 | PELIC MAN | 01/02/2025 | Heidedal & Sentraal Galal |
| 152 | 4:24.02 L | F | Sebastian Van Biljon | 12 | CSA EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 153 | 4:25.29 L | F | Nathan Sauls | 12 | PGAC EKU | 01/02/2025 | EGA Last Chance Gala |
| 154 | 4:27.91 L | F | Bonga Mathebula | 12 | DOLFI MPD | 12/10/2024 | Limpopo Age Group 4 |
| 155 | 4:29.61 L S | F | Presciusstone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 |
| 156 | 4:34.59 L | F | Devon Jansen van Vuuren | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 157 | 4:42.44 L | P | Orediretse Motshwanedi | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 158 | 4:43.52 L S | F | Juann Brits | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 159 | 4:50.55 L | F | Morne Botha | 12 | FRA KCD | 25/01/2025 | uShaka Champs 2025 |
| 160 | 4:53.31 L | F | Vunene Shingange | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 |
| 161 | 4:58.38 L | F | Tumisho Koshane | 12 | HREF BP | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| Men 12-12 50 Fly | | | | | | | |
| 1 | 30.80 L | F | Damian Le Breton | 12 | FSA FS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 2 | 30.92 L | F | Rebaone Moleko | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 3 | 31.19 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 4 | 31.36 L | F | Shah Kannemeyer | 12 | BEST NMA | 13/12/2024 | NMBA Championships 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|-----|---------|-------|-----------------------------|--------|-----------|------------|--------------------------------------|--|
| 5 | 31.42 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 6 | 31.64 L | F | Yu Yuan Yang | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 7 | 31.67 L | F | Noah Nice | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 | |
| 8 | 32.32 L | F | Ewan Bosch | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 9 | 32.37 L | F | Riandu Basson | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 | |
| 10 | 32.56 L | F | Stian Mostert | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 11 | 32.63 L | F | Tristan van Rensburg | 12 | CASC CPT | 09/11/2024 | Winelands SL4 | |
| 12 | 32.68 L | F | Eckhardt Van der Westhuizen | 12 | CRSC JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 13 | 32.80 L | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 14 | 33.23 L | P | Mickayle Boshoff | 12 | KNYA EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 15 | 33.26 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 16* | 33.39 L | F | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships | |
| 16* | 33.39 L | F | Jordan Heath | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 | |
| 18 | 33.69 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 19 | 33.85 L | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 20 | 34.06 L | F | Zachary Botha | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 21 | 34.24 L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 22 | 34.28 L | F | Seth Jacobs | 12 | MANT CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 23 | 34.29 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 24 | 34.41 L | F | Cayden Carson | 12 | FSA FS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 25 | 34.47 L | P | Adolph Jv Rensburg | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 | |
| 26 | 34.52 L | F | Connor Smith | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 27 | 34.60 L | P | Khwakhanya Siziba | 12 | ESP EKU | 05/12/2024 | EGA Summer Championships | |
| 28 | 34.71 L | F | Andre Strydom | 12 | BEST NMA | 13/12/2024 | NMBA Championships 2024 | |
| 29 | 34.78 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 30 | 34.81 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 31 | 34.84 L | P | Luca Bam | 12 | VRC FSH | 29/11/2024 | CGA Championships 2024 | |
| 32 | 35.01 L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 | |
| 33 | 35.16 L | F | Benjamin Uys | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 | |
| 34* | 35.18 L | F | Matthew De Fleuriet | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 34* | 35.18 L | F | Hayden Irving | 12 | RSA | 04/10/2024 | Curro AquaElite Gala | |
| 36* | 35.26 L | F | Reece Van Heusden | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 | |
| 36* | 35.26 L | F | Teegan Mc Donald | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 38 | 35.28 L | F | Dominique Maronko | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 | |
| 39 | 35.37 L | F | Aaron Goodall | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 40 | 35.39 L | F | Brody Schemel | 12 | HARL BUF | 22/11/2024 | BCA Long Course Championships 2024 | |
| 41 | 35.45 L | F | Ethan Smeyatsky | 12 | ORCA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 42 | 35.65 L | F | Diego Carpinteiro | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 43 | 35.70 L | P | Daylen Kyster | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 44 | 35.75 L | P | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 45 | 35.95 L | F | Charl Wessels | 12 | BLSS MAN | 27/09/2024 | Seals Gala 2 | |
| 46 | 35.96 L | F | Daniel Schaefer | 12 | PLAY CED | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 47 | 36.13 L | P | Jake Couzens | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 48 | 36.19 L | F | Benjamin Burger | 12 | WATR JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 49 | 36.20 L | F | Shaun Teich | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 50 | 36.37 L | P | Andrew Bruyns | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 51 | 36.41 L | F | Christiaan Stander | 12 | ASAW CED | 09/11/2024 | Winelands SL4 | |
| 52 | 36.59 L | F | Max Dockerill | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 53 | 36.79 L | F | Izak Kotzé | 12 | BS LLD | 11/10/2024 | Otters Prestige Gala 2024 | |
| 54* | 36.88 L | P | Brody Titus | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 54* | 36.88 L | F | David Macaskill | 12 | ELEC FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 56 | 36.92 L | F | Aiden Green | 12 | INFA NMA | 03/08/2024 | 2nd A League Gala 2024 | |
| 57 | 36.95 L | F | Caleb Duarte | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 58 | 37.19 L | F | Ruan Turvey | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 59 | 37.32 L | P | James Louw | 12 | VINE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 60 | 37.36 L | P | Connor Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 61 | 37.66 L | F | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 | |
| 62 | 37.67 L | F | Deante James | 12 | CRSC JHB | 29/11/2024 | CGA Championships 2024 | |
| 63 | 37.72 L | F | Tatenda Mujati | 12 | AA JHB | 29/11/2024 | CGA Championships 2024 | |
| 64 | 37.81 L | P | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|------|-------|-------|------|----------------------|----|-------|-----|---|
| 65 | 37.88 | L | F | James Bredekamp | 12 | BS | LLD | 04/12/2024 Free State Champs 2024 |
| 66 | 38.01 | L | F | Ivan Pretorius | 12 | TUKS | FSH | 13/09/2024 NTS September Age Group 2024 |
| 67 | 38.04 | L | F | Anakin Henze | 12 | WSTV | ETH | 25/01/2025 uShaka Champs 2025 |
| 68 | 38.08 | L | F | Cooper Goliath | 12 | USC | BUF | 13/12/2024 NMBA Championships 2024 |
| 69 | 38.14 | L | F | Jordan Wiesner | 12 | WSS | LLD | 04/12/2024 Free State Champs 2024 |
| 70 | 38.15 | L | P | Johannes Spangenberg | 12 | XCEL | CPT | 05/12/2024 Western Cape LC-A Championship 2024 |
| 71 | 38.16 | L | F | Mark Rosser | 12 | INFA | NMA | 31/01/2025 Infinity Gala 2025 |
| 72 | 38.20 | L | F | Alec Ellis | 12 | LALE | GED | 09/11/2024 Winelands SL4 |
| 73 | 38.22 | L | F | Lance Gray | 12 | MDOL | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 74 | 38.25 | L | F | Jude Theunissen | 12 | BEST | NMA | 31/01/2025 Infinity Gala 2025 |
| 75 | 38.44 | L | P | Eli-Ray Mulder | 12 | MDOL | JHB | 29/11/2024 CGA Championships 2024 |
| 76 | 38.45 | L | F | Dian Visagie | 12 | SWAR | WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 77 | 38.50 | L | F | Chayden Gopalan | 12 | AFIN | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 78 | 38.51 | L | F | Cayleb Sutherland | 12 | CA | EKU | 26/10/2024 Summer 3 Delville |
| 79 | 38.52 | L | P | Adriaan Du Toit | 12 | WSS | LLD | 04/12/2024 Free State Champs 2024 |
| 80 | 38.55 | L | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 Free State Champs 2024 |
| 81 | 38.77 | L | F | Zuriel Pakkiri | 12 | BLUO | UGD | 25/01/2025 uShaka Champs 2025 |
| 82 | 38.89 | L | P | Akwande Yende | 12 | KLOO | ETH | 02/07/2024 Prestige Tournament 2024 |
| 83 | 39.01 | L | F | Damon Heide | 12 | H2O | EKU | 01/02/2025 EGA Last Chance Gala |
| 84 | 39.02 | L | F | Liam Muller | 12 | SWIM1 | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 85 | 39.03 | L | F | Mikael Lubbe | 12 | ASAC | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 86* | 39.20 | L | F | Garrick Jahnel | 12 | SOUL | EKU | 12/10/2024 EGA Summer 2 |
| 86* | 39.20 | L | F | Daniel Glutz | 12 | SEAL | UMD | 25/01/2025 uShaka Champs 2025 |
| 88* | 39.30 | L S | F | Ethan Wenn | 12 | ASAC | CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 88* | 39.30 | L | P | Joshua Kapp | 12 | MAKO | EKU | 05/12/2024 EGA Summer Championships |
| 90 | 39.32 | L | F | Kailan Aspden | 12 | CA | EKU | 18/01/2025 EGA Summer 5 |
| 91 | 39.36 | L | F | Trent Emmanuel | 12 | SGUL | ETH | 13/12/2024 NMBA Championships 2024 |
| 92 | 39.40 | L | F | Joshua Bekker | 12 | LSTZN | CCD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 93 | 39.47 | L | F | Logan van der Nest | 12 | MAKO | EKU | 18/01/2025 EGA Summer 5 |
| 94 | 39.63 | L | P | Brodie Roberts | 12 | ASA | ILD | 02/07/2024 Prestige Tournament 2024 |
| 95 | 39.64 | L | F | Izak Zwarts | 12 | TYGE | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 96 | 39.74 | L | F | Quade Heitmuller | 12 | TRAZ | FSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 97 | 39.80 | L S | F | Blake Mather | 12 | INFA | NMA | 17/01/2025 6th A League Gala 2025 |
| 98 | 39.83 | L | F | Weirich Vorster | 12 | LSTZN | CCD | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 99 | 39.85 | L S | F | Hiram Robertson | 12 | INFA | NMA | 17/01/2025 6th A League Gala 2025 |
| 100 | 39.88 | L | P | Nathan McEwan | 12 | AA | JHB | 29/11/2024 CGA Championships 2024 |
| 101 | 39.89 | L | F | Zander Vd Merwe | 12 | QUIC | CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 102 | 39.92 | L | F | Tylan Daniels | 12 | AQDO | CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 103 | 40.00 | L | F | Kian Van Buren | 12 | RIVO | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 104 | 40.12 | L | F | Luca Kneubuhler | 12 | AA | JHB | 01/02/2025 EGA Last Chance Gala |
| 105 | 40.16 | L | F | Theodore Opperman | 12 | KTS | | 19/10/2024 NCASA AGE GROUP 1 KATHU 2024 |
| 106 | 40.22 | L | F | Mikyle Mapanka | 12 | KALA | | 19/10/2024 NCASA AGE GROUP 1 KATHU 2024 |
| 107 | 40.28 | L | P | Hunter Harty | 12 | UNI | EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 108 | 40.31 | L | F | Michael Marais | 12 | LSJM | SKD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 109 | 40.33 | L | F | Callum Van Reenen | 12 | TRAZ | FSH | 13/09/2024 NTS September Age Group 2024 |
| 110 | 40.59 | L | F | Thomas Close | 12 | DORE | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 111 | 40.60 | L | F | Anrich Botha | 12 | UNI | EZD | 14/09/2024 MP SPRINT GALA 14 SEPTEMBER |
| 112 | 40.66 | L | F | Kayden Steyl | 12 | BLSS | MAN | 28/06/2024 Sentraal Winter Gala |
| 113 | 40.69 | L | P | Troy Liebenberg | 12 | JAQ | EKU | 05/12/2024 EGA Summer Championships |
| 114 | 40.70 | L | P | Lumnko Masiko | 12 | RRSC | JHB | 29/11/2024 CGA Championships 2024 |
| 115 | 40.71 | L | F | Bonga Mathebula | 12 | DOLFI | MPD | 29/11/2024 Limpopo Champs 2024 |
| 116* | 40.76 | L | F | Brendan Swarts | 12 | CA | EKU | 18/01/2025 EGA Summer 5 |
| 116* | 40.76 | L | F | Kian Van Der Kooij | 12 | DORE | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 118 | 40.84 | L | F | Vivan Jayaram | 12 | LINR | JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 119 | 40.85 | L | F | Jacques Coetzer | 12 | BLOT | MAN | 04/12/2024 Free State Champs 2024 |
| 120 | 40.91 | L | F | Riaan Lategan | 12 | SWAR | WCD | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 121 | 40.92 | L | P | Dryden Knoetze | 12 | JAQ | EKU | 05/12/2024 EGA Summer Championships |
| 122 | 40.93 | L | F | Alexander Lurie | 12 | OHAN | ILD | 25/01/2025 uShaka Champs 2025 |
| 123 | 40.94 | L | F | Sameul Grobler | 12 | KTS | | 15/11/2024 AGE GROUP 2 KATHU 2024 |
| 124 | 40.96 | L | F | Erigh Egen | 12 | BARR | CPT | 02/11/2024 CTA A & B CHAMPS 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|------|-------|-------|------|-------------------------|----|-----------|---|
| 125 | 40.97 | L | F | Vaughn van Niekerk | 12 | UNI EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 126 | 40.99 | L | F | Samuel Marais | 12 | ELRAS WBD | 29/11/2024 Limpopo Champs 2024 |
| 127* | 41.01 | L | F | Aidan King | 12 | CASC CPT | 05/10/2024 CTA Qualifying Meet 5 - (L2 & above) |
| 127* | 41.01 | L | F | Gavin Burstein | 12 | TUKS FSH | 18/10/2024 NTS Level 3+ October Age Group 2024 |
| 129 | 41.05 | L | F | Simon Snyman | 12 | STAR BPD | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 130 | 41.14 | L | F | Omolemo Mogale-Mabusela | 12 | TUKS FSH | 11/10/2024 NTS Level 1+2 October Age Group 2024 |
| 131 | 41.15 | L | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 EGA Summer Championships |
| 132 | 41.17 | L | P | Cole Coetser | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 133 | 41.18 | L | F | Iliia Papadopoulos | 12 | SCR MPD | 01/02/2025 Limpopo School Champs & Limpopo AG |
| 134 | 41.19 | L | F | Troy Harding | 12 | BAS EKU | 12/10/2024 EGA Summer 2 |
| 135 | 41.24 | L | F | Leonidas Lazaridis | 12 | CA EKU | 12/10/2024 EGA Summer 2 |
| 136 | 41.33 | L | P | Damian Sher | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 137 | 41.37 | L | F | Evan Potgieter | 12 | TKS WBD | 09/11/2024 Limpopo Age Group 5 |
| 138 | 41.38 | L | F | Lincoln Andrews | 12 | CA EKU | 01/02/2025 EGA Last Chance Gala |
| 139 | 41.42 | L | P | Reitumetse Ngomeza | 12 | BAS EKU | 05/12/2024 EGA Summer Championships |
| 140 | 41.61 | L | F | Kyran Goliath | 12 | PEAS NMA | 31/01/2025 Infinity Gala 2025 |
| 141 | 41.75 | L | F | Ruhan Buys | 12 | TUKS FSH | 29/11/2024 Mpumalanga Championships 2024 |
| 142 | 42.09 | L | F | Hein Van der Walt | 12 | DDA FSH | 13/09/2024 NTS September Age Group 2024 |
| 143 | 42.15 | L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 Limpopo Champs 2024 |
| 144 | 42.24 | L | F | Logan Ehrenreich | 12 | PAQU CED | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 145 | 42.25 | L | F | Burhan Coetzee | 12 | VALS FDD | 15/11/2024 Valsrivier Gala 2024 |
| 146 | 42.27 | L | P | Gabriel Cokayne | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 147 | 42.57 | L | F | Kaelo Mamabolo | 12 | HARB BPD | 09/11/2024 NWS Age Group 1 & 2 2024 |
| 148 | 42.62 | L | F | Kenzo Kelly | 12 | MAKO EKU | 18/01/2025 EGA Summer 5 |
| 149 | 42.84 | L | F | Sebastian Van Biljon | 12 | CSA EZD | 01/11/2024 MP AGE GROUP 3 1-2 NOV 2024 |
| 150 | 43.03 | L | F | Riko Odendaal | 12 | BARR CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 151 | 43.09 | L | P | Neo Morabe | 12 | UNI EZD | 29/11/2024 Mpumalanga Championships 2024 |
| 152 | 43.23 | L S | F | Chase Anderson | 12 | BLMA CPT | 21/09/2024 CTA INVITATIONAL LC MEET |
| 153 | 43.26 | L | F | Tyrese Klink | 12 | CYBE CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 154 | 43.71 | L | F | Kyle Dukoff - Gordon | 12 | CA EKU | 12/10/2024 EGA Summer 2 |
| 155 | 43.81 | L | F | Rauch Burger | 12 | SWAR WCD | 09/11/2024 Swartland Prestige Gala 2024 |
| 156 | 43.83 | L | F | Moalosi Moalosi | 12 | PELIC MAN | 11/10/2024 Otters Prestige Gala 2024 |
| 157 | 43.85 | L | F | Jandro Downey | 12 | MAKO EKU | 26/10/2024 Summer 3 Delville |
| 158 | 43.94 | L | F | Nathan Coetzee | 12 | EXP FSH | 13/09/2024 NTS September Age Group 2024 |
| 159 | 43.98 | L | F | Connor Laufs | 12 | SAAW CPT | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 160 | 44.07 | L | P | Dakalo Nematikanga | 12 | AAS JHB | 29/11/2024 CGA Championships 2024 |
| 161 | 44.75 | L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 AQZ Winter Warmer 2024 |
| 162 | 45.00 | L | F | Thoriso Ntjepela | 12 | BAS EKU | 12/10/2024 EGA Summer 2 |
| 163 | 45.04 | L | F | Xabiso Mtotoba | 12 | BLNE MAN | 25/10/2024 Neptunes Gala |
| 164 | 45.33 | L | F | Petrus Jacobs | 12 | HREF BPD | 07/12/2024 NWS Championships 2024 |
| 165* | 45.45 | L | F | Christian Mushonga | 12 | RIVO JHB | 25/01/2025 CGA Summer Gala #4 Level 2+ 25 Jan |
| 165* | 45.45 | L | F | Adriaan Naude | 12 | AGAQ OBD | 09/11/2024 Swartland Prestige Gala 2024 |
| 167 | 45.64 | L | F | Karlo Spies | 12 | SS MPD | 29/11/2024 Limpopo Champs 2024 |
| 168 | 45.85 | L | F | Marcus Dippenaar | 12 | ROA EDD | 17/10/2024 43rd Freda Barnard Invitational Gala |
| 169 | 46.00 | L | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 EGA Summer Championships |
| 170 | 46.32 | L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 Free State Champs 2024 |
| 171 | 46.34 | L | F | Reece Africa | 12 | UWCA CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 172 | 46.40 | L | F | Vlad Kopczynski | 12 | RFA FSH | 01/02/2025 EGA Last Chance Gala |
| 173 | 46.49 | L | F | Rigter Van Wyngaard | 12 | TUKS FSH | 13/09/2024 NTS September Age Group 2024 |
| 174 | 46.54 | L | F | Uthando Zungu | 12 | VIKI BUF | 22/11/2024 BCA Long Course Championships 2024 |
| 175 | 46.60 | L | F | Daniel Vleggaar | 12 | TYGE CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 176 | 46.63 | L | F | Tinenyasha Myotcha | 12 | FRA KCD | 25/01/2025 uShaka Champs 2025 |
| 177 | 46.66 | L | F | Noland Basson | 12 | BLSS MAN | 27/09/2024 Seals Gala 2 |
| 178 | 46.79 | L | P | Rafael Durig | 12 | CRSC JHB | 29/11/2024 CGA Championships 2024 |
| 179 | 47.10 | L | F | Rachabedi Mokhosi | 12 | LSBOS WB | 02/11/2024 Limpopo LS - Top 8 skole 2024 |
| 180 | 47.34 | L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 CGA Championships 2024 |
| 181 | 47.39 | L | P | Cayden Coetzer | 12 | AWSC JHB | 29/11/2024 CGA Championships 2024 |
| 182* | 47.50 | L | F | Riyan Phalai | 12 | PSA ZLD | 25/01/2025 uShaka Champs 2025 |
| 182* | 47.50 | L | F | Christopher Newham | 12 | TYGE CPT | 02/11/2024 CTA A & B CHAMPS 2024 |
| 184 | 47.60 | L | F | Alexander Van Niekerk | 12 | BLSS MAN | 11/10/2024 Otters Prestige Gala 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|--------------------------|-------------|-------|------------------------|--------|-----------|------------|--------------------------------------|--|
| 185 | 47.96 L | F | Sebastien Oberholzer | 12 | CSC FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 186 | 48.10 L | F | Richard Symms | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 187 | 48.17 L | F | Cameron Cross | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 188 | 48.24 L | P | Sivuyisiwe Adonisi | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 189 | 48.44 L | P | Liam Van Der Heever | 12 | QUES JHB | 29/11/2024 | CGA Championships 2024 | |
| 190 | 48.74 L | F | Reyansh Putrevu | 12 | SASE JHB | 22/01/2025 | Crusaders Night Gala 2 | |
| 191 | 48.76 L | P | You-De Lee | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships | |
| 192 | 48.97 L | P | Cruz Kyriakides | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships | |
| 193 | 49.22 L | F | Leander Le Roux | 12 | SS MPD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 194 | 49.24 L | P | Zimangaliso Mbolekwa | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 195 | 49.47 L | F | Luniko Toyo | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 196 | 49.79 L | F | Joel Craib | 12 | CUHE OBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 197 | 49.94 L | F | Joshua Lloyd | 12 | SWIFT EKU | 12/10/2024 | EGA Summer 2 | |
| 198 | 49.99 L | F | Eduan Naude | 12 | CSC FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 199 | 50.09 L | F | Yahin Marimuthu | 12 | AWSC JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 200 | 50.13 L | F | Zidaan Dollie | 12 | MANT CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 201 | 50.14 L | F | Wian Vermeulen | 12 | BETH FDD | 15/11/2024 | Valsrivier Gala 2024 | |
| 202 | 50.58 L | F | Jayden Petzer | 12 | USC BUF | 13/12/2024 | NMBA Championships 2024 | |
| 203 | 50.72 L | F | Carlo Bothma | 12 | PAC FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 204 | 51.10 L | F | Luan Botha | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 205* | 51.24 L | P | Nathan Sauls | 12 | PGAC EKU | 05/12/2024 | EGA Summer Championships | |
| 205* | 51.24 L | P | William Baard | 12 | OLDE JHB | 29/11/2024 | CGA Championships 2024 | |
| 207 | 51.44 L | F | Lizandro Nondumo | 12 | USHAK EKU | 12/10/2024 | EGA Summer 2 | |
| 208 | 51.87 L | F | Ruan Van Tonder | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 209 | 51.95 L | F | Alexander Kock | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 210 | 52.05 L | F | Willem Strydom | 12 | H2O EKU | 12/10/2024 | EGA Summer 2 | |
| 211 | 52.43 L | P | Malwande Mtolo | 12 | WSTV ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 212 | 52.56 L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 | |
| 213 | 53.66 L | F | Connor Joubert | 12 | PELIC MAN | 09/11/2024 | Bull Sharks Gala | |
| 214 | 53.76 L | F | Ewaldt Hamman | 12 | AZON ETH | 25/01/2025 | uShaka Champs 2025 | |
| 215 | 54.00 L | F | Ejnar Joubert | 12 | UNIC CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 | |
| 216 | 54.46 L | F | Heinrich Vorster | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 217 | 54.60 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 218 | 54.93 L | F | Rhenier Labuschagne | 12 | HARB BPD | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 219 | 56.50 L | F | Petrus Laubscher | 12 | JAQ EKU | 18/01/2025 | EGA Summer 5 | |
| 220 | 57.37 L | F | Henro Beyers | 12 | CA EKU | 18/01/2025 | EGA Summer 5 | |
| 221 | 57.72 L | F | Rolan Goss | 12 | LSPHA MP | 01/02/2025 | Limpopo School Champs & Limpopo AG | |
| 222 | 58.39 L | P | Drayden Erasmus | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 223 | 58.83 L | F | Aiden Du Plessis | 12 | BULS MAN | 13/09/2024 | Pelicans Age Group Gala | |
| 224 | 58.99 L | P | Presciusstone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 | |
| 225 | 59.91 L | F | Grant Henley | 12 | ESTR EKU | 12/10/2024 | EGA Summer 2 | |
| 226 | 1:02.20 L | F | Orediretse Motshwanedi | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 227 | 1:02.23 L | F | Ricku Sparkham | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 228 | 1:02.72 L | F | Cornelius Cockeran | 12 | KALA | 15/11/2024 | AGE GROUP 2 KATHU 2024 | |
| 229 | 1:02.78 L | F | Amokelani Mashimbye | 12 | SOSH FSH | 13/09/2024 | NTS September Age Group 2024 | |
| 230 | 1:02.85 L | F | Morne Botha | 12 | FRA KCD | 07/12/2024 | Stingrays Champs 2024 | |
| 231 | 1:04.08 L | F | Benjamin Brynard | 12 | BS LLD | 15/11/2024 | Valsrivier Gala 2024 | |
| 232 | 1:04.71 L | F | Willem Meyer | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 233 | 1:05.09 L | P | Connor Hartwig | 12 | HARL BUF | 15/06/2024 | PEA Winter Gala 2024 | |
| 234 | 1:06.26 L | F | Olwethu Ndiala | 12 | NSAD EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) | |
| 235 | 1:08.08 L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 236 | 1:09.94 L | F | Juann Brits | 12 | MATL KKD | 23/11/2024 | NWS Age Group 3 + 4 2024 | |
| 237 | 1:12.60 L | F | Arno Voogt | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala | |
| 238 | 1:18.11 L | P | Dihandre Kriel | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 239 | 1:19.40 L | P | Rorisang Mogale | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| Men 12-12 100 Fly | | | | | | | | |
| 1 | 1:10.39 L S | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 2 | 1:12.06 L | F | Kyle Hahn | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 3 | 1:12.51 L | F | Rebaone Moleko | 12 | TUKS FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 | |
| 4 | 1:12.60 L S | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|----|---------|-------|------|----------------------|----|-------|-----|------------|--------------------------------------|
| 5 | 1:12.91 | L | F | Damien de Wit | 12 | SGUL | ETH | 13/12/2024 | NMBA Championships 2024 |
| 6 | 1:13.14 | L S | P | Mickayle Boshoff | 12 | KNYA | EDD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 7 | 1:13.35 | L S | P | Michael Bright | 12 | CASC | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 8 | 1:13.77 | L S | P | Daniël Barnard | 12 | XCEL | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 9 | 1:14.30 | L S | P | Theodorus Barnard | 12 | SWAR | WCD | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 10 | 1:15.29 | L | F | Yu Yuan Yang | 12 | WATR | JHB | 31/01/2025 | Infinity Gala 2025 |
| 11 | 1:15.33 | L | F | Shah Kannemeyer | 12 | BEST | NMA | 31/01/2025 | Infinity Gala 2025 |
| 12 | 1:15.81 | L | F | David Fernandes | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 13 | 1:16.53 | L | F | Daniel Schaefer | 12 | PLAY | CED | 09/11/2024 | Swartland Prestige Gala 2024 |
| 14 | 1:16.76 | L S | P | Tiaan Wagener | 12 | ASAW | CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 15 | 1:17.90 | L S | F | Brody Titus | 12 | PAQU | CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 16 | 1:18.00 | L | F | Nicholas Schoeman | 12 | PAC | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 17 | 1:18.08 | L | F | Jordan Heath | 12 | INFA | NMA | 31/01/2025 | Infinity Gala 2025 |
| 18 | 1:19.51 | L S | F | Earle Vd Watt | 12 | GREY | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 19 | 1:20.11 | L | F | Matthew De Fleuriot | 12 | SEALE | ETH | 25/01/2025 | uShaka Champs 2025 |
| 20 | 1:20.58 | L S | F | Adolph Jv Rensburg | 12 | TUKS | FSH | 07/12/2024 | NWS Championships 2024 |
| 21 | 1:20.67 | L S | F | Levi Bouwer | 12 | WELA | LLD | 04/12/2024 | Free State Champs 2024 |
| 22 | 1:20.79 | L | F | Andrew Bruyns | 12 | CSA | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 23 | 1:21.15 | L S | F | Andre Strydom | 12 | BEST | NMA | 17/01/2025 | 6th A League Gala 2025 |
| 24 | 1:21.18 | L | P | Jake Couzens | 12 | SGUL | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 25 | 1:21.35 | L S | P | Christiaan Stander | 12 | ASAW | CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 26 | 1:21.46 | L | F | Kian Snyman | 12 | SGUL | ETH | 13/12/2024 | NMBA Championships 2024 |
| 27 | 1:21.50 | L | F | Terrian Pillay | 12 | BEAV | ETH | 14/06/2024 | AQZ Winter Warmer 2024 |
| 28 | 1:21.70 | L | P | Connor Smith | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 29 | 1:21.92 | L | F | Benjamin Burger | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 30 | 1:21.98 | L | F | Daylen Kyster | 12 | MAKO | EKU | 01/02/2025 | EGA Last Chance Gala |
| 31 | 1:22.17 | L | F | Riandu Basson | 12 | RBOT | BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 32 | 1:22.83 | L S | F | Cayden Carson | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 33 | 1:23.37 | L | F | Benjamin Pautz | 12 | BLMA | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 34 | 1:23.68 | L S | F | Max Dockerill | 12 | TYGE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 35 | 1:23.91 | L | F | Shaun Teich | 12 | LSKP | WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 36 | 1:23.97 | L | F | Seth Jacobs | 12 | MANT | CPT | 07/09/2024 | CTA Qualifying Meet 4 (L3 & Above) |
| 37 | 1:24.01 | L | F | Jude Theunissen | 12 | BEST | NMA | 31/01/2025 | Infinity Gala 2025 |
| 38 | 1:26.24 | L | F | David Macaskill | 12 | ELEC | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 39 | 1:26.85 | L | F | Anakin Henze | 12 | WSTV | ETH | 25/01/2025 | uShaka Champs 2025 |
| 40 | 1:26.94 | L | F | Khwakhanya Siziba | 12 | ESP | EKU | 15/11/2024 | Summer 4 Delville |
| 41 | 1:27.08 | L S | F | Adriaan Du Toit | 12 | WSS | LLD | 04/12/2024 | Free State Champs 2024 |
| 42 | 1:27.21 | L | F | Benjamin Uys | 12 | OHAN | ILD | 25/01/2025 | uShaka Champs 2025 |
| 43 | 1:27.54 | L S | F | Johannes Spangenberg | 12 | XCEL | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 44 | 1:28.45 | L | P | Connor Plint | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 45 | 1:28.56 | L | F | Cooper Goliath | 12 | USC | BUF | 13/12/2024 | NMBA Championships 2024 |
| 46 | 1:28.86 | L | F | Michael Seymore | 12 | AWIN | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 47 | 1:29.37 | L | F | Garrick Jahnel | 12 | SOUL | EKU | 15/11/2024 | Summer 4 Delville |
| 48 | 1:29.95 | L S | F | Charl Wessels | 12 | BLSS | MAN | 04/12/2024 | Free State Champs 2024 |
| 49 | 1:30.16 | L S | P | Tylan Daniels | 12 | AQDO | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 50 | 1:30.50 | L | F | Trent Emmanuel | 12 | SGUL | ETH | 13/12/2024 | NMBA Championships 2024 |
| 51 | 1:30.91 | L | F | Deante James | 12 | CRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 52 | 1:31.81 | L | F | Damon Heide | 12 | H2O | EKU | 01/02/2025 | EGA Last Chance Gala |
| 53 | 1:31.99 | L | F | Tatenda Mujati | 12 | AA | JHB | 29/11/2024 | CGA Championships 2024 |
| 54 | 1:32.00 | L S | F | Izak Kotzé | 12 | BS | LLD | 04/12/2024 | Free State Champs 2024 |
| 55 | 1:32.01 | L S | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 56 | 1:33.50 | L | F | Michael Marais | 12 | LSJM | SKD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 57 | 1:33.53 | L | P | Matthew Plint | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 58 | 1:34.62 | L | F | Mitchell Naude | 12 | TUKS | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 59 | 1:35.05 | L | P | Cole Hawkins | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 60 | 1:35.42 | L S | F | Riko Odendaal | 12 | BARR | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 61 | 1:35.89 | L | F | Teegan Mc Donald | 12 | SEALE | ETH | 25/01/2025 | uShaka Champs 2025 |
| 62 | 1:35.96 | L | P | Nathan McEwan | 12 | AA | JHB | 29/11/2024 | CGA Championships 2024 |
| 63 | 1:36.96 | L S | F | Ethan Wenn | 12 | ASAC | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 64 | 1:37.99 | L | F | Dominique Maronko | 12 | RSA | | 04/10/2024 | Curro AquaElite Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|--------------------------|-------------|-------|----------------------|--------|-----------|------------|--------------------------------------|--|
| 65 | 1:38.09 L | F | Thomas De Vos | 12 | TINC FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 | |
| 66 | 1:38.20 L | F | Sebastian Botha | 12 | TKS WBD | 29/11/2024 | Limpopo Champs 2024 | |
| 67 | 1:39.15 L | F | Theodore Opperman | 12 | NC FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 | |
| 68 | 1:39.51 L | F | Hiram Robertson | 12 | INFA NMA | 17/08/2024 | Madibaz Swim Meet 2024 | |
| 69 | 1:39.53 L | F | Conor Smuts | 12 | AZON ETH | 14/06/2024 | AQZ Winter Warmer 2024 | |
| 70 | 1:39.76 L | F | Cayleb Sutherland | 12 | CA EKU | 01/02/2025 | EGA Last Chance Gala | |
| 71 | 1:40.16 L | P | Kayden Steyl | 12 | BLSS MAN | 02/07/2024 | Prestige Tournament 2024 | |
| 72 | 1:40.22 L | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 73 | 1:40.79 L S | F | Jacques Coetzer | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 | |
| 74 | 1:42.27 L | P | Jandro Downey | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships | |
| 75 | 1:42.83 L | F | Neo Morabe | 12 | UNI EZD | 29/11/2024 | Mpumalanga Championships 2024 | |
| 76 | 1:43.39 L | P | Troy Liebenberg | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships | |
| 77 | 1:43.66 L | F | Kian Van Der Kooij | 12 | DORE JHB | 25/01/2025 | CGA Summer Gala #4 Level 2+ 25 Jan | |
| 78 | 1:44.50 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| 79 | 1:44.85 L | F | Xabiso Mtotoba | 12 | BLNE MAN | 01/02/2025 | Heidedal & Sentraal Galal | |
| 80 | 1:45.02 L | F | Karlo Spies | 12 | SS MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 81 | 1:45.08 L | F | Uthando Zungu | 12 | BCA BUF | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 82 | 1:45.14 L | P | Adam Herrmann | 12 | SWIFT EKU | 05/12/2024 | EGA Summer Championships | |
| 83 | 1:45.59 L | F | Kyran Goliath | 12 | PEAS NMA | 31/01/2025 | Infinity Gala 2025 | |
| 84 | 1:46.63 L | P | Eli-Ray Milder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 | |
| 85 | 1:48.66 L | F | Hanco van Zyl | 12 | BS LLD | 25/10/2024 | Neptunes Gala | |
| 86 | 1:48.76 L | F | Bonga Mathebula | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 | |
| 87 | 1:49.50 L | P | Tyler Peruman | 12 | H2O EKU | 05/12/2024 | EGA Summer Championships | |
| 88 | 1:50.42 L | F | Burhan Coetzee | 12 | VALS FDD | 02/11/2024 | Heidedal | |
| 89 | 1:51.77 L | F | Michael Meyer | 12 | RBOT BPD | 23/11/2024 | NWS Age Group 3 + 4 2024 | |
| 90 | 1:52.00 L S | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 | |
| 91 | 1:52.12 L S | F | Reece Africa | 12 | UWCA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 | |
| 92 | 1:55.47 L S | F | Daniel Vleggaar | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET | |
| 93 | 1:59.73 L | F | Willem Strydom | 12 | H2O EKU | 15/11/2024 | Summer 4 Delville | |
| 94 | 2:04.25 L | F | Riyan Phalai | 12 | PSA ZLD | 25/01/2025 | uShaka Champs 2025 | |
| 95 | 2:14.15 L | F | Rhenier Labuschagne | 12 | HARB BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 | |
| 96 | 2:39.46 L | F | Rolan Goss | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 | |
| Men 12-12 200 Fly | | | | | | | | |
| 1 | 2:42.17 L | F | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 2 | 2:47.25 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 | |
| 3 | 2:48.17 L | F | Mickayle Boshoff | 12 | KNYA EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 4 | 2:49.55 L | F | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 5 | 2:58.30 L | F | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 6 | 2:58.81 L | F | Brody Titus | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 7 | 3:00.16 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 | |
| 8 | 3:05.95 L | F | Matthew De Fleuriot | 12 | SEALE ETH | 25/01/2025 | uShaka Champs 2025 | |
| 9 | 3:52.46 L | F | Riko Odendaal | 12 | BARR CPT | 09/11/2024 | Swartland Prestige Gala 2024 | |
| 10 | 4:01.13 L | F | Erigh Egen | 12 | BARR CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala | |
| Men 12-12 200 IM | | | | | | | | |
| 1 | 2:31.23 L | F | Kyle Hahn | 12 | FISH EDD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 2 | 2:36.39 L | F | Yu Yuan Yang | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 | |
| 3 | 2:40.79 L | F | Shah Kannemeyer | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 | |
| 4 | 2:41.69 L | F | Michael Bright | 12 | CTA CPT | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE | |
| 5 | 2:41.90 L | P | Daniël Barnard | 12 | XCEL CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 6 | 2:42.45 L | P | Theodorus Barnard | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 7 | 2:42.86 L | F | Damien de Wit | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 | |
| 8 | 2:44.27 L | P | Tristan van Rensburg | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 9 | 2:44.46 L | P | Zachary Kruger | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 10 | 2:45.16 L | F | Martin Rabie | 12 | TUKS FSH | 13/12/2024 | NMBA Championships 2024 | |
| 11 | 2:45.71 L | P | Dian Visagie | 12 | SWAR WCD | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 12 | 2:45.91 L | P | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 13 | 2:46.22 L | P | Benjamin Pautz | 12 | BLMA CPT | 05/12/2024 | Western Cape LC-A Championship 2024 | |
| 14 | 2:46.30 L | F | Terrian Pillay | 12 | BEAV ETH | 25/01/2025 | uShaka Champs 2025 | |
| 15 | 2:46.32 L | P | Tiaan Wagener | 12 | ASAW CED | 05/12/2024 | Western Cape LC-A Championship 2024 | |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | |
|----|---------|-------|------|----------------------|----|-----------|------------|--------------------------------------|
| 16 | 2:46.80 | L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 17 | 2:46.81 | L | F | Connor Smith | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 18 | 2:46.92 | L | F | Benjamin Burger | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 19 | 2:47.66 | L | P | Earle Vd Watt | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 20 | 2:47.73 | L | F | Aiden Green | 12 | NMBA NM | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 21 | 2:47.95 | L | F | Andre Strydom | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 22 | 2:48.46 | L | P | Le Roux Heunis | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 23 | 2:48.72 | L | F | Levi Bouwer | 12 | WELA LLD | 04/12/2024 | Free State Champs 2024 |
| 24 | 2:49.51 | L | F | Jake Couzens | 12 | RSA | 04/10/2024 | Curro AquaElite Gala |
| 25 | 2:50.30 | L | P | Ewan Bosch | 12 | TYGE CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 26 | 2:50.35 | L | F | Adolph Jv Rensburg | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 |
| 27 | 2:50.86 | L | P | David Fernandes | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 28 | 2:51.94 | L | F | Troy Harding | FR | VASA EKU | 05/12/2024 | EGA Summer Championships |
| 29 | 2:53.08 | L | P | Dillon February | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 30 | 2:53.22 | L | P | Tylan Daniels | 12 | AQDO CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 31 | 2:54.92 | L | F | Seth Jacobs | 12 | MANT CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 32 | 2:55.99 | L | F | Riandu Basson | 12 | NWS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 33 | 2:56.09 | L | P | Matthew Poultney | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 34 | 2:56.11 | L | F | Daylen Kyster | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 35 | 2:56.60 | L | F | Brody Schemel | 12 | BCA BUF | 11/01/2025 | EDEN INTER DISTRICT PRESTIGE |
| 36 | 2:56.89 | L | F | Cayden Carson | 12 | FSA FS | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 37 | 2:58.79 | L | F | Shaun Teich | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 38 | 2:59.32 | L | F | Benjamin Uys | 12 | OHAN ILD | 25/01/2025 | uShaka Champs 2025 |
| 39 | 3:00.70 | L | F | Jordan Heath | 12 | INFA NMA | 13/12/2024 | NMBA Championships 2024 |
| 40 | 3:00.74 | L | F | Mickayle Boshoff | 12 | KNYA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 41 | 3:00.91 | L | P | Garrick Jahnel | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 42 | 3:01.27 | L | F | Anakin Henze | 12 | WSTV ETH | 25/01/2025 | uShaka Champs 2025 |
| 43 | 3:01.31 | L | P | Christopher Shipton | 12 | QUIC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 44 | 3:01.80 | L | F | Connor Felton | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 45 | 3:03.05 | L | F | Mark Rosser | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 46 | 3:03.39 | L | F | James Louw | 12 | VINE CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 47 | 3:03.59 | L | F | Aaron Goodall | 12 | ASAC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 48 | 3:04.08 | L | F | Jordan Wiesner | 12 | WSS LLD | 04/12/2024 | Free State Champs 2024 |
| 49 | 3:04.39 | L | P | Kyle Dukoff - Gordon | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 50 | 3:04.74 | L | P | Matthew Plint | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 51 | 3:04.93 | L | F | Quade Heitmuller | 12 | TRAZ FSH | 13/09/2024 | NTS September Age Group 2024 |
| 52 | 3:05.62 | L | F | Ivan Pretorius | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 53 | 3:05.70 | L | F | Brodie Roberts | 12 | ASA ILD | 02/07/2024 | Prestige Tournament 2024 |
| 54 | 3:05.79 | L | F | Peter Koegelenberg | 12 | BLUO UGD | 07/12/2024 | Stingrays Champs 2024 |
| 55 | 3:05.90 | L | F | Jude Theunissen | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 56 | 3:06.26 | L | F | Eli-Ray Mulder | 12 | MDOL JHB | 29/11/2024 | CGA Championships 2024 |
| 57 | 3:06.36 | L | F | Evan Potgieter | 12 | LSKP WB | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 58 | 3:06.42 | L | F | Joshua Bekker | 12 | LSTZN CCD | 01/02/2025 | Limpopo School Champs & Limpopo AG |
| 59 | 3:06.63 | L | F | Jack Fouche | 12 | CASC CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 60 | 3:06.89 | L | P | Khwakhanya Siziba | 12 | ESP EKU | 05/12/2024 | EGA Summer Championships |
| 61 | 3:06.90 | L | P | Amaru Lewis | 12 | PAQU CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 62 | 3:07.03 | L | F | Ruhan Buys | 12 | TUKS FSH | 29/11/2024 | Mpumalanga Championships 2024 |
| 63 | 3:07.33 | L | P | Dryden Knoetze | 12 | JAQ EKU | 05/12/2024 | EGA Summer Championships |
| 64 | 3:07.43 | L | P | Damian Sher | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 65 | 3:07.56 | L | F | Mitchell Naude | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 66 | 3:07.93 | L | F | Cole Hawkins | 12 | MAKO EKU | 26/10/2024 | Summer 3 Delville |
| 67 | 3:07.96 | L | F | Damon Heide | 12 | H2O EKU | 18/01/2025 | EGA Summer 5 |
| 68 | 3:08.12 | L | F | Diego Carpinteiro | 12 | CA EKU | 18/01/2025 | EGA Summer 5 |
| 69 | 3:08.31 | L | F | Riaan Lategan | 12 | SWAR WCD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 70 | 3:08.44 | L | F | Brody Titus | 12 | PAQU CED | 09/11/2024 | Winelands SL4 |
| 71 | 3:08.53 | L | F | Le Roux Roets | 12 | PAC FSH | 13/09/2024 | NTS September Age Group 2024 |
| 72 | 3:08.70 | L | P | Kai Cloete | 12 | RFA FSH | 07/12/2024 | NWS Championships 2024 |
| 73 | 3:08.86 | L | P | Charl Wessels | 12 | BLSS MAN | 04/12/2024 | Free State Champs 2024 |
| 74 | 3:09.04 | L | P | Cayleb Sutherland | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 75 | 3:09.23 | L | F | Stian Mostert | 12 | FAAC | 05/10/2024 | FLAMINGO GALA OCT 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | | | |
|-----|---------|-------|------|----------------------|----|-------|-----|------------|--------------------------------------|
| 76 | 3:09.40 | L | F | Dominique Maronko | 12 | AZON | ETH | 25/01/2025 | uShaka Champs 2025 |
| 77 | 3:09.49 | L | F | Hallett Swanepoel | 12 | KNYA | EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 78 | 3:09.74 | L | F | Christiaan Stander | 12 | ASAW | GED | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 79 | 3:09.85 | L | P | Tatenda Mujati | 12 | AA | JHB | 29/11/2024 | CGA Championships 2024 |
| 80 | 3:10.01 | L | P | Cole Snyders | 12 | LINR | JHB | 29/11/2024 | CGA Championships 2024 |
| 81 | 3:10.25 | L | P | Johannes Spangenberg | 12 | XCEL | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 82 | 3:10.41 | L | F | David Macaskill | 12 | ELEC | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 83 | 3:10.72 | L | F | Adam Herrmann | 12 | SWIFT | EKU | 01/02/2025 | EGA Last Chance Gala |
| 84 | 3:10.81 | L | F | Caleb Duarte | 12 | TUKS | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 85 | 3:10.90 | L | F | Reitumetse Ngomezwa | 12 | BAS | EKU | 18/01/2025 | EGA Summer 5 |
| 86 | 3:11.11 | L | P | Connor Plint | 12 | MAKO | EKU | 05/12/2024 | EGA Summer Championships |
| 87 | 3:11.27 | L | F | Luca Kneubuhler | 12 | AA | JHB | 20/11/2024 | Crusaders Night Gala 1 |
| 88 | 3:11.59 | L | F | Deante James | 12 | CRSC | JHB | 27/09/2024 | Seals Gala 2 |
| 89 | 3:11.71 | L | F | Cooper Goliath | 12 | USC | BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 90 | 3:11.74 | L | F | Gavin Burstein | 12 | TUKS | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 91* | 3:12.13 | L S | F | Dylan Snyders | 12 | TGA | WCD | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 91* | 3:12.13 | L | F | Ronin Houghton | 12 | SOUL | EKU | 18/01/2025 | EGA Summer 5 |
| 93 | 3:12.29 | L | F | Reece Van Heusden | 12 | OHAN | ILD | 25/01/2025 | uShaka Champs 2025 |
| 94 | 3:12.73 | L | P | Troy Liebenberg | 12 | JAQ | EKU | 05/12/2024 | EGA Summer Championships |
| 95 | 3:13.45 | L | F | Michael Seymore | 12 | AWIN | FSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 96 | 3:13.60 | L | P | Lance Gray | 12 | MDOL | JHB | 29/11/2024 | CGA Championships 2024 |
| 97 | 3:14.15 | L | P | Nikolay Kalvachev | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 98 | 3:14.21 | L | F | Hein Van der Walt | 12 | DDA | FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 99 | 3:14.26 | L | P | Mason Webb | 12 | DRGN | EKU | 29/11/2024 | CGA Championships 2024 |
| 100 | 3:14.77 | L | P | Noland Basson | 12 | BLSS | MAN | 04/12/2024 | Free State Champs 2024 |
| 101 | 3:15.02 | L | F | Jacques Coetzer | 12 | BLOT | MAN | 11/10/2024 | Otters Prestige Gala 2024 |
| 102 | 3:15.13 | L | F | Adriaan Du Toit | 12 | WSS | LLD | 04/12/2024 | Free State Champs 2024 |
| 103 | 3:15.21 | L | P | Mikael Lubbe | 12 | ASAC | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 104 | 3:15.22 | L | P | Lincoln Andrews | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 105 | 3:15.25 | L | P | Nathan McEwan | 12 | AA | JHB | 29/11/2024 | CGA Championships 2024 |
| 106 | 3:15.86 | L | F | Johannes Bester | 12 | BULS | MAN | 04/12/2024 | Free State Champs 2024 |
| 107 | 3:16.57 | L | P | Thomas Close | 12 | DORE | JHB | 29/11/2024 | CGA Championships 2024 |
| 108 | 3:16.61 | L | F | Hunter Harty | 12 | UNI | EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 109 | 3:16.85 | L | P | Kian Van Buren | 12 | RIVO | JHB | 29/11/2024 | CGA Championships 2024 |
| 110 | 3:16.92 | L | P | Akwande Yende | 12 | KLOO | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 111 | 3:17.18 | L | P | Patrick Maughan | 12 | ASAC | CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 112 | 3:17.36 | L | P | Trent Emmanuel | 12 | SGUL | ETH | 02/07/2024 | Prestige Tournament 2024 |
| 113 | 3:17.82 | L | F | Sebastian Botha | 12 | TKS | WBD | 29/11/2024 | Limpopo Champs 2024 |
| 114 | 3:17.97 | L | P | Markus Steenkamp | 12 | WATR | JHB | 29/11/2024 | CGA Championships 2024 |
| 115 | 3:18.03 | L | F | Daniel Glutz | 12 | SEAL | UMD | 25/01/2025 | uShaka Champs 2025 |
| 116 | 3:18.43 | L | P | Gabriel Cokayne | 12 | CRSC | JHB | 29/11/2024 | CGA Championships 2024 |
| 117 | 3:18.63 | L | F | Hiram Robertson | 12 | INFA | NMA | 17/08/2024 | Madibaz Swim Meet 2024 |
| 118 | 3:19.04 | L | F | Adriaan Naude | 12 | AGAQ | QBD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 119 | 3:19.14 | L | F | Burhan Coetzee | 12 | VALS | FDD | 02/11/2024 | Heidedal |
| 120 | 3:19.38 | L | F | Mikyle Mapanka | 12 | NC | FB | 25/01/2025 | 4+1 INTERPROVINCIAL GALA 2025 |
| 121 | 3:19.67 | L | F | Chase Anderson | 12 | BLMA | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 122 | 3:19.72 | L | F | Izak Kotzé | 12 | BS | LLD | 11/10/2024 | Otters Prestige Gala 2024 |
| 123 | 3:19.74 | L | F | Michael Marais | 12 | TKS | WBD | 29/11/2024 | Limpopo Champs 2024 |
| 124 | 3:20.41 | L | F | Kayden Steyl | 12 | BLSS | MAN | 06/09/2024 | Bull Sharks Annual Gala |
| 125 | 3:20.45 | L | F | Jandro Downey | 12 | MAKO | EKU | 18/01/2025 | EGA Summer 5 |
| 126 | 3:20.71 | L | F | Kyran Goliath | 12 | PEAS | NMA | 31/01/2025 | Infinity Gala 2025 |
| 127 | 3:21.01 | L | F | Zander Vd Merwe | 12 | QUIC | CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 128 | 3:21.03 | L | F | Rigter Van Wyngaard | 12 | TUKS | FSH | 13/09/2024 | NTS September Age Group 2024 |
| 129 | 3:21.32 | L S | F | Aidan King | 12 | GREY | CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 130 | 3:22.54 | L | F | Bo Vermaak | 12 | VINE | CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 131 | 3:23.08 | L | P | Brendan Swarts | 12 | CA | EKU | 05/12/2024 | EGA Summer Championships |
| 132 | 3:23.69 | L | F | James Bredenkamp | 12 | BS | LLD | 11/10/2024 | Otters Prestige Gala 2024 |
| 133 | 3:23.79 | L | F | Theodore Opperman | 12 | KTS | | 05/10/2024 | FLAMINGO GALA OCT 2024 |
| 134 | 3:23.81 | L | F | Iliia Papadopoulos | 12 | HDAQ | MP | 09/11/2024 | Limpopo Age Group 5 |
| 135 | 3:24.04 | L | F | Logan Ehrenreich | 12 | PAQU | GED | 17/10/2024 | 43rd Freda Barnard Invitational Gala |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-----|-------------|-------|-------------------------|--------|-----------|------------|--------------------------------------|
| 136 | 3:24.52 L | P | Leonidas Lazaridis | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 137 | 3:24.89 L | P | Kaelo Mamabolo | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 138 | 3:25.02 L | P | Adriel Chivandire | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 139 | 3:25.12 L | P | Alexander Van Niekerk | 12 | BLOT MAN | 04/12/2024 | Free State Champs 2024 |
| 140 | 3:25.35 L | F | Neo Morabe | 12 | UNI EZD | 01/11/2024 | MP AGE GROUP 3 1-2 NOV 2024 |
| 141 | 3:25.36 L | F | Connor Laufs | 12 | SAAW CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 142 | 3:25.40 L | F | You-De Lee | 12 | PGAC EKU | 18/01/2025 | EGA Summer 5 |
| 143 | 3:25.41 L | P | Christian Mushonga | 12 | RIVO JHB | 29/11/2024 | CGA Championships 2024 |
| 144 | 3:25.50 L | F | Rijk Van Galen | 12 | STAQ CED | 09/11/2024 | Winelands SL4 |
| 145 | 3:25.83 L | P | Cole Coetser | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 146 | 3:26.26 L | F | Luca Oliver | 12 | QSAW CED | 09/11/2024 | Winelands SL4 |
| 147 | 3:26.34 L | P | Kailan Aspden | 12 | CA EKU | 05/12/2024 | EGA Summer Championships |
| 148 | 3:27.26 L | P | Michael Meyer | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 149 | 3:27.64 L | F | Louis Lategan | 12 | FAAC | 19/10/2024 | NCASA AGE GROUP 1 KBY 2024 |
| 150 | 3:28.46 L | F | Errol Harmse | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 151 | 3:28.87 L | F | Matthew Liebenberg | 12 | TYGE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 152 | 3:29.04 L | P | Chris Van Wyk | 12 | BLNE MAN | 04/12/2024 | Free State Champs 2024 |
| 153 | 3:29.15 L | F | Ethan Smeyatsky | 12 | ORCA EKU | 01/02/2025 | EGA Last Chance Gala |
| 154 | 3:29.29 L | F | Vlad Kopczynski | 12 | RFA TSH | 18/10/2024 | NTS Level 3+ October Age Group 2024 |
| 155 | 3:29.30 L | F | Rafael Durig | 12 | CRSC JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 156 | 3:29.42 L | P | Jeandre Fourie | 12 | CSC TSH | 05/12/2024 | EGA Summer Championships |
| 157 | 3:29.59 L S | F | Izak Swarts | 12 | TYGE CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 158 | 3:29.90 L | P | Lumnko Masiko | 12 | RRSC JHB | 29/11/2024 | CGA Championships 2024 |
| 159 | 3:30.18 L | F | Omolemo Mogale-Mabusela | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 160 | 3:30.61 L | F | Joshua Lloyd | 12 | SWIFT EKU | 26/10/2024 | Summer 3 Delville |
| 161 | 3:31.22 L | F | Jacobus Smith | 12 | FISH EDD | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 162 | 3:31.33 L | P | Joshua Kapp | 12 | MAKO EKU | 05/12/2024 | EGA Summer Championships |
| 163 | 3:31.34 L | F | Callum Van Reenen | 12 | TRAZ TSH | 13/09/2024 | NTS September Age Group 2024 |
| 164 | 3:31.65 L | F | Erigh Egen | 12 | BARR CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 165 | 3:32.18 L | F | Nathan Coetzee | 12 | EXP TSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 166 | 3:32.61 L | P | Zimangaliso Mbolekwa | 12 | SGUL ETH | 02/07/2024 | Prestige Tournament 2024 |
| 167 | 3:32.75 L S | F | Umar Parker | 12 | UWCA CPT | 21/09/2024 | CTA INVITATIONAL LC MEET |
| 168 | 3:33.81 L | F | Blake Mather | 12 | INFA NMA | 31/01/2025 | Infinity Gala 2025 |
| 169 | 3:33.87 L | P | Enrique Mills | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 170 | 3:34.33 L | F | Logan Horn | 12 | BLMA CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 171 | 3:34.62 L | P | Dakalo Nematikanga | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 172 | 3:34.65 L | F | Hendrik Basson | 12 | LALE CED | 09/11/2024 | Winelands SL4 |
| 173 | 3:35.09 L | P | Michael Clarke | 12 | SOUL EKU | 05/12/2024 | EGA Summer Championships |
| 174 | 3:36.00 L | F | Kenzo Kelly | 12 | MAKO EKU | 18/01/2025 | EGA Summer 5 |
| 175 | 3:36.17 L | P | Hanco van Zyl | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 176 | 3:36.25 L | F | Tyrese Klink | 12 | CYBE CPT | 02/11/2024 | CTA A & B CHAMPS 2024 |
| 177 | 3:36.55 L | F | Marcus Dippenaar | 12 | ROA EDD | 02/11/2024 | EDEN 2nd A-League Gala 2024 Schools |
| 178 | 3:36.67 L | P | Marthinus Le Roux | 12 | RBOT BPD | 07/12/2024 | NWS Championships 2024 |
| 179 | 3:37.09 L | P | Thoriso Ntjepela | 12 | BAS EKU | 05/12/2024 | EGA Summer Championships |
| 180 | 3:37.42 L | F | Joel Craib | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 181 | 3:38.07 L | F | Hanroux Schellink | 12 | BEST NMA | 31/01/2025 | Infinity Gala 2025 |
| 182 | 3:38.10 L | F | Sebastien Oberholzer | 12 | CSC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 183 | 3:38.11 L | F | Zian Smith | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 184 | 3:38.41 L | F | Uthando Zungu | 12 | VIKI BUF | 22/11/2024 | BCA Long Course Championships 2024 |
| 185 | 3:38.43 L | F | Sebastian Butler | 12 | ELEC TSH | 13/09/2024 | NTS September Age Group 2024 |
| 186 | 3:38.51 L | F | Logan van der Nest | 12 | MAKO EKU | 01/02/2025 | EGA Last Chance Gala |
| 187 | 3:39.70 L | F | Petrus Laubscher | 12 | JAQ EKU | 18/01/2025 | EGA Summer 5 |
| 188 | 3:39.71 L | F | Cruz Kyriakides | 12 | SOUL EKU | 26/10/2024 | Summer 3 Delville |
| 189 | 3:40.03 L | P | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 190 | 3:40.06 L | F | Weirich Vorster | 12 | SS MPD | 09/11/2024 | Limpopo Age Group 5 |
| 191 | 3:40.39 L | F | Luan Vd Schyff | 12 | ELRAS WBD | 29/11/2024 | Limpopo Champs 2024 |
| 192 | 3:40.54 L | F | Luniko Toyo | 12 | TUKS TSH | 13/09/2024 | NTS September Age Group 2024 |
| 193 | 3:41.40 L | P | Chayden Gopalan | 12 | AFIN JHB | 29/11/2024 | CGA Championships 2024 |
| 194 | 3:41.99 L | F | Luan Botha | 12 | TASC MPD | 29/11/2024 | Limpopo Champs 2024 |
| 195 | 3:42.01 L | P | Zia Ahmad Haye | 12 | ATLA JHB | 29/11/2024 | CGA Championships 2024 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|-------------------------|-------------|-------|------------------------|--------|-----------|------------|--------------------------------------|
| 196 | 3:43.12 L | F | Sebastian Van Biljon | 12 | CSA EZD | 29/11/2024 | Mpumalanga Championships 2024 |
| 197 | 3:44.26 L | P | Tinashe Mahachi | 12 | AAS JHB | 29/11/2024 | CGA Championships 2024 |
| 198 | 3:44.87 L | P | Liam Van Der Heever | 12 | QUES JHB | 29/11/2024 | CGA Championships 2024 |
| 199 | 3:45.13 L | P | Vuuren Steenkamp | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |
| 200 | 3:45.23 L | F | Moalosi Moalosi | 12 | PELIC MAN | 04/12/2024 | Free State Champs 2024 |
| 201 | 3:45.26 L | F | Gert Geldenhuys | 12 | AA JHB | 22/01/2025 | Crusaders Night Gala 2 |
| 202 | 3:45.44 L | F | Samual Booth | 12 | VIKI BUF | 15/06/2024 | PEA Winter Gala 2024 |
| 203 | 3:45.99 L | F | Nikolas Kotras | 12 | HPS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 204 | 3:47.07 L | F | Franco Ostojica | 12 | CA ECU | 01/02/2025 | EGA Last Chance Gala |
| 205 | 3:47.19 L S | F | Reece Africa | 12 | UWCA CPT | 05/10/2024 | CTA Qualifying Meet 5 - (L2 & above) |
| 206 | 3:48.11 L | P | Tyler Peruman | 12 | H2O ECU | 05/12/2024 | EGA Summer Championships |
| 207 | 3:50.04 L | F | Wian Koekemoer | 12 | AASC EZD | 11/10/2024 | MP AGE GROUP 2 (11-12OCT'24) |
| 208 | 3:50.31 L | P | Daniel Schoeman | 12 | BS LLD | 04/12/2024 | Free State Champs 2024 |
| 209 | 3:51.00 L | F | Gabriel Witten | 12 | AQDO CPT | 17/10/2024 | 43rd Freda Barnard Invitational Gala |
| 210 | 3:51.50 L | P | Sivuyisiwe Adonisi | 12 | MAKO ECU | 05/12/2024 | EGA Summer Championships |
| 211 | 3:51.70 L | P | Alexander Kock | 12 | MATL KKD | 07/12/2024 | NWS Championships 2024 |
| 212* | 3:52.19 L | P | Drayden Erasmus | 12 | JAQ ECU | 05/12/2024 | EGA Summer Championships |
| 212* | 3:52.19 L | F | Xabiso Mtotoba | 12 | BLNE MAN | 25/10/2024 | Neptunes Gala |
| 214 | 3:53.44 L | F | Zander Smith | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 215 | 3:53.58 L | F | Bonga Mathebula | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 |
| 216 | 3:54.51 L | P | Tsebo Ntsoso | 12 | WATR JHB | 29/11/2024 | CGA Championships 2024 |
| 217 | 3:55.22 L | F | Shafiek Samsodien | 12 | TGA WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 218 | 3:55.34 L | F | Taiming Li | 12 | TUKS FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 219 | 3:55.44 L | F | Ruan Van Tonder | 12 | CA ECU | 26/10/2024 | Summer 3 Delville |
| 220 | 3:56.48 L | F | Jan-Hugo Basson | 12 | WELL CED | 09/11/2024 | Winelands SL4 |
| 221 | 3:56.88 L | P | Presciusstone Raputsoa | 12 | HREF BPD | 07/12/2024 | NWS Championships 2024 |
| 222 | 3:57.48 L | P | Nathan Sauls | 12 | PGAC ECU | 05/12/2024 | EGA Summer Championships |
| 223 | 3:59.48 L | F | Riyan Phalai | 12 | PSA ZLD | 26/10/2024 | Froggies Aquatics Championships 2024 |
| 224 | 3:59.87 L | F | Leon Du Rand | 12 | AGAQ OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 225 | 4:00.33 L | F | Jaden Mbhokota | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 226 | 4:02.29 L | F | Karlo Spies | 12 | SS MPD | 09/11/2024 | Limpopo Age Group 5 |
| 227 | 4:04.69 L | F | Tinenyasha Myotcha | 12 | FRA KCD | 09/11/2024 | KCDA Age Goup 2 2024 |
| 228 | 4:09.38 L | F | Juann Brits | 12 | MATL KKD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 229 | 4:13.85 L | F | Christiaan Van Zyl | 12 | LPTBO CCD | 02/11/2024 | Limpopo LS - Top 8 skole 2024 |
| 230 | 4:14.17 L | F | Orediretse Motshwanedi | 12 | MAKO ECU | 01/02/2025 | EGA Last Chance Gala |
| 231 | 4:14.68 L | F | Kushata Bitsang | 12 | NGU FSH | 11/10/2024 | NTS Level 1+2 October Age Group 2024 |
| 232 | 4:23.47 L | F | Morne Botha | 12 | FRA KCD | 01/02/2025 | KCDA Age Group 4 2024 |
| 233 | 4:25.79 L | F | Connor Liedemann | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 234 | 4:29.50 L | F | Rorisang Mogale | 12 | H2O ECU | 18/01/2025 | EGA Summer 5 |
| 235 | 4:29.88 L | F | Aiden Du Plessis | 12 | BULS MAN | 02/11/2024 | Heidedal |
| 236 | 4:34.80 L | F | Jacobus Scheepers | 12 | ANAX CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 237 | 4:41.75 L | F | Ricku Sparkham | 12 | CUHE OBD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 238 | 4:41.96 L | F | Dihandre Kriel | 12 | JAQ ECU | 18/01/2025 | EGA Summer 5 |
| 239 | 5:04.58 L | F | Vunene Shingange | 12 | DOLFI MPD | 29/11/2024 | Limpopo Champs 2024 |
| Men 12-12 400 IM | | | | | | | |
| 1 | 5:35.68 L | F | Noah Nice | 12 | TUKS FSH | 07/12/2024 | NWS Championships 2024 |
| 2 | 5:42.81 L | F | Michael Bright | 12 | CASC CPT | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 3 | 5:46.67 L | F | Damien de Wit | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 4 | 5:50.15 L | F | Daniel Schaefer | 12 | PLAY CED | 05/12/2024 | Western Cape LC-A Championship 2024 |
| 5 | 5:50.56 L | F | Shah Kannemeyer | 12 | BEST NMA | 16/11/2024 | 5th A League Gala 2024 |
| 6 | 6:01.30 L | F | Ewan Bosch | 12 | TYGE CPT | 09/11/2024 | Winelands SL4 |
| 7 | 6:09.97 L | F | Kian Snyman | 12 | SGUL ETH | 13/12/2024 | NMBA Championships 2024 |
| 8 | 6:13.33 L | F | Rudolph Pansegrouw | 12 | TUKS FSH | 13/09/2024 | NTS September Age Group 2024 |
| 9 | 6:17.15 L | F | Zachary Kruger | 12 | SWAR WCD | 09/11/2024 | Swartland Prestige Gala 2024 |
| 10 | 6:20.47 L | F | Andre Strydom | 12 | BEST NMA | 03/08/2024 | 2nd A League Gala 2024 |
| 11 | 6:23.35 L | F | Damian Le Breton | 12 | BULS MAN | 04/12/2024 | Free State Champs 2024 |
| 12 | 6:26.17 L | F | Garrick Jahnel | 12 | SOUL ECU | 05/12/2024 | EGA Summer Championships |
| 13 | 6:43.64 L | F | Cole Hawkins | 12 | MAKO ECU | 15/11/2024 | Summer 4 Delville |
| 14 | 7:04.25 L | F | Khwakhanya Siziba | 12 | ESP ECU | 05/12/2024 | EGA Summer Championships |
| 15 | 7:06.52 L | F | Connor Plint | 12 | MAKO ECU | 12/10/2024 | EGA Summer 2 |

Individual Top Times

Number of Top Times: All Show Long Course Only

| | Time | P/F/S | Name | Age/Yr | | | |
|----|-----------|-------|---------------------|--------|-----------|------------|------------------------------|
| 16 | 7:07.51 L | F | Matthew Plint | 12 | MAKO EKU | 12/10/2024 | EGA Summer 2 |
| 17 | 7:11.46 L | F | Adam Herrmann | 12 | SWIFT EKU | 15/11/2024 | Summer 4 Delville |
| 18 | 7:21.53 L | F | Riko Odendaal | 12 | BARR CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 19 | 7:27.99 L | F | Kaelo Mamabolo | 12 | HARB BPD | 09/11/2024 | NWS Age Group 1 & 2 2024 |
| 20 | 7:39.29 L | F | Kenzo Kelly | 12 | MAKO EKU | 15/11/2024 | Summer 4 Delville |
| 21 | 7:49.35 L | F | Erigh Egen | 12 | BARR CPT | 09/11/2024 | Swartland Prestige Gala 2024 |
| 22 | 7:52.30 L | F | Rhenier Labuschagne | 12 | HARB BPD | 07/12/2024 | NWS Championships 2024 |